

The Truth About Children's Health

**UPDATED &
EXPANDED**

— The Comprehensive Guide to
Understanding, Preventing,
and Reversing Disease

Save your child from becoming a victim to:
cancer, asthma, behavioral problems, autism, ADHD,
learning disabilities, diabetes, obesity and more

"Absolutely one of the most
important books of our
time. Not just for children,
but for adults, our society
and our very survival."

-Gregory Pesh, D.C., M.D. Pesh, Ph.D

SPECIAL SECTIONS:

- Four Simple Steps to a Well-behaved, Healthy, Happy, Child
- "The Ancestry Factor" Revealed
- In-Depth Resource Guide and Contact Information

by Robert Bernardini, M.S.

Robert Bernardini

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Hailed as "1 of the most important books of our time..." by many health care experts, this groundbreaking book will open your eye to the unseen causes and basic cures of all childhood diseases. Seriously researched (over 800 references) and created for the common reader, it documents just how many maladies—actually some considered irreversible—could be improved and sometimes completely reversed. It information how the body and mind of a young child differs from a grown-up, why this is so essential and how this impacts the kid. Contains an in-depth resource guide, contact information and "Four EASY STEPS to a wholesome, Happy Well-behaved Kid.C, December 2002" Absolutely probably the most important books of our time. Should you have or are considering of experiencing children, this book is a must, but should be browse by anyone interested in health.".. -- Gregory Pouls, D. This book makes almost every other health book obsolete... In the event that you care about your children, READ THIS Publication!" -- David Getoff, Naturopath, CCN, CNC, FAAIM". Green, DDS "This health book is so fascinating I possibly could barely place it down!" -- Aajonus Vonderplanitz, scientist, nutritionis, author Not only for children... Not only for children, but adults, society, and our extremely survival.., Maile Pouls, PhD, December 2002 "Probably the most important books of our period." -- Chadwich Hawk, D." Insightful and entertaining—mostly of the health books you will not want to put down. This is among the finest resources in the marketplace.... more info in this reserve than you could possibly ask for.. Every parent should have a duplicate." -- Gregory Pouls, D.C., Maile Pouls, PhD "Possitively among the best books of the millennium...C." -- Steven N. ...Of great importance for everyone young and outdated." -- Al Johnson, parent "Well researched and offers great advancement toward a better life for our kids. Thank you..



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This book is similar to a Bible This book is similar to a Bible for me: I go to it all enough time..! Only if the epa and the rest of the government would appear back again at their previous results and fix some points they should have quite a long time about. I have learned so much and put on my personal and my family health. I had suffered for several years from migraines (I would need to take NSAID medicines or visit a ER if We did not take the medicines within 30min of the starting point of the headaches). I like to form my own opinions. I must admit - it proved helpful!. But - the results are too dire and incredibly hard to reverse. And it still will.... I have not acquired a migraine for over 24 months now. you can easily dismiss his assistance as hard to follow, etc.! The saying is - when there is a will there exists a way . They cover therefore may subjects a lot of people won't consider.. At the days of wellness crisis, at the nice times. Finally- A Sane Book About Raising Healthy Children! Challenging books out there about children's health, and all the confusing, misguided, politically or "ethically" correct misinformation, it really is great to finally read a book based on sound principles. This is simply not a bunch of feel-goody poppy cock, but advice based on good science and history. Did you understand there has never, in all of background, been a culture that raised their children without the advantage of animal foods and plenty of saturated fat? So how ethical is it to deprive children of the extremely nutrients they need for every element of their health? Follow the concepts in this book and your children will grow to be strong, healthful individuals! I really believe every health professional should have to learn this book (among others) Great great book Optimal Health and very well being for today's child I would recommend this book to ALL parents!..I and seen you tube under body temple boot camp)but to have the information specifically geared for infants and children is Awesomedvelop and keep maintaining optimal health to prevent disease.. A must read!! wish I'd have had this information when my child was youngI am in the "same web page" with this information and practicing it right now with myself and my clients and shoe campers at the body temple training (I.. This book is crucial read to anyone and everyone. I love how he's very straight forward, he also places all the evidence and specific studies within.. Maybe one day these things will be mainstream understanding...and reverse disease through nutrition!! Thank you Good bookThank you Five Stars Amazing book! Every mother or father should have it! Very educational on how best to protect and maintain our kids healthy. Five Stars Great, well researched book Plenty of Editorial from the writer The Author does talk about things to consider, but also offers very much opinion. While reading the reserve a description of 'exercise' induced headache that the author had experienced himself caught my eye and his 'cure' was well worth attempting (a tablespoon of cod liver essential oil on onset of the headache). But I applaud his hard work for getting this to your attention..



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