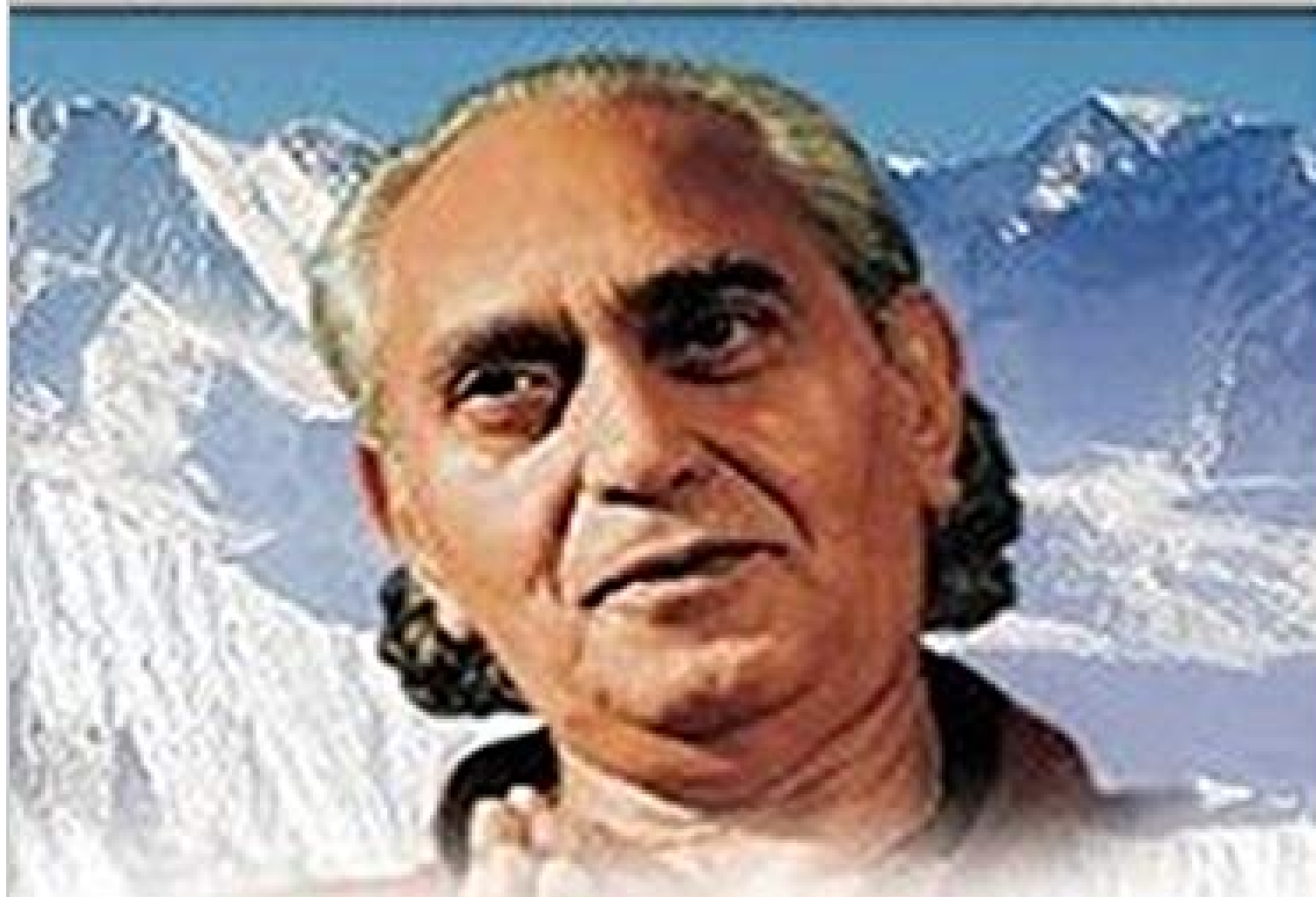


S W A M I R A M A



LIVING WITH THE  
**HIMALAYAN**  
MASTERS



*30th Anniversary*  
CELEBRATION

Swami Rama

## Living with the Himalayan Masters



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"This life-changing book will bring you face-to-face with some very nice twentieth-century masters, including Mataji of Assam, a ninety-six-year-old sage who never slept;" He's a young boy, filled with mischief.- Swami RamaReading it, you will discover the human part to the yogic master.Read the humbling tale of the person who founded the Himalayan Institute, and the great teachers who molded him into a Himalayan Expert. Just like us, he occasionally does not distinguish the false gurus from real masters, mistaking magic for spiritual accomplishment. He is a seeker, with particular strengths and weaknesses.Coping with the Himalayan Masters is definitely among those rare books that contains the seeds of transformation within its pages?sowing individuals seeds in the cardiovascular of the reader, and creating the potential for true spiritual upliftment. These stories record Swami Rama's personal quest for truth and enlightenment?inspiring, illuminating, interesting, mystifying, and frequently droll and humorous.I will tell you how I was raised and how I was trained, on the subject of the fantastic sages with whom I lived and what they taught me, not through lectures and books but through experiences. Gudari Baba, who taught Swami Rama the worthiness of direct encounter; Yogi Sri Aurobindo, who integrated meditation with actions; Uria Baba, who demonstrated that every human being has the potential for healing; and Mahatma Gandhi. He's a teenager, full of curiosity and adventurous zeal.



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There is somethin' goin' on over there. I am also fascinated with the "magic" or "miracle" we thought were just referred to as a "research" that existed previously (hopefully still exists now! Very insightful book! Superb book on yogic experiences Very unbelievable events presented here as if it's normal. Perhaps it requires that much time to evolve that degree of consciousness. It is so excellent, I cannot put it down, and I don't want it to get rid of. Swami Rama passed away in the 1980's and he was classically educated therefore his perceptions are more modern than a few of the various other "adepts" that create on the topics in this book. This book is credible, thought provoking and if nothing else entertaining. The solution is simple. I like the simple descriptions with profound meaning in each story That is my third time to buy this book. Due to the fact friends don't come back it to me once they borrowed! I like the easy descriptions with profound indicating in each tale. The miraculous will still occur. COPING WITH The Himalayan Masters can make you see the world anew.. In this respect, India provides succeeded. For an ordinary brain like mine, it was like reading a fairy-tale book. I have less regret now. But I am very pleased to experience the main element teachings I may not ever have the opportunity to understand from the masters directly, I might never go to the Himalayas or be with these teachers. This reserve is a reserve to keep! Thank you. But I am very pleased to experience