

"I thought I knew Jacqueline until I read her book. Wow, what a story! If you're caring for an elder, you won't believe how much this book will help you."

—Regis Philbin

# Elder

# RAGE

—or—

*Take My Father... Please!*

**How To Survive  
Caring For Aging Parents**

Jacqueline Marcell

Addendum: By RODMAN SHANKLE, MS MD

**A Physician's Guide To Treating Aggression In Dementia**

Former Medical Director, U.C. Irvine Alzheimer's Center

*Jacqueline Marcell*

**Elder Rage, or Take My Father... Please!: How to  
Survive Caring for Aging Parents**



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Elder Rage" is a Book-on-the-Month Club selection (a caregiving book first), receiving 500+ 5-Star Amazon testimonials. It really is a riveting, often LOL humorous, non-fiction novel chronicling Jacqueline Marcell's trials, tribulations, and eventual achievement at managing the care of her aging parents. "Elder Rage" is also a thorough self-help book with creative solutions for effective administration medically, behaviorally, socially, legally, financially, and emotionally of complicated elders who resist care. Harold Bloomfield, John Bradshaw, Pam Dawber, Fred de Cordova, Phyllis Diller, Duke University Center for Maturing, Jerry Dunphy, Ken Dychtwald, Dr. The extensive addendum by renowned neurologist/dementia professional, Rodman Shankle, MS MD: A Physician's Instruction to Dealing with Dementia, helped make "Elder Rage" required reading at many universities for courses in geriatric assessment and administration." She laughs, "I've an ulterior motive--I don't have children, so I've surely got to help straighten things out before I make it happen! Also an extensive Q& Marcell provides, "75% of dementia sufferers are cared for at home and unfortunately elder misuse is rising significantly because households are unprepared for the frustrations. "Elder Rage" is normally endorsed by: Hugh Downs, Regis Philbin, Steve Allen, Ed Asner, Jacqueline Bisset, Dr. "Elder Rage" includes answers to tough caregiving questions such as ways to get obstinate elders to: accept washing and caregiving help, visit a different doctor, give up driving, go to adult day care, eat, take medicine, sleep and bathe properly, proceed to a new home, and much more. Dean Edell, Betty Friedan, Leeza Gibbons, Dr. John Gray, Tag Victor Hansen, Julie Harris, Senator Tom Hayden, Institute for Successful Ageing, Johns Hopkins Memory space Clinic, Dr." Marcell says she learned caregiving the hard way which explains why she wrote her first book, "in order that nobody would ever have to go through what I did so. Rockefeller IV, Dr. Bernie Siegel, Dr. Nancy Snyderman/ABC Information, Robert Stack, Dr. Rudy Tanzi/Harvard Medical College, and the National Adult DayThe final key was getting herself into a support group and getting her parents out of bed ("waiting around to die") and signed up for physical and psychological therapies at an Adult Day HEALTHCARE, which completely turned their lives around at 80 and 85. Eric Tangalos/Mayo Clinic, Dr. It is also considered for a film. She believes that with education and the usage of Adult Day Treatment, elder abuse could be decreased. The National Focus on Elder Abuse published a very favorable overview of Elder Rage in their nationwide newsletter. Marcell emphasizes, "Dementia costs American business multi-billions of dollars a year--largely due to lost efficiency from absenteeism of

employees who must devote some time off to care for ailing loved ones. Everyone ought to know the ten early indicators of Alzheimer's and the need for obtaining the right help sooner than later. Irene Kassorla, Janet Leigh, Artwork Linkletter, Ed McMahon, Hayley Mills, Jane Powell, Senator John D." Established to create a difference, Marcell says her supreme goal is to greatly help change our eldercare laws and regulations. A section, valuable assets and recommended reading.



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all the suggestions about what to do for a 'normal' elder can actually make the problem worse. Feeling alone This book helped me at a time when I was desperately in need of empathy and humor. I am coping with a situation nearly the same as the author's, and this was the only book I've read that spoke truthfully about the 'Jekyll / Hyde' personality, specifically in a mother or father that likely got untreated mental disease before dementia. Nothing at all on popular websites, nor the platitudes of the medical profession, begins to handle this- in fact, all of the suggestions about how to proceed for a 'normal' elder can in fact make the problem worse. Feeling by itself, misunderstood, exhausted, and desperate are feelings many caregivers know; those of us dealing with 'JH' add continuous fear to the mix in what will trigger the person. In the interest of offering a target and constructive examine, my only 'criticisms' are that there is not more than enough advice for people who remain trying to work regular (as I am) and for those who simply don't have the financial assets to cover in-home help. The writer gives a large amount of tips I would haven't thought of. I laughed aloud during among the latest nights when I was scared to go to rest. I applaud Ms. I understand there are caregivers who've not just one single hour during which 'someone else' can shoulder the strain. Many websites state that caregivers must not be afraid to require help. This is simply insulting. This book gives me hope. The experiences are serious and shown in a way that has humor also. It helped a good deal. It's normal to see impatience and frustration during our caregiving journeys. It really is funny and real and provide the realness to elder rage directly into a new light. This publication has really produced me rethink how I interact with her. A must read if faced with caring for somebody. Every caregiver I know is usually screaming for help, but we are trapped in a system where (if you don't have a loving, close by extended family to talk about the load) - you are truly on your own. Marcell is able to help her parents stay in their house for a long time (which we were unable to accomplish), and can be such a ball of energy I found myself agape at what she could achieve. She uses humor to cope, as we do, as well. This is the first publication that caught my attention, by the title just. After reading reviews I bought it. This publication was written from a loving caring girl and was created from the heart. This is written with some humor and you need to have just a little humor to cope with life.. Marcell for composing candidly about her experience. She has lots of great information for dealing with parents that she got to find out the hard way. A good read for SENIORS who are caring for older parents with dementia and additional challenging diseases. I'm only at the beginning of this ordeal, but she's made it seem easier to complete after reading this book. This book is crucial read for caregivers! My mother is suffering from Vascular Dementia. It's an excellent book I've browse it twice - it is rather insightful . It is so well written therefore true to the topic. A Great Read For Anyone Who

