



CIRCULATION

NERVOUS SYSTEM

HEART

SEXUAL ORGANS

RESPIRATION

Your Face Never Lies

Michio Kushi

WHAT YOUR FACE REVEALS ABOUT YOU AND YOUR HEALTH
AN INTRODUCTION TO ORIENTAL DIAGNOSIS

Michio Kushi

Your Face Never Lies: What Your Face Reveals About You and Your Health, an Introduction to Oriental Diagnosis



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A quick glance in the mirror can let you know much about your wellbeing. THAT PERSON Never Lies will business lead you beyond the narrow limitations of western medicine. and handwriting can tell you even more. Your posture, complexion, facial structures, They all reflect the vitality of your constitution at birth, the quality of your diet, and the strengths and weaknesses of your internal organs. The shape of your face alone reveals a great deal. And, through the enhancement of your inherent observational skills, this time-proven technique will start to advantage you and those around you in only a few days. Much more than a tool for helping those who are ill, the ancient skill explained by macrobiotics professional Michio Kushi, will help you to better understand yourself, your life, as well as your relationship with nature.



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What that person reveals about you After you browse this little book, you will likely hardly ever look at faces in quite the same manner again. This 1983 book, originally published in London, is only 77 pages long plus 5 pages of suggested readings, information on the writers, and an index. Highly recommend it to everyone to learn This is the most incredible book I lately read! Do not use it to replace your medical health care professional. Five Stars good great book ~ super easy read and so much details .The booklet explains a bit about Yin and Yang, the diet, development of the embryo, parts of the face and the corresponding main body systems (nervous, digestion, and circulation). We consider the structure of the facial skin, where particular lines develop on the face (and their meaning), eyes, eyebrows, eyelids, blinking, the form and size of the mouth, the relationships of different parts of the lips to the digestive system, the teeth, the ears, the hair, balding using areas in romantic relationship to weakness of certain organs, your skin coloration (red, yellowish, green, blue, purple, blackness, grey, pallor, transparency, whitedness/white spots, consistency, oily, wet) and what each means, lines in the hands, fingernails, energy meridians in your body, pulses, voice, hearing, handwriting slants, habits, food tips, and giving tips to people. Highly recommend it to everyone to learn! great book ~ very easy read therefore much information ~ you can look at people differently after reading it Physiognomy Simple system where you can understand someone's condition from facial features. The up-side is definitely that you could possibly do yourself a favour by spotting and correcting specific weaknesses before they perform permanent damage. You might also have the ability to help others in your area, if they are ready to listen. The best! Turn to this book to provide you with additional insight/clues to raised health, to help you discover or investigate issues before they do damage. The preface explains that oriental diagnosis sights the physical and mental aspects of the total person, in addition to the troubled organs or body parts. . Definitely simply an intro book. easy to read and undertand Simple, readable and undertand! Sections would end just when they were needs to become helpful. Truthfully this publication left me with more queries than answers. The cover says it is an launch to oriental medical diagnosis and what that person reveals about you and your health.ehhh. There exists a heck of a lot of info in this book. Wanted answers, just have questions. When they approach me with their physical discomforts I could better assess their issues as muscular or somatic. By a great master teacher! a little more from this book after it being recommended to me by another esthetician I expected a little more from this reserve after it being recommended if you ask me by another esthetician... Therefore grateful. LOVE THIS BOOK:) Reading this book offers helped me evaluate my own health but since a yoga teacher it helped me personally better serve my students.. Great book:). The analysis contains an interpretation of the person's lifestyle, including both environmental and cultural surroundings... The down-aspect is certainly that you will probably end up studying apparent lines and features that you discover on people, especially if they have a strong influence in your daily life. Macrobiotics offers clues to reverse some of these conditions. Program, application, application. He would touch on how a very important factor would be linked with something else (exe: spleen and tonsils functioning together) but could not go in depth. In case you are a practitioner of some kind, even in delicate energy therapies, you may be capable to provide additional information to your clients..



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