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Life After Work

Six retirement stories
that can change your life

Arthur F. Dauria and Walter vom Saal

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Life After Work: six retirement stories that can change your life



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Examines the major themes surrounding " The role of health in pension, and what we can do if health fails. Pension is a changeover to the " An excellent read for anyone considering pension, forced into pension, or currently retired. Some messages contained: How pension today is different due to dramatic increases in life span and profound adjustments in what it means to be retired. How exactly we can plan for retirement in an environment of uncertainty and speedy change.the non-public side of retirement."second half" of adult existence, and this book tells how exactly we can make this new stage of our lives productive and satisfying. By considering the retirement stories of the Delany Sisters, Lee Iacocca, Katharine Hepburn, Jimmy Carter, and Arthur Ashe, the authors give insights, key ideas and conclusions for everybody who's retired or planning to retire.



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Excellent, engaging, timely I was reading *Lifestyle After Work* while in line at the airport terminal, and the man behind me said, "Lifestyle After Work, I've surely got to browse that! It is very clear that the authors really like and respect the people they profile and from whom they extract significant lessons for all of us as we plan, experience, and reflect on our own retirements. As the authors rightfully point out, much of what fills bookshelves and magazine content about retirement addresses the financial factors: how much money should you retire, how to save for retirement, etc. What's frequently missing from those reports can be what Arthur Dauria and Walter vom Saal, the authors of *Existence After Work*, call "the personal side of retirement. Principal examples are: Three R's of Responsibilities, Romantic relationships, and Recreation; This book addresses the more challenging challenges of pension: Who you are and the way the person you are will end up being positively realized during this stage of lifestyle. The authors argue that pension from paid work will not mean a retirement from meaningful contribution to the globe. As a person approaching that age group, I am glad to see pension reframed as the beginning of an important second career. They profile six famous people, each of them with unique reasons for retiring and experience after retiring. After offering the background of each person's life and describing the successes (or failures) of their retirements, the authors after that pull conclusions about how exactly we can better plan (and better enjoy) our very own retirement. However, it's offered in a muted style without the reader having to cope with the technical vocabulary of scholarly writings. Jimmy Carter, the 39th President of the United States; and Arthur Ashe, tennis champion and civil rights advocate. In fact, the people cited in the publication, in some ways, contributed even more to the globe after their retirements. It's a varied group in terms of gender, race, and lifestyle encounter: Sarah and Bessie Delany, African-Americans who grew up in the rural south and became bestselling authors after age group 100; The authors' advice and suggestions for successful retirement are drawn from the life span stories they tell, and in addition are supported by research they explain. I was surprised to discover that only 11 in 20 older Americans is normally in a nursing house, and the publication is filled with other equivalent tidbits that press one's thinking beyond what we hear about pension or ageing in the news. I loved their estimate from the Sarah and Bessie Delany, "cut back on your property. The more you possess the additional time you waste taking care of things." I'm going to try to start performing that a long time before retirement. Regardless of who you are -- male or female, artist or business head, wealthy or poor, you will discover role models in this publication. The authors also devote a section to what they call the "three Rs of retirement" -- responsibilities, relationships, and recreation, which is a superb added bonus by the end of the book. Overall, *Life After Work* is a distinctive and informative reserve: combining guidance with biography. I recommend it! Guidebook for the golden years Extremely informative and enlightening read." All of those other books is specialized in that question: how to have a happy, fulfilling retirement. As a person who doesn't read *People* magazine or biographies, I was in fact surprised and how successfully the authors drew me into the stories of the famous individuals. To answer that question, the authors take a unique and engaging approach. Retirement is Personal Having retired this season, I was curious as to what I'd missed in my plans because of this momentous life changeover. So, I picked up "Life After Work" anticipating another book trying to explain to me how, at my age, I had a need to "stabilize my portfolio" and cut back on the risk level of my investments. What a pleasant surprise. Beyond a particular level, more money will not lead to more joy. This book is a smooth read. The design is straight-forward and dynamic. It's like seated with an excellent friend and talking about personal decisions you must make. The narrative design is simple to follow. There is a lot of theory in the debate; Lee Iacocca, the previous CEO of Chrysler, multiple academy award-winning celebrity Katharine Hepburn; life transition; this book is based on audio scholarship both by the authors and the resources they incorporate in to the analyses, conclusions, and recommendations offered throughout. Pension requires many forms; If not, the profiles are so small and engaging that visitors will never be disadvantaged if these are fresh lives to

examine. There are many "buzz" content to take away from the reading." He's right: This reserve can be a must-read for anyone contemplating retirement. And, readers will end up being enriched by these life evaluations done from a sensitive, loving perspective." They compose, "Financial security isn't the only important concern in retirement. Many readers will find out something about the six people profiled in Lifestyle After Work. Let me be clear, though; information to satisfactory pension; and the best, the myth of found period. More importantly, the book includes a genuine holistic feel to it, that is, there can be an interaction that continues on through the entire book so by the end all the bits of the puzzle match together. And this puzzle, shown by this phenomenal book, is truly about the personal side of retirement. We strongly suggest this lively and engrossing reserve for readers of any age. They certainly will come away with a different perspective on this wonderful event - retirement - which we all hope to experience.



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