Has Or Will COPE WITH Parental Dementia Coping with my mum, who all has Lewy Body system Dementia, and reading a great many other books, I was at first defer by the humor in this reserve; I highly recommend this reserve to caregivers- it is a must read! BEST Publication EVER for anyone dealing with aging parents and ... life intense. Extremely insightful and funny. Makes you realize you are NOT ALONE in this journey. THE TASK Before Us Ms Marcell's book is effective in that anyone going right through a similar situation can find some parallels and insight into the world of dementia. You realize too that some problems are much even worse than your personal. This tale will tear at your heartstrings with the obstacles that are overcome in the lives of parents, girl, and caregivers! Thankful that God offers spared us the most severe up to now. It is very well written: interesting, funny, and tender. That is a wonderful handbook, filled with lessons made easy through the pitfalls and triumphs of the author and her cohorts; With dementia, a caregiver and the family members needs to hold on to their humor for his or her own sakes, and this reserve helps. Ms. Marcell's scenario was, in lots of ways, parallel to mine own - mother or father(s) living many miles away and not doing well. Fortunately, she could trip to them and help them for 9.. After my father was diagnosed and starting acting with an increase of rage than I ever imagined, I started looking into books to greatly help us. There are elements of the story which struck me simply because brilliant (club about the steering wheel, for one) and others I understood her frustrations with (an unhelpful medical community). Knowing another person is ) struggling with the complex conditions that arise requires some burden off the reader's shoulders, insofar as understanding they are not alone in this fight. There are naysayers in these reviews, but there often are - some are simply pleased to be malcontent. Looking for the love and the possibility to become a parental caregiver and conference their wants isn't easy, and no one will it perfectly (how do they when the parents appear to forget what they wished!). Yet, Ms. This is a must read for anyone with a parent or parents with dementia or alzheimers. nevertheless, I realized that without the humor it would have been rife with tension, worry, and a totally different story - one which will be hard to plow through. the lessons keep coming as the humor tickles and resorts in out-loud laughter (at least for me) when she hits home. I recommend this book for those who are trying to accomplish the same herculean feat, along with others who could be facing the chance of dealing with their parents. Acquired I examine this six years ago, perhaps we'd maintain a different place, now. Yet, I can recommend it to others in hopes it will allow them insight in to the nightmarish globe of caregiving and dealing with dementia.. An excellent job!. Author gives humor in her sharing of her caregiving struggles and a listing of resources at the end of the reserve. I could not place the publication down and examine it within a day . 5. Scarily feeling as if I was

reading my very own personal journey. Five Stars AWESOME BOOK! If you are looking for useful assistance about dealing with a hard elderly parent, you won't find it here--she claims that sending her violent, disruptive dad to adult day treatment was somehow a solution to her problem, which I find very hard to believe. SOOO badly written! This book was recommended to me by a social worker. I'm coping with an extreme circumstance very similar to the author's, and the public worker thought that reading this tale would help me to feel less alone. The book goes through many different circumstances that will come up with an elder raging mother or father. The author has a very interesting story to tell, but she desperately needed the ghostwriter or an editor.! In the event that you just need reassurance that you're not the just person dealing with a truly awful demented mother or father and a dysfunctional program that's supposed to be helping you but only manages to somehow make things worse, this book may be useful. And yes, occasionally, you need to call 911 and ask for an emergency counselor to arrive if the raging elder gets out of control. Very helpful book! For those who have a "Nutty" older parent that rages on / off, this book will provide you with alleviation to know you aren't alone! Good book for tough times I read this publication when my mother was experiencing dementia. We read this book collectively. And it did (therefore the two stars instead of one), but boy, was it hard to learn this book--not as the story is indeed harrowing, but since it is so very, very dreadfully written. There are various helpful suggestions. The writer lived through so very much with her raging father and her encounters illustrate what worked and what didn't. But getting through the endless groan-inducing puns and the tales densely packed with pointless minutia is definitely a real slog. BEST BOOK EVER for anyone dealing with aging parents and the many issues that they experience..... A Must Read for any Caregiver to a Parent Excellent read for just about any adult child coping with aging parents. I must say i have no idea how she got through this on her own.true.and I relate in so many ways nice to realize you aren't alone in all the crazy Elder Rage a source for coping with aging family This book was an incredible refuge for me as I am certain it would be for just about any elder care taker coping with difficult or dementia type aging parents. I especially like that there is certainly some humor interjected in the composing since those that face these times understand that you must occasionally find a small humor in challenging moments. PS I acquired it in audio reserve for the automobile. Stephanie in NJ A good read for Baby Boomers who are looking after older ..5 months, while struggling to figure out (and, believe me, it isn't as simple as some may believe) how best to help her mum and dad. She definitely helps it be easier on ordinary people to complete these hard times with a great deal of great advice. I've ordered many times now for friends who 're going through the challenging time of looking after loved ones who have Alzheimer/dementia plus they have expressed how much

this reserve helped them. There are assets and answers to several frustrating aspects of caregiving and this book is one of those helpful assets. I have been her primary caregiver since Dad passed away several years ago and she directs all her anger and frustration at me. She even has resources that can help the reader/caregiver, as well... It's an excellent book I've read it twice - it is rather insightful helpful an abundance of information with contact of humor. Essential read for anyone with elderly or aging parents.



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