WHAT TO EXPECT WHEN YOU'RE EXPECTING

T he pregnancy guide that reassuringly answers the concerns of mothersand fathers-to-be, from the planning stage through postpartum.

By Arlene Eisenberg, Heidi E. Murkoff, and Sandee E. Hathaway, B.S.N.

With a foreword by Dr. Richard Aubry, Director of Obstetrics, State University of New York Health Sciences Genter at Syractose Clear, comprehensive month-by-month format Arlene Eisenberg

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This book looks like new. Also included are step-by-step manuals through labor and delivery, postpartum treatment, and breastfeeding, a full section simply for fathers-to-end up being, and a 24-page "Pregnancy Notes" place for keeping detailed information of prenatal test outcomes, weight gain, doctorls appointments, observations, and more. Besdies the pages it looks like nobody read it. That is a great book! Now with over 9.Here's what parents-to-be need to know about choosing a caregiver, prenatal diagnosis, exercise, childbirth options, second pregnancies, twins, making love during pregnancy, having a cesarean, and dealing with common and not-so-common pregnancy symptoms. Featuring an easy-to-follow month-by-month format, this indispensable publication reassuringly leads visitors through an abundance of information.9 million copies in print, What to Expect When You' re Expecting is Americals pregnancy bible. It has about 6 webpages inside that are pet eared, but the cover and webpages look great. Winner of the Parentls Choice Foundationls 1991 Parenting Shelf Award. Selection of the Book-of-the-Month Golf club, the Better Homes & Gardens Family Book Services, and ABA Fundamental Booklist.Updated with every printing, What things to Expect IF YOU ARE Expecting incorporates the newest developments in medical technology and responds to the many letters and queries received from visitors.



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Careful! They could send you the UK version! Be careful when buying that you will get the right edition. The first time I purchased, they sent the united kingdom edition. It isn't labeled at all, you merely start reading and observe that they talk about different healthcare problems and use a lot of different British slang. Reordered and got the right edition. Highly recommend for fresh moms! Observe picture for different variations. UK is usually on the left. Good info but identical to website I bought this book when I then found out We was pregnant based off of my doctors suggestions. It will be has a lot of useful information, nevertheless, the website is guite similar. I didn't should do anything but after passing up on some testing during the first trimester I made a decision to read forward in the book. I found very little useful details in the reserve and certainly nothing was protected that wasn't discussed atlanta divorce attorneys app out there.! Areas of misinformation. I purchased this book because it's well-known. Recommended Recommended for fresh and experienced mommas! In the event that you wished to not spend the amount of money on the publication, I would just just check out the website or join the email messages if you want the knowledge on a every week basis. I also discovered it annoying that there have been sections on HIV, diabetes (gestational and non), etc-these topics usually do not pertain to the general population and the ones that do want information about these topics need an entire reserve and close monitoring by a professional to end up being at all prepared for pregnancy with those conditions. I enjoy reading it I enjoyed reading it. Furthermore, the writing design is a little too cliche, filled with puns and childish humor. Such an amazing resource! Great book Great book Very pleased!A component is also great, as there are several queries on there that we can relate with, and we get giggles away of some of the Dad elements, which are really a good add-on and get this to book feel like its made for all participating members.... Must read for any soon to be mother! I rented this publication from the library and made a decision to buy it! A Must Have Love! They form as a result of friction or overloading caused by a biomechanical or musculoskeletal element. Good for daddies too! Very very thorough, all of your doubts and questions (actually weird ones. For example, page 155 under the Manicure and pedicure section it discusses trimming calluses and notes, ". that add to the reading. I nearly quit reading after that point and once I got eventually to the end, I wished I would have. I wish I've had this publication when I had my first kid (18 years ago!). Lots and lots of very helpful information, specially for those mommies (like me) that are a little bit apprehensive or anxious and get conveniently concerned. He also loves to to understand week by week how our baby is growing and what to expect for that week. The app is an extremely great complement for the reserve, as possible get videos, picture, community forums, etc.) are answered right here. I provide it to anyone expecting! The information is presented very thoroughly, yet in a way that is quite warm and sympathetic. Absolutely suggested for all the moms and dads to end up being! If you would like the info right at your fingertips in book form, after that this is for you. Arrived on time and brand new! Great reference guide for parents to be Husband and I love to read this together, as we feel it offers us a nice heads up on what things to expect week to week. The Q& Finally, there are a few areas of misinformation and, when I examine them, it discredited the complete book. It was a gift to me 23 years ago when I got my child. I also recommend buying what to expect in the first 12 months!). I am entering my third trimester and it's been pretty i'm all over this with everything. Suggest this to all or any expecting families, it has been really helpful for ours. Frustrating though. I came across this book to be very informative. Its been great to truly have a reference information on what to anticipate, and what assessments are coming up, so when they perform happen, we are better prepared and can reach the core questions answered by our OBGYN. It's a straightforward read and I always anticipate reading what is coming next. Timeless Love this book! This book contained therefore much valuable info. I highly recommend this book! I won't get into detail about how exactly calluses form, however they don't type because they're slice away. There is A Large amount of information in right here but I am the type of person who wants all the details therefore it worked well for me. Love this book! In the event that you sign up for their emails, or I'm sure just browse the site, the information is strictly what you're reading in the reserve. Because of it I could go into my appointments well informed and able to ask for certain tests with enough time to total them. That is a must for any pregnant girl. I've currently purchased the WHAT THINGS TO Expect The First Season & cannot wait around to read it! I recommend this reserve for all expectant parents. Bought this for my son and his girlfriend to read together because they take the trip into parenthood jointly. I read a youthful version 23 years back, and this version is proving to end up being as useful and interesting to expecting parents as the older one was to me. As

I view them reading together, I am struck by how this publication helps to foster an immediate connection for both of these to their developing baby. Cool when a book can provide important information and evoke an psychological response. Admittedly, I experienced like it was one of those books every expecting mom should read and I didn't investigate the type of content that would be covered. The target audience feels as though expecting teenagers, not expecting adults." This is completely untrue and is written in as Truth! Because you're an expecting mom doesn't mean you now talk and believe like a child. Reading what others are going thru or have done thru is actually comforting, and it can help us get our questions ready for our regular monthly doctors visit (there are so many things you don't actually think about asking!! Get this book You will love this book! A must have for pregnancy!! Easy To Read I purchased this for my recently pregnant daughter. It's filled with great info. It experienced like fluff to mass up the reserve as nearly no reader could take advantage of the included information, actually if indeed they had the conditions. It is a helpful publication! I highly recommend this book for new mamas. Pregnancy really is wonderful factor, but there are so many unexpected and unknown parts to it, it could get actually intimidating and frightening. I treasured it!My hubby really LOVES this book, and he says it's been very helpful for understanding all of the changes (and challenges) that I am going through.(never mind the fact that the even more you cut calluses, the more they grow back again). My doctor kept saying everything was good & Suck great information for the new mom!



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