

BEAUTIFUL IN BLACK



CONVERSATIONS WITH SUICIDE

A True Story

SARA SHAI

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Beautiful in Black: Conversations With Suicide



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Beautiful in Black is a compelling account of how exactly we cope with loss and the power of the individual spirit to go up from the ashes and transcend sometimes the most devastating tragedy. Following a suicide of her husband, Sara efforts to reconcile the profound and relentless emotions of anger, sadness, guilt and betrayal that characterize suicide bereavement. The journey to re-state possession of her soul is definitely very long and arduous, but ultimately, she navigates her way to avoid it of the darkness to a location of acceptance and forgiveness. With unflinching courage, Sara explores the demons that plagued her hubby, and along the way, recognizes that some of these same demons today inhabit her own awareness.



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Beautiful in Black...great book. This is among the best books I've read in awhile. It really is a true tale about the author's life and how her husband's suicide affected her. I feel that this is quite timely as it seems that it's increasing in our globe and the awareness of the occurrence of suicide must be broadened. The thing I like about the book though, is the way it really is written. It really is attention grabbing and easy to follow. The author, Sara, writes in a way to be able to really feel and understand her feelings and thoughts. Finally, it transmits a positive message that it's possible to overcome losses in life. It also sheds light on what suicide affects the people who are left behind: the loved ones, the family, and the friends. The book provides attention and consciousness to the fact that suicide can be a problem. Beautiful In Black Sara Shai includes a keen understanding of the individual condition and wrote a publication that clearly reflected this. The author candidly shared her existence story in a way that deeply touched me as the reader. It really is a story of fabricating a lifestyle beyond tragedy..I was attracted to the reserve because I have been intrigued with suicide throughout my very own life and never applied my impulses;. Through everything, I never halted rooting for Sara. With virtually identical backgrounds they still got a different watch of lifestyle and very different attitudes which led every one of them somewhere else in life. It is one of those uncommon books that you cannot deposit and it remains with you well once you have finished reading it. It is not the placing of any publication that I've read before. especially Tel Aviv. I cherished this powerful book This book I possibly could not put down From the first page, I was hooked. It is so concise and yet rich with details at the same time. It is as gripping mainly because a novel. The influences of upbringing, culture, mental health, mothers, fathers and lifestyle collide, getting tragedy to this journalist who shares her story with an open up, honest heart. I loved this effective book. It is the best book I read in 2016. Review of Sara Shai's "Beautiful in Black" Sara Shai writes with sincerity and bares her soul as she recalls the events in her existence, before and after her husband's suicide.. yet she manages to keep the content material positive and uplifting. and then getting blamed by his family members for his suicide;. A lot more than what you anticipate it to end up being, it was a full page turner without it having to be considered a fictional novel! That is one among many stories that she has to tell and I believe she'll touch the world with her sensitivity and honesty. This book is well written and delicately handles the issue of suicide. Really an inspirational message to whoever has suffered a loss. I really believe that Sara Shai is a wonderful new author and we will be hearing from her again. I came across it difficult to put the book down because it is written with this intuitive, compassionate and reasonable style. Most of all I loved the absolute intense of Sara's will to overcome life's difficulties and LIVE, while her hubby was unable or unwilling to have a problem with life's problems and his supreme wish was to get rid of his LIFE. Life I really couldn't put the book down. I recommend it for folks to see that they can create existence with any circumstances they encounter.. It deals with the serious subject of suicide, also to be more particular; the author's husband's suicide. Sara's writing is so engaging that you end up "living" her existence, and sense the same feelings she did as you read. Loss of life VS. I also liked becoming transplanted to Sara's lifestyle in Israel; Unfortunately, her husband chose loss of life but it wasn't the finish for Sara. knowing what it could do to my loved ones. to bravely building a new lifestyle in Los Angeles. She would still have a method to go in dealing with guilt, shame and blame but and then emerge from it a more powerful person, a mature girl and a gifted artist. you gotta go through it to trust it :) ENJOY A wonderful story of corage and truth I had an opportunity to personally meet the author and also have her sign my duplicate of her novel. Sara Shai can be an incredible person, solid, gorgeous and gifted. Her story is truly inspiring. to living with a depressed person; She is prolific and eloquent, as she discusses the discomfort and problems which she confronted throughout her entire life; The book is an easy read and I really believe that great stories should be told just how she told hers - simple, unpretentious and candidly. Uplifting story of tragedy This is a story not just of suicide but of the courage to create a life out of poverty and family dysfunction to accomplish great success also to meet and marry

the man of her dreams. Suicide brought an end to the partnership but the story provides the perspectives that enable her to exceed the tragedy of her partner's mental illness and untimely end to create a life in a fresh country. There are therefore many layers to this story: from her challenging childhood;. outstanding and unexpected I really enjoyed the publication! You begin reading it considering it's about one particular topic, and you end up with so much more of a tale. It is a beautifully rich and inspiring tale about struggle, development, fearlessness, and self fulfillment. The publication clearly states that it's those that are left out that suffer and I always intuitively knew that. Thank you for adding to me by writing your tale.



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