

An **A to Z** Guide for Illness and Wellness

# Naturally Healthy Kids



Integrating Conventional and Holistic  
Treatments for Common Illnesses of Children

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## Naturally Healthy Kids: Integrating Conventional and Holistic Treatments for Common Illnesses of Children



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This book is an A to Z guide for illness and wellness. It's the handbook that each parent should have, and is important not merely for the parents, but also teachers, daycare suppliers and anyone looking after children. It combines tips from the authors' traditional, western medicine teaching as MDs with info for practicing a far more holistic approach to children's wellness. By embracing a fuller spectral range of health care options, the authors have discovered that not only can some natural treatments be curative, but also preventative. Each common ailment listed in the publication is covered at length with a lengthy description, set of potential causes, expected course of the illness, details on its contagiousness, home care, prevention, homeopathic remedies and details on when to call a health-care service provider. The book is simple to learn, easy to reference, and you will be the most fundamental device in anyone's personal ".The book is written by esteemed pediatricians, packed with useful information, colorful and well-designed, and helpful to use for parents and child-care workers because it will lay flat, and because it is visible on book shelves due to the contrary spine.doctor's bag"Whether simply because a treating pediatrician, a concerned mother or father, or just a curious person, this book is a most valuable reference for practically everyone.



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Great book. Bought this for a friend with a new baby. She enjoys it. Finally!. It's a great way to relieve the stress of not knowing how to proceed, especially in the center of the evening. Sears at the same time and have gotten much more use out of that book. It also tells you when it's essential to call the doctor or even to take the child in so you're not guessing about what may be the right thing to do. It's like having your mother or grandma or also the physician right there giving advice. I don't recall. But this is a great substitute for try first. The intervention could be to call a health care provider first or take the child to the ER. But at least you should understand what to do. best book ever best publication ever! My go to for when my children are sick - they are our doctors also, but love the integrative options! This book is quite pragmatic and provides parents with an instrument that can put their mind at ease, as it offers you guidelines concerning when to contact the doctor, if the illness is contagious, and the like. Best Publication for New Parents! LOVE, LOVE, Like THIS BOOK! I have used this as a reference since my first child was an infant and I always purchase one for friends who are becoming parents for the 1st time. This book enables you to look up symptoms and provides you with choices for natural remedies in addition to traditional ones. It also gives you acceptable doses of OTC traditional meds such as for example children's IB, etc. It was a terrific guide and an excellent comfort.! I don't have this book, but was researching baby books on holistic care and found this one. I would highly recommend this book. Two Stars Didn't care for how this book was carried out. Weird. I don't believe it was as helpful to one couple as the other. Wondering if these review articles are real?. I usually consulted this pamphlet through the entire years that these physicians took care of my two children. I purchased The Pocket Pediatrician by Dr. This publication gives all sorts of interventions for the brand new baby and beyond. If you are a fresh mom, you have lots of questions. Great book This is an excellent book if you're researching to cope with common childhood illnesses and such without immediately rushing them to the doctor for every little thing. Did you know a fever is NOT the enemy? I'm in fact anti-medication whenever it's possible because I believe the human body is definitely designed to be more equipped than most provide it credit for. I'm not one of those parents who set you back the Dr for each and every runny nasal area or fever. That it's actually Alright to let your son or daughter run a low quality fever and that this will HELP it to fight whatever is incorrect?. lol) I believe that us Westerners still have a long way to go when it comes to alternative medicines, but until after that, I'm pleased to see books such as this being so well reviewed! Substitute Meets Conventional OK, I must admit; Great book! Great book for new parents! It probably got filed in the trash. Definitely well worth the money spent gift Purchased this for my child and his wife because his brother and his wife suggested it..02.. It offers me the same self-confidence and convenience that the 1st one did. If you are a new parent, or know of someone who is becoming one....the review articles seem odd.... Doesn't cover enough information.most within days of every other, short and done by someone who has hardly reviewed anything at all . (Also, standing up out in the cold will NOT give you a cold or pneumonia!..odd. I used to become an guidance nurse, and we'd get calls all the time with questions that are answered perfectly in this book....just my \$. Great help for parents and grandparents We joined the authors' practice in 1980. In those days they supplied a pamphlet with their family members that I called "the tiny brown book". That might have been the actual title. In the event that you try something it suggests and it can to function and you come to mind, call the doctor. I like the reserve and I like that they provide alternative treatments besides simply medicine, nonetheless it didn't have enough info in it for me.. My newest grandson is now a patient at the same practice. I have the most recent and immensely expanded book.. It is structured and easy to follow. Most of all, it offers good information. The fact that it is normally readily available on Amazon is an additional bonus for every parent and GRANDPARENT all over the place.



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