

Growing Sophia: The Story of a Premature Birth

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Note: This is not the actual book cover

Rochelle Barsuhn

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Excellent book This is a great book for parents and staff. It's an extremely quick read and attracts parents of preemies and also those caring for premature infants as well.! Amazing and touching book! An absolute must have for all NICU family members. This book is fabulous and a must read for NICU parents. I go through many books when my twins had been in the NICU and this book was the best - i couldn't put it down. Both we kept rereading it and have practically memorized it!The book is an amazing and touching story of the NICU roller coaster - the stress of seeing your baby in pain, the strain it can be on your own marriage particularly when you cope with it differently, the fear parents have when calling for an update etc. Premie Parents: Give this book to family members While my baby was in the NICU I thought this book would be specifics about a baby I didn't know. This book is a MUST for all parents enduring this rollercoaster of a ride. Lovingly written and perfectly explained the emotional rollercoaster that people experienced during our NICU experience..it was okay to be annoyed by the loud sound the garbage bag makes each time it gets changed and the sometimes lack of progress the babies help to make etc. Love this reserve! It is a must go through for parents and a great book to share with your families! Excellent Reading for Relatives I am the new aunt of a 25-week preemie.!.... I felt like I got some point of reference, having read Barsuhn's excellent work. A must go through for all preemie parents I felt as if the book was extracted from my own journal.. I plan to purchase a duplicate to contribute to our NICU.. In the hospitals NICU library, I came across this book by possibility, and I couldn't put it down. I highly recommend it!! WOW.....was that us this book is approximately! My wife was presented with this publication by the Social Worker in our NICU. And right from the start, when my sister tearfully begged me not to do anything to hurt her baby, and a week later, when the strain and exhaustion in her voice were becoming obvious..I just read the first paragraph and couldn't put it straight down...each explanation, physical and emotional is exactly what my wife and I are going through. I cried as I examine while kangarooing my preemie..I am going to order another copy and give it to our "premie" daughter when she actually is old plenty of to fathom what me, my wife, and her went through. You can easily feel so isolated in the NICU which helped us realize that somebody else felt the same as we did . A quick read and essential read for all those intimately associated with a premature child.. This collection of short vignettes provided me a peek into the mind of a mother or father of a preemie, into all of the hopes and fears and trials and joys my sister and brother-and-law might encounter.The many vignettes really hit home for all of us and it helped us to articulate almost everything that people were feeling and helped us even more clearly share our feelings with one another and with our family. An excellent book !.Wrong! A wonderful story that perfectly touches on the things ALL preemie parents go through..It really is a captivating story and an instant read that will make you feel like the writer is writing about YOUR story, YOUR experiences and YOUR feelings.. I would suggest to any parent presently going through NICU with the youngster, or anyone still trying to understand the trauma of this time in their lives.



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