

An illustration of a woman with voluminous, wavy red hair, wearing a white, flowing dress. She is holding her hands near her face in a graceful pose. She is surrounded by a variety of flowers, including white daisies and pink irises. The background is a soft, light blue sky with wispy clouds.

NATURAL ORGANIC HAIR AND SKIN CARE

AUBREY HAMPTON

INCLUDES AN A TO Z GUIDE TO NATURAL
AND SYNTHETIC CHEMICALS IN COSMETICS

Aubrey Hampton

Natural Organic Hair and Skin Care: Including A to Z Guide to Natural and Synthetic Chemicals in Cosmetics



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Suggestions for developing your own natural skin care and scalp products. Dictionary of organic and synthetic cosmetic ingredients, their ingredients and functionality.



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No good shampoo or conditioner recipes to make at home No recipes for their products-- I especially needed a recipe for coconut fatty acid cream foundation, then one for a shampoo. Now that Aubrey's has switched from the clean ingredients these were known for, I was hoping that this book will be a guideline to helping me create my own products. Great condition! It does discuss different substances and which are great and which aren't, but I was looking for recipes to create and use. It's really too poor that Aubrey Hampton didn't make even more of his secrets known as it is virtually impossible to find clean items now. A Rare and In depth Book to possess! I'm glad to own it! As for the book, it switches into much more detail than most any additional publication out there." After he died, I understand that the company has changed hands but items of the new organization are questionable, at greatest.! It's written by the late Aubrey Hampton who started a firm called "Aubrey Organics. The majority are just recipe books. This is a rare and excellent book to have! Everything you wish to know! THE company has moved away from the ... Excellent Book NOT ONLY does he offer you recipes on how to create you're very own recipes towards the end of the book, but he tells you on the subject of company secrets using petro-chemicals to spend less, and what kinds of chemicals and herbs are good AND bad for you. The business has moved from the visions of its creator. If one is into natural health , it is a mandatory read. A Classic.He also informs us of his childhood initially, which I found very pleasant to read. He understands his stuff, this publication is under-rated!! It's now being sold again so who knows? This book explains everything that you want to know about the ingredients in hair maintenance systems, and you may also find out that the chemicals are in a whole lot of other products too.!! A Classic.! Five Stars Ok Great for your kitchen Chemist! Easy, natural and healthy methods to care for your hair and pores and skin. INFORMATIVE!! ANYTHING compiled by Aubrey Hampton will probably be worth reading! I recommend this information for anyone who wants creatively natural ways to get rid of the store-bought chemicals used to protect and deliver products.! Five Stars Excellent resource. Learned a whole lot. Good first reference. Those big words on the back of the label finally indicate something. And yes, I do keep a list in my own purse of the chemical substances I don't desire in my products! Great condition!! I've forgotten if nails quality recipes are also in the book. Fast shipping! Sadly, I came across it lacking significantly.



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