

2nd Edition

Body Sculpture

*Plastic
Surgery
of the
Body
For Men
& Women*

Alan M. Engler, M.D.

One of "The Best Doctors in New York"
NYNYK Magazine

Alan M. Engler MD

BodySculpture: Plastic Surgery of the Body for Men and Women



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Among the top-selling books on plastic surgery, this publication discusses some of the most popular plastic surgery procedures, including breast medical procedures (enlargement, lift, reduction), liposuction, and tummy tucks. 64 pairs of before and after photos help show the outcomes of the medical procedures, which are discussed in further fine detail in a apparent, easy-to-understand writing style.



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Great, Real-World Photos This is actually the best book I've discovered for before/after photos of many standard procedures. The outcomes pictured are realistic, rather than optimal, and shown in dark and white full-page photos. Very informative Great easy read with pictures and clear explanations. In fact it was very comforting. Each process (breast augmentation, breast decrease, liposuction and tummy tucks) is explained thoroughly, yet in easy to understand laymans terms. Engler is an excellent doctor and I highly recommend him and his book.. Unfortunately, most patients must decide which kind of surgery is best fitted to them during one or two brief pre-operative consultations - hardly confidence inspiring taking into consideration the results of plastic surgery are variable (based on the technique used) and long term. An immensely readable information to modern cosmetic surgery. We are truly fortunate to live in a society where modern plastic material and cosmetic surgery affords women and men desirous of affecting transformation to their face and body an astounding array of techniques which can yield magnificent outcomes when performed by highly skilled surgeons. Dr. He lists the risks of every surgery and what to anticipate when recovering and he will not sugar coat! His publication can be an immensely readable and interesting guide into the world of modern cosmetic surgery packed with scientific knowledge, photographs, as well as invaluable helpful suggestions to assist individuals through their post-operative recovery periods and subsequent adjustment to their improved appearance. The author demystifies the heretofore personal domain of cosmetic surgery while composing with simultaneous wit and clearness, often encouraging us to understand today's specialized techniques and thoughtfully providing answers to our corresponding questions. I would recommend Bodysculpture to anyone who is thinking about in-depth information on nearly any procedure connected with cosmetic surgery. Engler covers everything. Informative and thorough As someone who operates a well-known and very informative breast implant internet site and forum. Four Stars Very useful!. Personally, I was thinking about liposuction and breast implants, and Bodysculpture provided me all of the information that I required and desired. Dr. Engler addresses everything, including info on other plastic surgery techniques, such as for example liposuction, breast lifts, breast decrease, and tummy tucks. The complete history of breasts implants is covered, along with the types of implants available (saline and silicone), the silicone controversy, shapes of various implants, keeping the implants, possible risks and complications, as well as before and after photos. after medical procedures to the emotional aspect of undergoing plastic surgery. You will learn what to expect at your discussion, to anesthesia, to what the neighbors will state. Plastic surgery is not something to be studied lightly. Extensive and Informative, With Many Useful Pictures I've seen many books on the subject of plastic surgery on the shelves, but that one is my beloved. This is protected in the reserve aswell. Dr. Engler is a highly respected cosmetic surgeon, and is a wonderful authoritative source on breasts augmentation. If you are contemplating any of the methods outlined in this reserve, I urge you to learn this book. Very much thought is going into the explanations why you wish to have the surgery. It has the most pictures of any of the books, and it gives me more information than the other ones. We cannot recommend this book enough. I recommend this reserve for anyone considering undergoing plastic surgery for the 1st time as well as those who have already "taken the plunge" as an invaluable addition to their resource library. Concise, however thorough. BRAVO! I have work a popular cosmetic surgery reference website, IMPLANTFORUM.COM, for more than 4 years and We cant think of a thing Dr. Engler neglected to say in this reserve, BodySculpture! Dr. Don't go to the operating space without it! From what things to expect before, during & This book really has everything. Not forgetting Dr. He details what youll obtain from a seek advice from and all your options, to how to prepare for medical operation and what transpires during medical procedures. Alan Engler provides certainly helped to stability the equation between patient and doctor by crafting an informative, yet easily understandable instruction to the various approaches designed for specific parts of the body and their expected results. His workplace is in New York City. The book includes plenty of before and afters of every surgery, which

is an excellent reference if you are thinking about surgery or even if you are only contemplating surgery. Dr. Engler is certainly a graduate of Yale and can be a ABPS board-certified cosmetic surgeon (the ONLY plastic surgery board identified by the American Table of Medical Specialties). He was detailed in 'The Best New York Metro Area Doctors' and in New York Magazine's THE VERY BEST Doctors in NY. Bravo! Very Helpful This book answered questions, has pictures, and the questions to ask and consider.



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