

"I thought I knew Jacqueline until I read her book. Wow, what a story! If you're caring for an elder, you won't believe how much this book will help you."

—Regis Philbin

# Elder

# RAGE

—or—

*Take My Father... Please!*

## How To Survive Caring For Aging Parents

Jacqueline Marcell

Addendum: By RODMAN SHANKLE, MS MD

**A Physician's Guide To Treating Aggression In Dementia**

Former Medical Director, U.C. Irvine Alzheimer's Center

Jacqueline Marcell

## Elder Rage or, Take My Father... Please! How To Survive Caring For Aging Parents



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all the suggestions about how to proceed for a 'normal' elder can actually make the situation worse. Feeling alone This book helped me at the same time when I was desperately in need of empathy and humor. I am coping with a situation nearly the same as the author's, and this was the only book I have read that spoke honestly about the 'Jekyll / Hyde' personality, specifically in a parent that likely got untreated mental illness before dementia. Nothing on popular websites, nor the platitudes of the medical career, begins to handle this- in fact, all the suggestions about what to do for a 'normal' elder can actually make the problem worse. I understand there are caregivers who've not one single hour during which 'someone else' can shoulder the strain. Fortunately, she could trip to them and help them for 9. After my dad was diagnosed and beginning acting with more rage than I ever imagined, I started looking at books to greatly help us. I really don't know how she got through this on her own. I laughed aloud during among the recent nights when I was scared to go to sleep. In the interest of offering a target and constructive review, my only 'criticisms' are that there surely is not more than enough advice for people who remain trying to work full time (as I am) and for those who simply don't possess the financial assets to cover in-home help. Feeling alone, misunderstood, exhausted, and desperate are emotions many caregivers encounter; Scarily feeling as if I was reading my very own personal journey. In the event that you just want reassurance you are not the just person dealing with a really awful demented parent and a dysfunctional system that's supposed to be helping you but only manages to in some way make things worse, this book might be helpful. You realize too that some difficulties are much worse than your own. Good book for difficult times I read this book when my mom was experiencing dementia. It helped a good deal. There are naysayers in these reviews, but there usually are - some are just pleased to be malcontent. I especially like that there is some humor interjected in the composing since those who face these times know that you must sometimes find a small humor in challenging instances. It is so well written therefore true to the topic. A must read if faced with caring for someone. This book gives me hope. This is essential read for anybody with a parent or parents with dementia or alzheimers. I applaud Ms. This is the first reserve that caught my attention, by the title just. After reading reviews I bought it. This reserve was created from a loving caring girl and was written from the heart.. Marcell for composing candidly about her experience. The author gives a large amount of tips I would have never thought of. She has lots of great advice for dealing with parents that she got to find out the hard way.. However, Ms. This book is crucial read for caregivers! My mother suffers from Vascular Dementia. I have been her main caregiver since Dad passed away several years ago and she directs all her anger and frustration at me. This reserve has really made me rethink how I connect to her. It is extremely well written: beneficial, funny, and tender. I recommend this book to caregivers- it is a must read! BEST Publication EVER for anyone dealing with aging parents and ... It's normal to see impatience and frustration during our caregiving journeys. Very insightful and funny.. The Challenge Before Us Ms Marcell's book is effective in that anyone going right through a similar situation will get some parallels and insight into the world of dementia. This tale will tear at your heartstrings with all the current obstacles that are conquer in the lives of parents, child, and caregivers! Every caregiver I know is normally screaming for help, but we are stuck in a system where (if you don't have a loving, nearby extended family to talk about the load) - you are truly on your own. Thankful that God offers spared us the worst so far. A Great Read FOR ANYBODY Who Has Or Can COPE WITH Parental Dementia Dealing with my mum, who has Lewy Body Dementia, and reading a great many other books, I was at first put off simply by the humor in this publication; however, I understood that without the humor it could have been rife with tension, worry, and a completely different story - one which will be hard to plow through. Marcell's circumstance was, in many ways, parallel to mine own - parent(s) living many kilometers away and not successful. Ms.