the main element teachings, important lessons, through this achieved man's life experience. But existence has many wonders and dimensions that are beyond the comprehension of those of us who spend their life within the limited boundaries of the mortal presence and ignore the world of truth. Must read for just about any one wanting to know about possibilities of yoga exercises practice. Every page includes a lesson, an experience that enlightened in itself. This reserve is a superlative study of the extraordinary feats some yogis can achieve. It tells not merely about the life span of Swami Rama but of the yogic traditions of India. I am grateful.. Wonderful Accurate Story of the life span and Training of a Swami A beloved publication. I had met Swami Rama when I was in senior high school, and heard him speak, when he was in Chicago. It had been amazing finding this reserve given that I am 61! I read it all and actually enjoyed the stories about his existence and all the unusual Swamis he previously known in his lifestyle. Could keep this book permanently to refer back to sometimes. Think about meditating in a cave for 11 months, with little to eat or drink, and just a pinhole of light! That was one story from his training along with his teacher. Through this book, the writer explains ways of living with a general mindset bereft of dogma and focused on locating the truth. After China India is the oldest extant lifestyle nowadays. I almost didn't get this book, but We are 100% glad I did. Great This is an excellent read in case you are interested in yoga and spiritually. This is actually the book students at our yoga center benefit from the most. It is therefore relevant I plan to utilize it as a daily reading for children when they become old. For someone on the speed of a yogi existence, a must read! Joyful read We enjoyed reading about how exactly everyone will get their path in lifestyle. Amazing! The writer's account reaches situations funny, at others, profound but never dull or difficult to understand. This is a book which explains not only the ancient traditions of the yoga but also what is involved in becoming an adept. A few of the highlights of Swami Rama's incredible life. Buy this publication if you want your life to improve. You will not regret it. I purchased the publication because I wanted to get some insight into True YOGIS. NOT MAGICIANS. This book will not preach but gives you the basis to start on the enlightened route. I came across Swami Rama on a youtube video. Moksha.) It refutes the materialistic philosophy of lifestyle. Swami Rama describes his encounters with various Indian yogis. The goal is normally moksha, or liberation from the cycle of loss of life and rebirth. Browse it. India has decreased society to its essential through ruthless

prioritization. This prospects to the query: If India is indeed evolved, then exactly why is it not as advanced as the USA? A boor from another world I couldn't stop scanning this book. Love every single word Very enlightening book. Like every single word. Very insightful! There is something goin' on over there in India way beyond anything happening in the West. It also explains quite a lot about yoga exercise and what it takes to be an adept.



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