

The background of the entire cover is a photograph of a woman in a light blue jacket and dark pants walking away from the camera on a sandy beach. She is walking a small, dark-colored dog on a leash. In the background, there are several layers of ocean waves breaking onto the shore, and a large, hazy mountain range under a pale sky.

wise woman's way

a guide to
growing older
with purpose and passion

Berta Parrish, Ed.D.

Berta W. Parrish

Wise Woman's Way



[continue reading](#)

Wise Woman's Method stimulates and guides older ladies through the life-changing initiatory experience to the vibrant functions and meaningful reasons of Smart Womanhood, an initiation our society lacks. Serving simply because a mentor-in-print, the reserve helps the reader see through limiting cultural images, create a far more positive eyesight for getting older, discover and relate to her Wise Female Within, and renew interest for the best third of her lifestyle.



[continue reading](#)

