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STOP AMERICA'S #1 KILLER!

PROOF that the Origin of ALL
Coronary Heart Disease is a
Clearly Reversible Arterial Scurvy



MD JD Levy and

Stop America's #1 Killer



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In a very simple and inexpensive 3-pronged approach, you'll discover ways to prevent and even reverse the arterial blockages that cause millions of heart attacks and send droves of People in america to the operating room for open heart medical procedures. including over 650 scientific references — Within the next 24 hours, over 2,500 Us citizens will die from Coronary Heart Disease (CHD).ll also obtain answers to these and other questions: How can cholesterol levels that are too low actually increase your risk for additional debilitating and life-threatening illnesses? Predicated on government health statistics, over 25 million Us citizens are currently identified as having CHD and through the next 12 weeks over 600,000 folks will die from this disease. Which time of year of the entire year produces the highest number of heart attacks, why, and how can you counteract the impact?S #1 KILLER! What's the surprising romantic relationship of vitamin C and calcium that impacts center health and osteoporosis? Coronary Heart Disease is definitely Arterial Scurvy. What foods in the event you avoid and just why?s method of compensating for the weakness in arterial walls caused by arterial scurvy. How can traditional dental procedures take up a continuing procedure that destroys your heart and coronary arteries? You' The financial impact of CHD throughout that same 24 hours will approach \$5,500,000. This book also offers a process for stopping and reversing the arterial blockages that trigger heart attacks. What's the important hyperlink between vitamin C, triglycerides and HDL? What should high degrees of lipoprotein(a) tell your heart doctor? Which amino acid, coupled with vitamin C, stops anginal discomfort? Which hormone transports supplement C into arterial cells and what factors impede the hormone's production? How are histamine and anti-histamine amounts in the blood related to arterial plaque? provides overwhelming evidence — How is usually periodontal health directly related to heart health? What minerals (within many supplements) can significantly boost your chance of coronary attack and threat of cancer? STOP AMERICA's a very short list rather than like any you possess ever seen — that some conditions which we now consider as risk elements for CHD: all start with the depletion of arterial vitamin C amounts (arterial scurvy) and so are often just the body' (Hint: It' How can how you eat your meal have as much of a direct effect on heart wellness as what you eat? you will probably become shocked by the foods that aren't on the list). and more.



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Dr. Provides medical study references to back it up too. Vitamin c! He summed it up by saying, "You are right on the verge of a coronary attack." We made an appointment for me to go into the hospital in a few days for either stents or by-pass surgery (which substitute for be determined in the hospital with one more test).I went house and began researching information regarding alternatives to stents/by-pass. The last period my doc wrote over the top page, "Very Good! Levy. to remove toxins the body uses supplement C.So basically, this publication explains that there surely is a means prevent or cure cardiovascular disease even though your doctor will most likely say otherwise and can recommend surgery or another thing. Eventually, after much study, I settled on Dr. Levy's strategy and his process of nutritional supplements listed in his publication, Stop America's #1 Killer. Regarding to current medical practice heart disease can be an incurable condition. The most crucial supplement was (and still is) supplement C, which I required as ascorbic acid powder combined 2:1 with sodium bicarbonate to make sodium ascorbate. This I had taken in 3 doses daily accumulated to a complete of 10-12 grams/day. Also essential: L-lysine and L-proline and lots of magnesium (as magnesium glycinate). And very importantly, I STOPPED going for a calcium supplement (which I had been taking for years).In regards to diet, I prevented milk per Dr. (I browse three of his books and listened to his video lectures). The only liquids had been/are high-quality veggie juice and lots of drinking water (filtered). No wheat products (gluten) no soy. Minimal fruit (one grapefruit and one apple each day). On the plus part, plenty of vegies both cooked and natural, sauerkraut, 3-4 eggs/day, lots of several nuts (no peanuts). For meat – only organic poultry and sometimes sardines. And I avoided processed sugar and processed foods generally.)2 ~ My blood function is much improved. (Also a brisk walk each morning). Five Stars Any book by Dr. Bought this publication for my own medical library and started the vitamin c program recommended by Levy and Linus Pauling- up to 20 grams a day time and feeling great at 62.Workout: In this book Dr Levy devotes just two webpages to physical activity. Linus Pauling, and the Supplement C Basis, and the internet. Somewhere else Dr. Levy suggested that heavy metals could be sweated out utilizing a sauna. Levy's advice (and avoided all dairy products). I utilized my exercise sessions to promote maximum sweating (rather than a sauna) by dressing in layers of sweat cloths and super-heating system my bathroom where I did so my weightlifting.Dr Levy emphasizes the importance of eliminating oral toxicity. I experienced a variety of side effects pop up and I noticed I experienced better before I started acquiring them.So now i am cured!!! I had a multitude of side effects pop-up and I realized We felt better before We started taking them Years ago, when I was younger and gullible with high blood circulation pressure and "raised chlesterol" medication. Here are some examples:a) sugar is chemically equivalent to vitamin C. (In December 2013 relatively mild workout caused chest discomfort. All meals organic if available. In the mean time I ate just salads for two times and quit espresso."3 ~ My typical blood circulation pressure is normally 100/65 and pulse 55-60.4 ~ I'm back again to drinking espresso again – three cups, no pain. If your vitamin C is low, the body cannot repair damaged arteries, so that it fills them with excess fat which means you don't bleed to loss of life.If that's not "cured," what is? Many thanks, Dr. Levy!! (Also because of the past due Dr. It occurs that I tested saturated in lead, and moderately high in mercury and cadmium.) There is hope - you can prevent or cure cardiovascular disease! This book brings hope and an end to heart disease. Of the 33 health supplements recommended I required 30 (and also a few others of my very own choosing). Everyone will eventually obtain clogged arteries unless another thing (like cancers) kills them first. If you reduce the unwanted fat your body will have less to make use of to fill the damaged areas. There are certain actions you can take to slow down its progress - such as cutting back on sugar and excess fat, and removing all toxins. This publication explains that those ideas are bad for you because they make it harder for the cells in your arteries to soak up vitamin C or consume the supplement C in your blood.1 ~ Now (in a four-story apartment building) I can run many trips along the stairs, two steps at a time, at a comparatively fast pace for 20 minutes straight with NO angina (no chest pain), and follow that up with 30 minutes of weightlifting. So if you eat too much sugar, there is an excessive amount of sugar in your

