

Sri Swami Satchidananda

The Golden Present: Daily Inspirational Readings by Sri Swami Satchidananda



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These daily inspirational readings contain Swami Satchidananda's teachings about the spiritual life"how to serve others and realize peace, truth, and union with the divine. It's a heart filled with tranquility and peace. What is purity of center? Culled from twenty-five years of lectures to spiritual seekers in the West and the East, these readings are expressed with the simplicity and authority of one who speaks from his own experience. Having a reliable mind, a balanced mind, is what you contact purity of center. If your center is pure and steady, you can observe God reflected for the reason that steady center. If your brain is clear of turbulence, then your seer can see its own nature. You must be well balanced between the dualities: the ups and downs, the pleasure and pain, the income and loss.



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Filled with amazing passages! It can help me as I try to be a better human being. Daily Inspiration I have the paperback version of this book and just lately down loaded the edition for my Kindle simply because I'm traveling. Gave this book to my son because I love it so much Gave this book to my son because I love it so very much. But what is noticeable? The golden present."~ Sri Swami Satchidananda from The Golden PresentMy wife got this reserve after her yoga instructor held reading amazing passages from it. Sow good thoughts, sow good deeds, and I am sure you will reap good fruits. If the mind is strong, anything may be accomplished. What you perform comes back to you. Everything you sow, you reap. I am back for even more as gifts for close friends! This daily reading brings me back to source everyday and I could feel the peace and like from the text. Think of the golden present, sow what is necessary, what is correct. It's Amazing. Sri Swami Satchidananda was among the world's greatest yoga exercise masters and teachers. This reserve is arranged as a daily inspirational guidebook and it's really packed with 365 wisdom gems. I recommend it if you're feelin' it!Existence *should* have issues. Pure . It is just in challenging circumstances that you truly learn. Words of wisdom seeing that serene as can be. There is absolutely no question about any of it. This reserve brings inner peace at once! Mistakes - Commit as much as possible. I totally recommend this book to everyone and will be using this each day until I can no longer. Strong - And you can achieve anything. End up being Bold & Duties - And small deities. Here's to embracing the reducing, chipping, rubbing, scrubbing, chiseling, submitting, grinding, welding and pressing inherent to the factory of lifestyle! Inspirational I'm reading the passage that's outlined for each day. :) To find 250+ more reviews visit http://bit. Starts my day perfectly I am on my second method through this daily devotional reserve. It is made to be read every day for a boost in spirit and in mind, and I always have a feeling of "hmmmmmm" after reading the golden present for the day. I will bw forever grateful for these beautiful pieces of knowledge and you will be, as well. These daily devotions are created so basically but pack such a punch that you will be blown away. There is a number of passages that have really made me end and believe. Without Commitment - We are able to never grow.ly/BrianReviews I'll bw forever grateful for these beautiful pieces of knowledge and you'll be If I could, I would give this book 10 stars. It is so encompassing and each message appears to hit simply what I need. I love the daily easy and simple to understand motivation from Swami Satchidananda. I am a devout Christian and discover these messages meaningful & most inspirational. That is the most readily useful and interesting book in Yoga I have ever read That is the most useful and interesting book about Yoga I have ever read! The bad feeling about myself, life problems, relationships with difficult people and coping with annoying problems- that's all gone! The words are just magical!I'm excited to share some Big Ideas: Just Be Happy - And jump with joy ..!

There were days that I have missed the daily lesson, and when I get back to go through them, it seems to coincide with what already happened and for that reason sheds a brighter light on what I experienced. The interesting factor is definitely that the passages I'm reading feel like they have therefore very much bearing on the globe today despite the fact that the publication was written a long time ago. I am selecting it to be very inspirational. Don't worry approximately the future and don't worry about the past. It was a gift from my child and I have trained with as gifts to friends. The book is set up as a calendar and each page is a day of the year.. The individuals who worry about the near future miss the present as well. A book that you will want to read every year. So thrilled with this reserve! Important Book This book is a wonderful daily guide. Some very nice anecdotes, some not so great but overall I think is warrants 5 stars Words of wisdom seeing that serene as could be. Without challenges it will be a bore. Amazing! The various topics relating to lifestyle help me to become inspired, encouraged, think, change, learn and stay static in the present moment. Never give up wish. Pure bliss, golden mantras and many a spiritually awakening moments one may have reading this reserve. I know it's been so for me personally (up to now). Great book Like the book is kind of a devotional and every day you find and inspiration to keep your path Great way to start my Meditation or Yoga What a fantastic gift to myself! Om Shanti. So do the right thing in the present, and do not worry about the future. Not a awful addition to your library Been giving these as gifts to fellow yoga teachers in teaching and to a few of my mentors. How to Live an excellent Life This is among my favorite books in the world. It provides a straight-forward method of living a good life. No high concepts, just useful advice from a guy who was blessed to be a spiritual teacher. A great thinker once said the past and the future are not even visible. "What you sow you reap. Five Stars Great



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