

BACKPACKER
THE MAGAZINE OF WILDERNESS TRAVEL

911 WILDERNESS

**A STEP-BY-STEP GUIDE FOR
MEDICAL EMERGENCIES AND IMPROVISED
CARE IN THE BACKCOUNTRY**



THE MOUNTAINERS

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Eric Weiss

Wilderness 911 (Backpacker Magazine)



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Wilderness 911 uses all backcountry travelers from the fundamentals of first aid to more complex wilderness medication with straightforward, step-by-step instructions. "Methods of the Trade" sidebars offer improvisational methods, such as for example closing wounds with dental care floss, locks, or duct tape; relieving mouth bleeding with a tea bag, and much more. For situations when aid-givers don't possess the correct supplies, this guide teaches creative and medically sound problem-solving for emergency circumstances. treating burns or creating an airtight dressing with honey and plastic wrap; The easy-to-follow format walks you through "Signs or symptoms" and "Treatment," and notes "When to Worry" indicators for a broad spectral range of medical emergencies.



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Not a spellbinder This book is kind of like "mapquest"...it might cut out a few of the twists and turns getting away from my house and begin on the highway. So, it isn't really a "survival guidebook" in the feeling that it does not address long-term illness/care or desperate conditions whenever there are no items at all.

C. president of Malheur County Sheriff Search & Rescue, with M. WILDERNESS 911 As I am the air wing commander & I was so thrilled with its easy to read format, its step-by-step process & in Oregon, our service area consists of over 10,000 sq. the fact its outline is normally on "improvised" care in the back nation, where we live when we are called out, was an absolute must have item for us.

D. We have 40 to 50 people & any hunter or person heading anywhere remote needs to take this with them, it might be the most effective item with you when it's needed.

reading Wilderness 911 by Eric A. Sincerly Danny L. We now have A Wilderness 911 book for each and every member to carry within 24hr & S. its laymen conditions & kilometers of lakes, rivers deserts & D. They are books that we recommend for persons in the Hiking for Fun and Fitness Course. We are also going to incorporate elements of it directly into our monthly schooling.

after buying & Wiess, M. I am a Emergency Medical Tech and thought the author had many guidelines from personal experience. rescue..) and occasionally a little prior healthcare knowledge. AN EXCELLENT START.

O. this publication could save your life or someone in your area. This is also a great book for anyone who lives in California where an earthquake can delay 911 help by hours or even many days.

Whoever has studied Wilderness Medicine knows Eric Weiss, M. mountains. among the leading specialists. As the Associate Director of Trauma and an emergency doctor at Stanford University INFIRMARY, Panel of Directors of the Wilderness Medical Culture, consultant to the National Geographic Society, Army Unique Forces, American Crimson Cross, and the medical editor for Backpacker Magazine, he offers practical information that is simple to understand.

The writer has also published A Comprehensive Instruction to Wilderness and Travel Medicine which is another book that each backpacker should have because it is small enough to have in your backpack or emergency products.

48hr back packs as standerd gear. Observe hp22f.webjump.com for additional information.. Great book fo throughout first aid, not just in the outdoors This is a great first aid book to have around the house, not just in the outdoors... This guide is well-written & As a medical expert, I found very helpful suggestions in each chapter's "Backcountry Hints" section. Most procedures described by Weiss are simple enough for anyone to execute. However, most of them also involve some sort of medication, devices (bandages, ointment, etc. concise. Vale Oregon. Outstanding Reference There are books that might change your life, . It appears to be geared toward dealing with emergencies until you can obtain adequate medical care. With that said, there is some good guidance and help for medical issues while afield and I really do carry it in my backpack. In addition, it has alot of problems that are more particular to the outside, like information about the various tick-borne illnesses, snake bites, etc. It really is value for money: handy, small, packable and will be useful in some MEDICAL courses.. This publication is ideal for a trekking group with an average first-aid kit on board. Read it all just how through or just use it as a reference, it s avery helpful reserve. Good Job We am currently teaching a high school class on medical and emergency medication. I found the information in this book to be very useful. Cone president of Malheur County Sheriff Search &



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