



GOD'S WAY

TO ULTIMATE HEALTH

*A common sense guide for eliminating
sickness through nutrition*

by George H. Malinowski
with
Michael Dye

George H. Malkmus and

**God's Way to Ultimate Health: A Common Sense Guide for
Eliminating Sickness Through Nutrition**



[continue reading](#)

God's Way to Ultimate Health offers a powerful and timely reminder of the dietary plan God originally provided for mankind, and shows what lengths we've strayed from God's program. God's Way to Ultimate Health teaches health from a Biblical perspective. This book shows how we can regain our health and wellness simply by returning to the diet and life-style God originally prepared for us.



[continue reading](#)

How God's Way is Always the easiest way! Hence his story begins, and is told as he switched from the foods he had been eating, to mostly raw fruit and veggies, and carrot juice smoothies. It was almost torchurous to read the book through and I come away learning nothing at all important. .Most of the book is testimonials (which I did not read), promotion of Barley Max, and the writer explaining what he learned from other books he read. Incredible information regarding how this author watched his mom, a RN, proceed through chemotherapy and radiation to heal her body of colon cancer. The tumor went away, he never had medical procedures or chemo, and the man is currently in his seventies!... medical diagnosis by following the food guidelines in this reserve recommended it if you ask me A man I understand who has survived thirteen years beyond his cancer of the colon diagnosis by following a food guidelines in this reserve recommended it if you ask me. I learned about this publication from [www](http://www.chrisbeatcancer.com). Check out this site and you may really learn a lot and discover about a great many other super good books. I myself am Christian, but not a fundamentalist; and I could glean the nutritional info presented here without getting tangled up in any religious rhetoric. An excellent one for Cancer Individuals. The book was created at least twenty years ago, but the suggestions it presents for using food to fight disease and maintain wellness generally fall into line with food recommendations health experts are making today.[chrisbeatcancer.com](http://www.chrisbeatcancer.com). It really is created from a fundamentalist Christian perspective, and that may be off-putting to some readers. UNEDUCATIONAL "God's Way" is quite misleading. In the very beginning of the book I feel he's taking Scriptures out of context, or basically, producing a few Scriptures align with his view. It's agreeable that today's meals is not best for us and that's why he gets 2 stars. Shipped out rather quickly. If this was not God's method, I don't think Jesus would have done it or fed it to others. Also, God rains straight down quail and produced water gush from a rock for His people, however the "authors way" is simply no meat and distilled water just, particularly against water from rock. There have been many things that did not sit well with me spiritually but what I really do trust is his views about the western diet and the grade of our food. I really believe we want to consider the Bible as a whole and use discernment. After scanning this book Personally i think I discovered someone's view, I don't feel I was educated on anything. He chose that this would not be his fate, so he prayed, and asked God for guidance. He viewed her die a pretty horrible loss of life from the consequences of all the toxic poisons that kept her immune system from fighting the condition the way God designed it to. I also experience the book is incredibly repetitive and unorganized. One year later, at the age of 41, Geroqe Malkmus was identified as having the same disease that he watched his mother die from... this natural food diet made them much worse! I bought it used and its in .! I really had to back off the . What an incredible testimony when we decide

to choose God's method, and "Let our food be our medicine" . Good seller Fast as described A lot of great information. I have thyroid problems & complications &! I really had to cool off the raw food for the sake of my thyroid. I now believe just 50% of a diet should be raw food. The writer did not address that in this book. A must go through for those interested in restoring their health This is an excellent book about how to eat for better health. Personally i think so far better after implementing suggestions from this book. Informative Informative & A whole lot of great information. Another superb book to battle cancer and any kind of disease Another exceptional book to fight cancer and any type of disease. Very interesting and several people have found real help employing this book. Great publication.. this raw food diet made them much even worse!.. interesting perspectives which will inspire you toward better health. I bought it utilized and its in excellent condition.I can see how some individuals would see his stage but for me, Jesus is my example and Jesus ate seafood, bread, and drank wines. Thanks One Star A whole lot of pages to market you on barley grass. Five Stars Wanted more dishes but great stories. I feel much better after implementing the dietary plan. I recommend this reserve to anyone who is struggling with illness or is seeking to prevent it.



[continue reading](#)

download free God's Way to Ultimate Health: A Common Sense Guide for Eliminating Sickness Through Nutrition pdf

download God's Way to Ultimate Health: A Common Sense Guide for Eliminating Sickness Through Nutrition ebook

[download Skin Deep: A Mind/Body Program for Healthy Skin ebook](#)

[download Excitotoxins: The Taste That Kills txt](#)

[download free Health and Nutrition Secrets That Can Save Your Life: Harness Your Body's Natural Healing Powers djvu](#)