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"Kaayla Daniel blows the lid off nutritional dogma. Soy is NOT a miracle food."

—Dr. Joseph Mercola,

Founder of the world's leading natural health and dietary website, Mercola.com

the whole soy story

the dark side of America's favorite health food

Kaayla T. Daniel, PhD, CCN

Introduction by Sally Fallon, author of *Nourishing Traditions*

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The Whole Soy Story: The Dark Side of America's Favorite Health Food



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