With dementia, a caregiver and the family members need to hold on to their humor because of their own sakes, which book helps. Those of us dealing with 'JH' add continuous fear to the combine about what will trigger the person. 5 months, while struggling to determine (and, believe me, it isn't as simple as some may believe) how better to help her mum and dad. She uses humor to deal, as we do, as well. There are components of the story which struck me mainly because brilliant (club on the steering wheel, for one) and others I understood her frustrations with (an unhelpful medical community). I have ordered several times now for friends who are going through the tough time of caring for loved ones who have Alzheimer/dementia plus they have expressed how much this publication helped them. Searching for the love and the possibility to become a parental caregiver and meeting their wants isn't easy, and no one does it perfectly (how can they when the parents seem to ignore what they wanted! Knowing someone else is ) fighting the complex conditions that arise will take some burden away the reader's shoulders, insofar as understanding they are not alone in this fight. I'm just at the beginning of this ordeal, but she has made it seem easier to get through after reading this book. Marcell will be able to help her parents stay in their home for quite some time (which we were unable to accomplish), and is such a ball of energy I came across myself agape at what she could achieve. This book was recommended if you ask me by a social worker. The lessons keep arriving as the humor tickles and resorts in out-loud laughter (at least for me) when she hits home. I recommend this book for those who are trying to accomplish the same herculean feat, and also others who could be facing the possibility of dealing with their parents. Acquired I browse this six years back, perhaps we'd maintain a different place, right now. Yet, I can recommend it to others in hopes it will permit them insight in to the nightmarish globe of caregiving and dealing with dementia. She actually has resources that can help the reader/caregiver, as well. And yes, occasionally, you have to call 911 and ask for an emergency counselor to come if the raging elder gets uncontrollable.. Author presents humor in her sharing of her caregiving struggles and a listing of resources by the end of the reserve. I could not put the reserve down and go through it within a day and a half. Many websites say that caregivers must not be afraid to ask for help. Stephanie in NJ An excellent read for Baby Boomers who are looking after older .! SOOO badly written! That is a wonderful handbook, filled with lessons made easy through the pitfalls and triumphs of the writer and her cohorts; I'm coping with an extreme scenario nearly the same as the author's, and the social worker thought that reading this tale would help me to experience much less alone. There are resources and solutions to several frustrating areas of caregiving and this book is one of those helpful resources. The author has a very interesting tale to tell, but she desperately needed the ghostwriter or an editor. If you are looking for useful assistance about dealing with a hard elderly parent, you will not find it here--she promises that sending her violent, disruptive dad to adult day treatment was somehow a solution to her problem, which I find extremely hard to believe. That is merely insulting. But getting through the limitless groan-inducing puns and the stories densely filled with pointless minutia can be a real slog.. For those who have a "Nutty" older parent that rages off and on, this book will provide you with relief to know you aren't alone! The experiences are serious and presented in a manner that offers humor also. My husband and I read this book collectively. The book takes you through many different circumstances that will come up with an elder raging parent. There are several helpful suggestions.. An excellent job! life intense.. The author lived through so very much with her raging dad and her encounters illustrate what worked and what didn't..true. This was created with some humor and you need to have a little humor to cope with life. She definitely helps it be easier on ordinary people to complete these hard times with a great deal of great advice. Enables you to realize you aren't ALONE in this journey..and I relate in so many ways nice to realize you aren't alone in every the crazy Elder Rage a resource

for dealing with aging family This book was an incredible refuge for me as I am certain it would be for any elder care taker coping with difficult or dementia type aging parents. It is funny and genuine and bring the realness to elder rage in to a fresh light. PS I acquired it in audio book for the car. Five Stars AWESOME BOOK!.. An excellent read for SENIORS who are caring for older parents with dementia and additional challenging diseases. BEST BOOK EVER for anyone dealing with aging parents and the many issues that they encounter. And it did (therefore the two stars instead of one), but boy, was it hard to read this book--not as the story is indeed harrowing, but since it is so very, extremely dreadfully written. It's a fantastic book I've browse it twice - it is rather insightful . Very helpful book! A Must Browse for just about any Caregiver to a Parent Excellent read for just about any adult child dealing with aging parents. It's an excellent book I've read it twice - it's very insightful helpful an abundance of information with touch of humor. A must read for anybody with elderly or maturing parents.



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