

A 100-bushel of Alcoholics Anonymous tells how  
members recover and how the society functions.

# TWELVE STEPS AND TWELVE TRADITIONS

Alcoholics Anonymous  
450 West 17th Street  
New York, N.Y. 10011

Alcoholics Anonymous

## Twelve Steps and Twelve Traditions



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Originally published in 1952, this classic book can be used by A. associates and groups all over the world. A.A.A. associates recover and where the fellowship features. The basic text clarifies the Techniques which constitute the A.A. life-style and the Traditions, where A. It lays out the principles by which A. maintains its unity.



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You don't have to be an alcoholic to learn and reap the benefits of this book. I bought it for my Kindle fire hd 8 it works great I also have a soft cover version any moment I need inspiration so when I'm on the road with my tablet I'll open up it up and discover the direction and relief I so need at times. This book really can help you know very well what an alcoholic should do to keep their life to be able, to save lots of their life. I browse the "Big Book" first, then that one. changed my life Love this publication and the AA program. In working the 12 techniques with my sponsor we went back and forth between the Big Book and the 12& 1st rule of fight club is you don't discuss fight club Good read. Clearly, not every one will appreciate this book. This is not the case. It's just the big publication. Don't make the same mistake I did. He's not really a friend of Costs, just loves AA! It offers completely transformed my life. I am a 35 plus year golf club member, I think my husband has already established two drinks his very existence!. Clearly, not every one will appreciate this book., and is constantly an excellent book to reread. Usually I take advantage of my hard copy of it but it's nice being able to also access the publication anytime anyplace on the Kindle app on my phone. Great reference - use as well as the 'Big Book' I would recommend this for everyone, not only an alcoholic or person in AA. This version is only usable to read the Big Book just like a novel, page 1 first and each successive web page thereafter. You will gain understanding and a knowledge of alcoholism and what the 12 techniques are intended to perform. But, if you are looking for a simple guidebook for a way of living life, after that it is extremely accessible and incredibly plainly written. It not only pertains to drinking but living as well. The more you do, the more you uncover about the 12 steps and 12 traditions. Love this publication for 12-stage recovery reading Love this reserve for 12-stage recovery reading. Personally i think better equipped to talk to my son today on an even that is critical if you ask me as a Mother. Exactly simply because described. I really like the Big Book but the 12&12 puts each part of a way that's better to understand. Explains where in fact the measures and traditions originated from. precisely what I needed. I have the kindle edition and a hard copy of the publication. Strongly suggested by us both not only for recovering people, but for family and friends and anyone who wishes to live an improved life. Important AAWS publication The book is fantastic! This book is a life saver it has taught me a new way fo life. The pages are not numbered, and you have to start in the beginning every time you open up the book. This reserve has changed me in ways no other publication ever has. As a cynical, agnostic, and unsociable individual without real belief system, this reserve transformed my life. In case you are truly prepared, and also have gotten extremely honest with yourself this may be the reserve that ends your addiction problems if you do just what it says. In the event that you honestly work the techniques with a sponsor you can significantly change your daily life and find a new way to live. My adult child is a recovering alcoholic. It has taught me how exactly to live an improved life clear of addiction. If you deal with addiction this might be the book that saves your life. A book that can and can save your life. I'm in recovery for twenty years and wanted a copy on my smartphone. this book is still under copyright safety you have to get the edition published by AAWS. I don't think there are any aftermarket variations. This Book has been instrumental in my recovery journey. This reserve is not so very much about abstaining from alcohol as it is approximately how to live among, and become a positive contributor, to a culture of people. My only criticism is that there are no page numbers but that isn't an extremely big deal. EASILY allow that bother me probably I will pour myself a drink. If all humans applied these principals within their lives, they would be considered a happier person and the globe a better place. False advertising Avoid being fooled by the name of the e-book, which is clearly designed to supply the impression you are getting both big publication and the twelve and twelve.. Nevertheless, after attending meetings with me, he concluded this is an excellent guide for life. The Twelve Steps and Twelve Traditions show us all how we can easily see our own personality defects help others, and improve our conscious contact with God. This book provides further details abouts the 12 steps. AA provides saved many lives and yet remains an application of recovery that is based upon

attraction rather than promotion. I feel this book can be used well by others with various other addictions this is the book that's the trunk bone of most 12 step programs . Using the Kindle app I could do a word search. Straight forward steps that benefit all human beings, not just alcoholics. Breaks down the Big Publication further. Also certain methods, like the 6th and 7th, have hardly any information in the Big Reserve, so the 12& Extremely good read for any AA member.12, and I really do that with my sponsees aswell. Wonderful .12 is fantastic to expand on those. Almost useless. The Big Book is used kind of like a Bible. It really is studied by AA adherents and sections of it tend to be read in meetings. A must for folks in recovery. If you, or someone you understand has an alcohol issue or you aren't familiar with the 12 measures, read the 'Big Book' first. I no longer obsess over drinking . I'm deleting it; it's not well worth the space it requires through to my phone. One superstar is too much. AA users read it over and over, rather than usually starting in the beginning. A great addendum to the methods in the Big Reserve. My son and I've discussed his disease. Actually, my hubby is reading the "12 and 12" simply because those folks who are friends of Costs call it. Bought it as a gift Great quality How to live Great book...Can be applied to any facet of your life...You don't need to be an addict



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