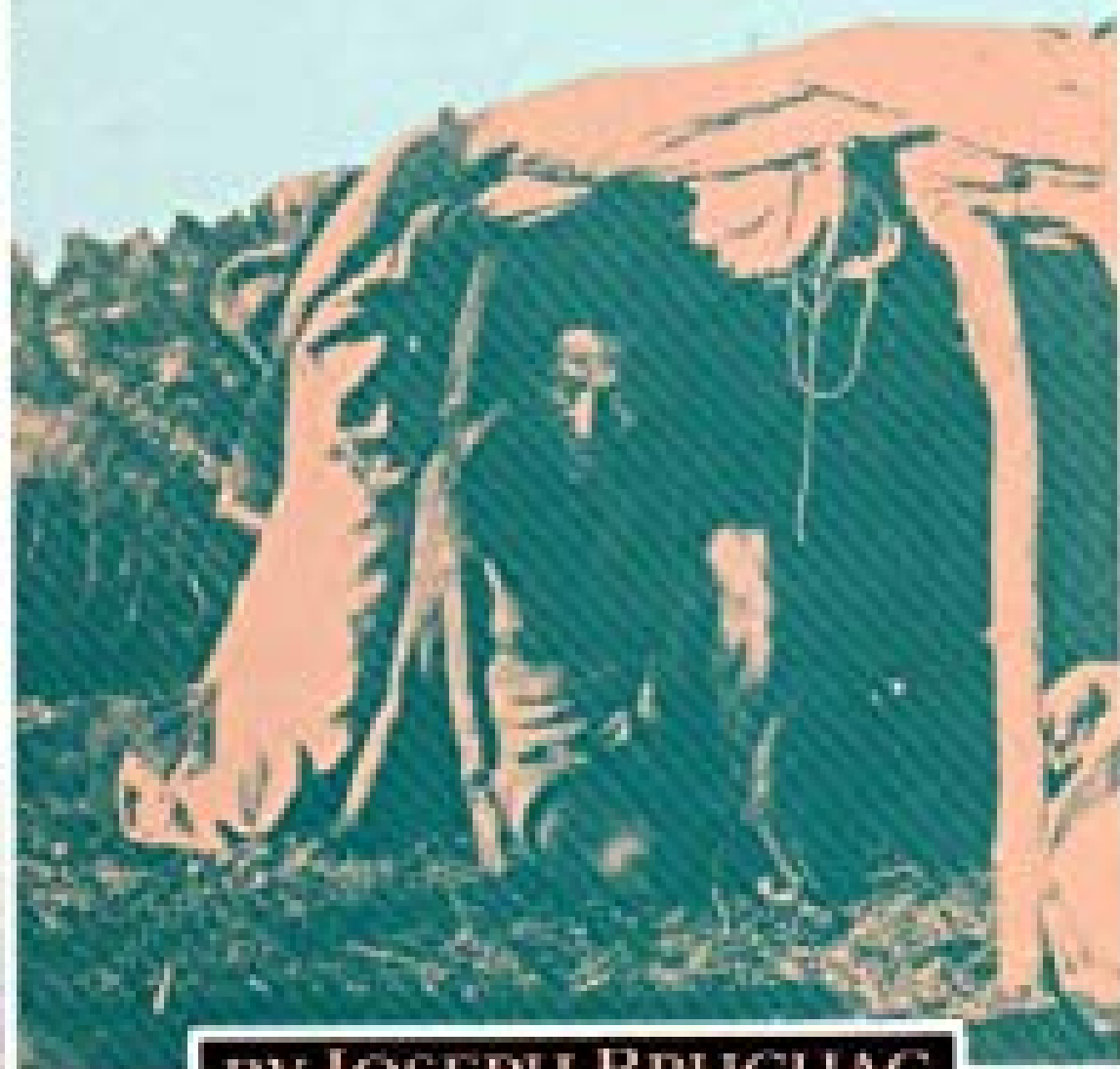


THE NATIVE  
AMERICAN  
SWEAT LODGE

HISTORY AND LEGENDS



BY JOSEPH BRUCHAC

Joseph Bruchac

## The native American sweat lodge: History and legends



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Very Good Read This book is ideal for someone carrying out Native American studies. Extremely accurate and interesting. I perform Crow Indian Sweats and this was helpful for background and understanding fellow plains indian rituals. Great book. Enters the historical elements and information on NA sweats and rituals. The author explains the information by using stories from a number of tribes. This is certainly a little book, but does not waste time on speculative discussions, just covers the basics upon this hard-to-find subject. If one is looking for building plans they should look elsewhere. The Indigenous American Sweat Lodge is quite complex ritual that might be impossible to describe within the scope of an individual book. However, this publication comes pretty close. our religion never read it, delivered to my grandson he would go to sweet lodge every saturday for hope ,faith and satisfaction Sweat lodges and storytelling First you must know very well what a sweat lodge is. I also interviewed many Native Americans on the subject of sweat lodges. Five Stars A journey in to the traditional heart source of Turtle Island Joseph Bruchac did his homework. I liked this book since it was informative of the many sweatlodges throughout history and explanation of them. The stories were readable and captivating. A short but good book to read. The Native American Sweat Lodge Great information, concisely presented. After that if need to know how it had become for the countless native cultures and the way the stories about any of it where told in one era to another it will be an excellent book. From the history to the legends it is fascinating and well curved. Fun and Informative The sweat lodge is a very sacred place which book does an excellent job of illustrating that. Many traditions are represented in the stories and I really liked reading them as viewing both the differences as well as the commonality. I recommend this for those who are just beginning and want an intro to the topic. Respect and Reverence. Nice Work This book is helpful for the person who want to construct their own sweat lodge and really wants to learn about the annals and background of the sweat lodge in Native American culture. Bought this publication for a research assignment. I was pleased to find that many the info I received from 1st hands interviews was also found in the book. This publication would be good to get a broad range of suggestions to formulate a purpose for a person's sweats. Strongly suggested reading specifically for anyone interested in participating in a sweat lodge.



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