















author of the bestselling Back Flower Therapy











Mechthild Scheffer

The Encyclopedia of Bach Flower Therapy



• The most extensive reference on Bach flower therapy on the net. • Thorough diagnostic recommendations, interview questions, improvement evaluations, and body maps information both practitioner and novice to the proper remedies for innumerable emotional and physical ailments. The first practitioner to recognize the psychological underpinnings of the Bach flower remedies, Scheffer demonstrates that psychological and physical well-getting are inextricably linked and shows how flower therapies can be a powerful device for healing specific symptoms and restoring stability to one's life. The author offers a therapeutic profile for every remedy and specific guidelines for preparing mixture remedies to heal more complex conditions. Right now, for practitioner, student, and patient alike, she offers The Encyclopedia of Bach Flower Therapy, the most comprehensive and up-to-date reference available on this gentle, effective therapy. Mechthild Scheffer's groundbreaking bestseller Bach Flower Therapy: Theory and Practice revolutionized the science of Bach flower remedies, detailing the curing properties of each specific flower. • Illustrated with color plates of the Bach flower remedies, combination remedies, diagnosis, guidelines for planning, body maps, and even more. The author also gives suggestions for using Bach flower remedies in pediatrics and veterinary medication. With more than 120 color photographs, The Encyclopedia of Bach Flower Therapy is the complete reference for everyone who studies and procedures this therapy.



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Integrates brain, body, and spirit good in the conversation of each remedy So much good info in a single source! I also recommend Dr. Appreciated that the text included some Christian scripture references that, while not excessive in their number, helped me to raised know how problems in spiritual formation manifest themselves as psychological issues. The only book on Bach Flower Therapy you will need I don't usually describe books as "the only person you will ever need on the subject. As I go through it I find myself feeling calm, influenced, and grateful for the magnificent yet simple system of flower healing that Dr. Though called an "Encyclopedia"-- and it IS encyclopedic in the quantity of material it covers-it is in no way written by means of dry facts, however in an extremely warm, personal, and uplifting style that enables you to truly get to know and befriend the Bach flower remedies and their program of usage, bach flower love this book. I have read a number of books on Bach Flower Essences since I first became enamored of them in college in the 1980s. But I've found nothing in any other book on the subject that's not contained right here-- and in most cases, is written more beautifully and clearly right here than somewhere else.. Reading the book is almost a healing experience in itself.. Bach developed which author so elegantly explains. I have many books on Bach plants, but this is the just one I retain in my professional workplace as a reference.. You won't regret it!!!. I owned it once before. I love this book!. Five Stars Very thorough, informational, and useable for those just studying flower essences. Love!There are many charts and tables to assist in making the best selection of the essences.very informative. Bach's publication, "Heal Thyself".. 2 yrs later my practitioner recommended this book(the only one she uses).and in the long run suffer from bad unwanted effects or addiction. This book combined with the remedies provides and still does, helped me through some crisis. When I was initially launched to the Bach flowers my boyfriend of many years had passed on. These remedies helped me significantly through my grief, and I could keep on through life through the tragedy without despair, and with a very clear mind.. I purchased the publication and started dealing with the remedies aswell. All I can say is certainly that the book combined with the Bach plants have been life changing! Wonderful book; beautiful layout; It is truly awesome, and I would venture to say - maybe the only one you need. Wonderful book well organized and beautifully laid out. Excellent interpretations of Bach's remedies. I am so excited to have found this Encyclopedia, what a wonderful of prating selfcare and health. The Encyclopedia of Bach Flower Therapy ... Thanks. User friendly formula.. Understand this book!but someone else loved it to. So much information! excellent interpretations of Bach's remedies. It has colored photos of each flower with a background explanation and typically 2 full pages describing associated features and symptoms. So much good infoland kept it. I highly recommend this book. Assists in understanding the integration of emotional influences, physical symptoms which might results from emotional states, and the spiritual elements.. Excellent reference guide!. This is followed by a bullet list summarizing somebody in the 'negative state', and another list for someone in the 'positive state'. This book is amazing! Highly Recommended I received this publication for Christmas and I have nearly exhausted the pages already!" but in this case, I really mean it... A lot of people with troubled thoughts and or anxiety(which we all go through at some point in our lives) tend to feel they need to be medicated to complete their troubles.



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