

INCLUDES A STORY ABOUT CLUBFOOT
TO SHARE WITH YOUR CHILD

THE PARENTS' GUIDE *to* CLUBFOOT

AN EASY-TO-READ,
ILLUSTRATED REFERENCE
THAT COVERS

- the Ponseti Method
- casts and braces
- play and physical therapy
- surgery and ongoing resources

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The Parents' Guide to Clubfoot



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About one thousand babies born each year has clubfoot, a disorder that affects foot and calf muscles.³ It provides details on clubfoot, its causes, treatment and care, along with an extensive list of assets and clubfoot assessment aids. It really is an all-in-one source with medical information, assistance from parents, responses from clubfoot specialists, and also an illustrated story for preschoolers that parents can read aloud to their children., it emphasizes the Ponseti method, which minimizes medical procedures, and includes perspectives from Ponseti-qualified clubfoot doctors and parents of children with clubfoot. The Parents' Guide to Clubfoot is the only book about clubfoot that is written for parents so they can learn everything they need to know about their child's condition. Commensurate with currently preferred treatments in the U.S. Written in everyday language, the book covers clubfoot in babies and older children from diagnosis through treatment for mild to severe cases. Nevertheless, different chapters discuss all pre-treatment and post-treatment care choices and one chapter covers surgery and post-surgery treatment if it becomes necessary. Parents often have trouble coping with the analysis of clubfoot within their newborn children, and this book reassures them that the condition is treatable. The reserve provides instruction, information and tips for looking after a child in a cast, putting on the different braces necessary for the Ponseti technique, and solving common complications like bruising.s foot will look normal, and she or he will be fully able to walk, work, and play. To avoid a relapse, these braces need to be worn until the age of four or five. Once a child's foot is corrected, pursuing through with brace wear as directed before age of four or five is the easiest way to avoid a relapse in which the foot needs to be corrected again. As stated, the Ponseti approach to treatment - once disregarded as quackery - is the most common approach to clubfoot treatment in the United States. It involves a series of casts and braces that gradually reposition the foot. Many world-class sports athletes, including Kristi Yamaguchi, Troy Aikman and Freddy Sanchez, had been born with clubfoot. If treated correctly, the child' It is necessary to locate a doctor skilled in treating clubfoot with a nonsurgical approach. The three most significant areas of the book are: 1. It reassures parents that clubfoot is definitely treatable and that, with the proper treatment, their child's foot will look normal and he or she will be able to walk, work, and play. Ponseti, who developed it. It also includes a useful set of signs a child's feet is relapsing. This is called the Ponseti technique after the late Dr. 2. Because treatment generally begins soon after birth and continues for several years, parents play a key role in the treatment of clubfoot and have to be able to communicate efficiently with their child's doctor. The book includes guidance from children with clubfoot that highlights the positive effects of experiencing clubfoot as a child, like getting presents after medical procedures, and shows active photos of them after their treatment.



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Highly recommend, husband loved, great book! I have to say, I can't get fault in this book. Not worth the amount of money. This book has been extremely useful. I'll explain a few tid bits. 1) My hubby opened the amazon bundle and read the publication over three evenings before I also had a opportunity A++ 2) it offers all the information you need from infancy through orthopedic phases and strategies along with helpful tips 3) it combines real tales from parents and individuals with club feet and 4) it's not over the top frightening, but encourages the reader that they can be ok therefore will their little. Just a little moleskin in the boots and some bandaids set him right up and he began sleeping through the night. I found this reserve, ordered it instantly, and go through it cover-to-cover once it arrived. Expensive book. The reserve is also very helpful to share with this parents and family members, and childcare provider, so that they too can understand even more about clubfeet! (My son is certainly 2.5 years old now, and performing great!) I recommend this book to anyone who is interested in learning more about clubfoot. Best. Clubfoot. Book. Ever. When our kid was diagnosed with clubfoot at our 20 week ultrasound, we were dropped. We spoke with a genetic counselor who literally opened a textbook, and browse us verbatim from it. We went home discouraged and scared, and began to google. Fortunately, Betsy's book came up fairly quickly in the internet search engine and we immediately bought it. Useful guide to clubfoot parents This book is an excellent guide for parents who receive a clubfoot diagnosis. She clarifies everything clearly, completely, and includes medical terminology without complicated you. Our doctor was also impressed that we knew the definitions to particular stuff and he didn't need to "dumb it down" for us to stick to him. There were nights when my son was inconsolable and I didn't know how to proceed and reading this book offered me the answers I required. Just what we needed! There was a two month gap from when we discovered until we actually fulfilled with an orthopedic cosmetic surgeon to talk about course of action, so we're so grateful this book exists! current treatments! It really is laid out very well, super easy to find details and to examine/understand it, replete with both pictures and illustrations, it really is something parents of these children will want on their library shelves. Understand this book, read about details of clubfeet & My advice right now - DON'T DO THAT! Definitely puts your brain at ease and makes the treatment seem doable, while still getting realistic about the challenges. Whenever we were told our baby probably had clubfeet, of program I turned to the internet. We actually took the book around to your appointment, and the physician (who's been practicing for over 25 years) discovered it very beneficial with all the current diagrams and explanations & It answers the majority of your questions and provides helpful tips for treatment. It's detailed but digestible, and it certainly helped inform me about the experiences my son and I would face over the next few years. After reading it cover to cover, we felt empowered and educated and proceeded to go into the initial castings of the Ponseti method feeling like we understood what to expect. she might recommend it to her future patients as helpful information through the clubfoot journey! We found it very reassuring since it has various other parents' testimonies that address some of the same stuff we're feeling! Informative I bought among these for myself and another 2, one for every pair of grandparents, as soon as we were told our twins would have clubbed ft. I appreciated the non-public accounts and views of various other parents of kids with clubfeet, since it appears like a large amount of what I possess continue reading medical websites will not get into much depth as to the problems encircling the casting and bracing for kids with clubfeet. We feel much more informed and assured about how better to treat and raise our kids! A great source for just about any parent My son was created with right clubfoot and I was distraught. this is a wonderful guide on the how come/how to issues and questions . It was very beneficial and

helped me get yourself a grasp on what we will be coping with once our boy arrives. Thank you, Betsy, for giving us something tangible and full so we missed ourselves falling through the holes of the internet! Turns out my child experienced blisters from the boots. A valuable resource My youngest boy was diagnosed with bilateral clubfoot in utero at 19 weeks, 3 days. Nothing more than the knowledge I had already researched online. I would recommend it to anyone with a child with clubfoot! Five Stars I am looking forward to readin this, it looks extremely informative Great book Very helpful resource.. Needless to say I was devastated. It's a great reserve and has helped clarify and prepare us! I would highly recommend it to anyone that has children with clubfeet. Very informative We discovered at our 21 week ultrasound our son could have bilateral clubfeet. I would definitely recommend. A++++ VERY informative Not worthwhile. Our daughter was recently diagnosed at her 20 week ultrasound and we quickly went out looking for information. Everytime I've a question I start this reserve and get simply the answer I want. It was, but still is definitely, an immensely useful reference. Disappointed. I got never heard of clubfoot before he was diagnosed at my second trimester screening.. I discovered this book on Amazon and predicated on the other reviews decided to buy it for my kindle. Geared to an extremely select target audience, this is an excellent guide on the how come/how to concerns and questions parents will have.!



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