

# LET'S TALK HAIR

Every Black Woman's Personal Consultation for Healthy Growing Hair



P a m e l a F e r r e l l

Pamela Ferrell

## Let's Talk Hair: Every Black Woman's Personal Consultation for Healthy Growing Hair



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pamela ferrells natural locks care program has helped thousands of women grow healthy hair.. you will feel like you have her one-on-one personal discussion to speak about your hair. learn beauty sector secrets and answers to all or any the questions you wanted to inquire but didn't understand who to consult.it's unique characteristics and how you can treatment ofr it without chemical substances..



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"Let's Talk Locks" - my only regret isn't reading it sooner I decided to grow out of my relaxer and wear my hair natural before I learned all about "Let's Talk Hair.. And, it's a must-read for every black woman who's health-conscious, and cares about the consequences that many chemical hair items have on her well being. The reserve has great tips about options for developing out of a relaxer, how exactly to shampoo, comb, blow dry, and style naturally frizzy hair (many images included). The last 150 pages are hairstyles, mostly fake ones ( I can get in a fashion magazine for much less! Ms. I experienced a lot more selfish reasons. Lovely book yet I've lost mine. After reading Pamela Ferrell's comments on natural hair, her thought-provoking commentary on the psychological struggle that some of us have in accepting our normally curly hair, and the professional references she gives on what hair chemicals make a difference our anatomies internally, I was fully convinced that I made the right choice to transition to my natural hair and leave it that way. Bravo to Pamela Ferrell for giving us some desperately needed education and confidence in our natural splendor! I expected helpful tips in understanding our locks & This work by Ms. This book is usually powerfull, thruthfull and easy to understand. After having said all this I must admit I was still nervous last week as I sat in the chair to get my first set of twist.com. I was concerned about my health.. Trust me I acquired some bad moments the 1st time I experienced to obtain my braids but have since come to discover what Ms. Ferrell intended about the texture of your locks changing as it comes out from consuming the chemicals. Eye-opening Book I actually am a puertorican black hispanic, I have been relaxing my locks for twenty years. And, it tells us which natural ingredients are good for our hair. We opted to use braids to grow away my chemical hair just because I knew I possibly could not deal with a teeney weeney afro, that's not me. During the last few years I had undergone a rigorous learning period of understanding about the foods we consume or don't consume and the functions of the many organs of your body. It is so hard to spell it out the feeling of putting on my hair a la natural. The skin is powerful and incredibly good at one of it's careers which is to soak up. I deducted that I should not have anything placed on my scalp wherein my stylist acquired to wear gloves. If it had been too dangerous on her behalf hands it had been too harmful for me. that just aren't ideal for black locks. Ferrell touches on this very topic and it had been gratifying to find others express this concern. I started my search for information on how to get from under the chemical substance umbrella and discovered this book here on Amazon. Hallelujah.... I have already been set free of charge. When I understood the absorption capabilities of our skin I grew quite concerned.... LOL hopefully they've made a Kindle version by now.. I am lazy and just like additional people's hands in my own head. is definitely that why my hair is damaged? Lovely book and thoughtfully written with great ideas for natural Afro textured hair. My primary reason for going organic has nothing in connection with Black pride, sorry to say. This publication had made me realize the wonder of my natural hair. Ferrell and the publication entitled No Lye both gave me the confidence a year ago to avoid the chemicals. The pictures are great!. Natural locks is beautifull if you follow Pamela's advices.. to grow old with fabulous hair. He said my hair now includes a professional look. After reading this book you won't ever put even more harmfull and harming chemicals in your hair. This book is actually an eye-opener! congrats Pam! If you are simply beginning the natural hair journey, you could gain some insightful information from this reserve. It wasn't among the best books on natural hair care, but it did involve some information I possibly could use. Good Book I enjoyed the book. One Star No new info Let's Talk Hair Review This book has great information regarding looking after curly and wavy coarse hair. I am obtaining mine back! something similar to this is what I call "talking hair",

Instead, the first 50 webpages address, "my spiritual journeys, daily affirmations & I especially recommend this publication to mothers of black daughters. One Star Not very informative your money can buy. Good Book I did get some interesting information from the book and felt I got my monies well worth."Let's Talk Locks" is a must-read for the dark woman who has actually slightly considered wearing her organic hair. You can view a before (relax hair) and after (natural chemical free locks) and you could really start to see the diference!.. I must trust another reviewer and devote a obtain more styles within the next publication but that is excellent for those simply beginning out. Save your money, really!.. I do believe this is easy plenty of with straight twisting to accomplish it on my own soon enough but.but I've dropped mine!.." But, the reviews I read on this book convinced me to get it in any case... Well a yr has gone by and I have a head full of natural locks and it's not frightening at all. The best book on natural hair I am a hair dresser who've myself gone organic and I found this publication to be helpful for simply mentally adjusting my viewpoint of organic hair. This book goes to the main of why women feel their natural hair is looking for "fixing.Not with my money! My only complaint will be that I would have preferred more pictures of natural hair styles and less of weaves, which in my opinion are still not natural hair styles. PAID ADVERTISEMENT..." Of all the natural hair books I have purchased, this is among my favorites.. This is actually the most self serving waste of words I have ever purchased from Amazon. I anticipated a instructive and useful manual to help Black Ladies survive the hair wars. A Must Browse for the Beginner Normal Hair Wearer I came across this book very informative on the fundamentals of natural hair treatment. how to master the obstacles we encounter, ranging "yes, chemicals, but also the severe environment. Some of us live in dried out climates, humid climates, getting older & seeing locks changes, dry hair, thinning hair & I have been proudly putting on my natural hair for about 6 weeks and my husband actually like it. I would recommend this publication to others. issues of failing to have loving parents? I actually resent squandering my faith in purchasing this reserve. Everything she stated in the publication is actually true, I can view it by myself life, by myself hair background..So whatever your factors for attempting to go natural this book is great. It lists common chemical substances in shampoo, locks color, conditioner, etc.) One chapter gives useful instruction, so this book might have been 200 pages lesser and with thinner webpages (like the majority of books), rather than the 100# gloss paper used in half the book, giving misconception of offering volumes of useful instructions for desirous Black Females.. It has great photos, and illustrations. Excellent Book This book was the most helpful ongoing natural. She's so thorough on everything that I am now making this my hair bible. It answered a lot of my questions.



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