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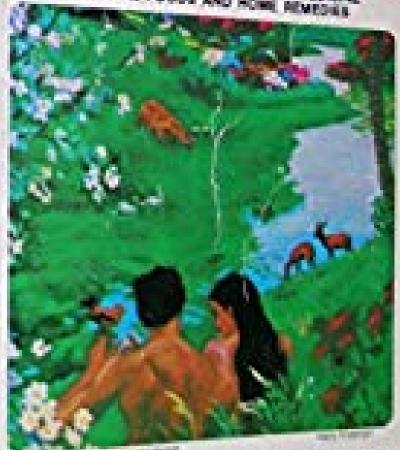
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THE CLASSIC GUIDE TO HERRAL MEDICINE NATURAL FOODS AND HOME REMEDIES



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Back to Eden: American herbs for pleasure and health: natural nutrition with recipes and instruction for living the Edenic life



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Read with caution: still a great book, but editors possess added erroneous info I won't do it again. other reviewers' justified compliment because of this fascinating and encyclopedic book. I just want to add a cautionary be aware: This latest edition contains added info that I really believe Kloss would have vehemently disagreed with and which undermines the purpose of the book. Passionate About Normal Remedies/Foods Because I just received this book a couple of days ago, I've only had a chance to read a few pages. Many herbs that have a secure and venerable background when used by competent herbalists-- such as for example parsley, elderberry, and valerian, for example-have been branded "harmful" in this fresh edition. The editors have obviously succumbed to the fearmongering FDA. whose studies on natural herbs are notorious for isolating parts out of their normal context and testing animals with far greater quantities than any human being would consume. Ordered received no problems no worries mates. The book remains a great and ground-breaking work which has served generations of individuals well. Just examine it with a cautious eye to separate the latest and erroneous additions from Kloss' own writings. A Book to Own! Love this publication, back to fundamentals, it's my 3rd one because We gave them to friends that couldn't put it down! A Lifetime's work for less than nine dollars? If you're seeking for natural remedies, this is an excellent book Love this publication! This work is amazing, encompassing 886 page in addition to the Indexle. Best herbal and health book ever One of the most informative books on normal healing and health. I have shelves filled with "Health Food Books" -- a few of which are written just to make money -- that's not true of this book. We've had this publication in paperback, the original til webpages started falling out and we still own it! Although there are no photos of the Herbs used here, the quality recipes and applications are far-achieving. If the publisher done producing the index clickable and produced a more indepth clickable table of contents this ebook would be indispensable. 3rd period buying it! I must say i appreciated this book's treatment of obesity: It IS simply calories in vs. Begin living and curing yourself just how God intended A MUST for everybody. The only adverse to mention about this publication, and the reason why I'm rating it with 4 celebrities instead of 5, is that the print (font) is incredibly small. You cant use the index because the page numbers dont apply like the paper back. Wow! Dont choose the kindle book, buy the paperback I treasure this reserve so much I needed it on my phone, but it doesn't work well as a kindle. Seriously? Good fortune to you and your Family, and may God Bless each one of you! The earlier years are the best i. e I have had a couple variations of the book for over 25 years and it has helped me get thru some main illnesses w/o needing to go seek medical help. This edition was supposed to have recently come out in '72 nonetheless it acquired a 1974 chart in it. JETHRO KLOSS: "BACK TO EDEN" I actually was first introduced to this book in the very early '70s by my NATURALIST MOTHER. The earlier years are the best i. It IS this man's life's function. Jethro Kloss wrote this book many years ago. The old, aged versions which my mother had didn't say "look for medical help" so I'm very skeptical about who's publishing this book now. wtf? If the font had been larger, it would be an ideal read. SPICES that a lot of people either take for granted, not realizing they're MORE THAN JUST SEASONINGS, or totally disregard as having any higher health advantages. I got the paperback for my husband and Kindle version for myself! And you are hesitating? I don't expect my review to get many likes, but I encourage everyone to understand this book. This publication is over 900 pages lengthy so it taked permanently to find everything you are searching for. Just how many moments do we go to a "family doctor" and then get useless shots to kill all bacteria -- even if what we've is definitely a virus? For instance, this edition advocates the use of vaccinations, chemotherapy, antibiotics, all of which are entirely opposed to Kloss' philosophy of normal healing without the use of drugs, that was his life's work. Up to now, it really is quite captivating and therefore, makes me need to learn it more. Therefore many home remedies and

advice on how to live more organic. She basically said, if you want any reserve about eating and healing naturally, you need to understand this one. Because I am new to studying herbal remedies, I knew I acquired to purchase this because I discover that it's contents are working for someone I understand. It is an extremely thick book therefore, I feel like I will get plenty of info from it. The writer seems to be very passionate about herbal medicine and organic foods as everyday necessities. I am looking towards scanning this book from beginning to end and soaking in as very much information as I can through this source because I understand it will be beneficial for myself, along with my family. I've read a few of the Herbal products mentioned, and I wish to start a Homestead and grow Every one of them! She was SOOO keenly knowledgeable of the MEDICINAL Great things about many HERBS & It really is is interesting to read forwards/prefaces by several family endorsing Jethro Kloss as they grew up with him. I've possessed the paperback for over 15yrs and sadly it was destroyed. If your looking for an alternative solution to the poisons that pharmaceutical businesses are passing off as cures then this is the way to go. Using this as a foundation and have a few naturalists programs and your in your way to a healthier you and can stop putting pharmaceuticals in your body with all the current dangerous and occasionally fatal side effects. calories out -- no 'magic' formulas needed -- with just a few suggestions given -- terrific., the older the version the better as the Kloss family was still involved in the publishing whereas now i'm not sure. Back to Eden. I still have 2 of the copies I've purchased through the years.. It's so invaluable, I first purchased it when I was 19 and I still utilize it today now that I'm 58. This is actually the book that should be in every house for people that are actually concerned in keeping themselves healthy. Read this book A hidden gem Important to me, I have many herb books, I prefer this one. They are just a few examples. It provides understanding and insight I couldn't do without and also makes a great gift for individuals who want to know the truth about what they're consuming, how what they consume impacts their body, and far much more. How many useless and dangerous vaccinations do we obtain for imagined illnesses, when what we Genuinely have is a lack of HEALTH? Yes, you too! I simply got this publication today -- so don't compare me to those who have "Worn out their duplicate"! I ordered this book on a higher recommendation from a person who eats natural foods and uses herbal treatments. Cayenne pepper could save your life. A fabulous publication that needs to be in everyone's library. Five Stars Great book. Natural Medicine and Remedies Everyone should browse this book! "Back To Eden" has been released by the Kloss family since 1939!. This is the ORIGINAL "BIBLE" OF Natural herbs, a must have if you're serious about natural healing. God gave us the capability to take care of ourselves naturally and this books let you know how.



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