blood, in that case your cells absorb even more sugar and less supplement C. Reduce the sugar and your cells will absorb more vitamin C.b) the body uses supplement C to create collagen which is used to correct tiny cracks that are in your arteries.5 ~ I have more energy and experience better in general. You will require surgery or some other process.c) when you smoke the body sees it as a toxin; Just those simple adjustments helped me to experience a little better. . Should you have mercury fillings, a few of the mercury spreads to the rest of the body and it must be removed, burning up vitamin C along the way.We humans cannot produce vitamin C (your pet does), so we should obtain it through our food or supplements.The perfect solution is is to improve your vitamin C intake to what most animals produce by themselves. But it's your daily life at risk - do your own analysis, you start with Dr. The internet seemed to suggest viable alternatives, so I took a possibility and cancelled a healthcare facility appointment. The evidence? I've been lucky enough that I never really had a root canal, but I acquired several amalgam fillings – replaced them this past year with non-toxic material. I lucked from finding Dr. Levy's book STOP AMERICA'S #1 KILLER. So you then have less supplement C for your cells to use. This book and A Patented Heart Disease Cure That Works by David H. Leake place me on the path to great clean arteries . After confiding in my doctor and pursuing his advice, I found myself declining in wellness due to the medications I was taking. Greay Great reserve great Dr Levy High doses of Vitamin C have helped my heart wellness. Dr. Levy and Dr. Linus Pauling possess pioneered a Supplement C, L-Lysine, and L-Proline will be the magic vitamin supplements to cleaning out your vascular system. These two books are Will need to have books for your library even if you aren't a center patient. They are the books of life. Good health is usually a life long process. I also highly encourage Forks Over Knives for a prolonged healthy eating habit. Heart Responsibility Period we take responsibility for our health. A sonogram technician told me I experienced arteries of a 20 year outdated and I was in my 60's at that time. Finally I experienced no various other alternative than to seek somewhere else for help. This publication is one of the reasons I am alive and on my method to reclaiming my health. Very interesting to know about vitamin C Five Stars Exceptional great interesting information! It might just assist you to too! He conservatively shows that workout should help. Levy will probably be worth owning, a wealth of information. A most important supplement to have and take. Consider that first step and read the details in this book. Five Stars Great Must read for cardiovascular health! Full of great info in using high dosage supplement c to ward off and cure cardiovascular disease. Levy's Reserve Helped to Treat me of Coronary Atherosclerosis In 2013 (at age 71) I experienced intermittent chest discomfort for months. I did him a stage better on this score in that I gradually upset to fairly intense aerobics plus weightlifting, every other day. Must Reading for anybody with Heart Disease If you have heart disease, or know a person who does, Go through THIS BOOK! Invaluable, particular advice from an extremely credible MD on the main causes of heart disease, and a particular, detailed supplement program to prevent, and actually heal, from cardiovascular disease. The traditional medical paradigm is extremely good at heroic methods to save your daily life in extremis, but frequently woefully ineffective at treating the root causes of many chronic illnesses like atherosclerosis. You will not hear very much about supplementation in most cardiologists' offices - I certainly didn't. If you already have cardiovascular disease you need to also take additional supplements to remove the fatty deposits. (Coffee seemed to intensify the chest pain). The book addresses it's scope of function brilliantly - but it does not try to go into a lot of detail on even more general lifestyle elements, such as rest, stress, exercise, diet, etc., etc. The supplementation protocol can be an absolutely essential step to really get your body to heal, but don't let your self-education stop there. In December of that year I found a cardiologist who did a number of checks which indicated "multiple coronary ischemia," atherosclerosis, and an abnormal electrocardiogram. Vitamin c is the most significant suppeiment! I haven't gotten off the high blood circulation pressure medicine however and it has side effects but I don't take cholesterol medicine any more.



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