

Dr. N.W. Walker D.Sc. and

## Fresh Vegetable and Fruit Juices



Dr. Following his suggestions to consume fresh veggie and fruit drinks, we can furnish our bodies with the enzymes needed for optimal health. Walker explains how the lack or scarcity of certain components, such as vital organic minerals and salts, and consequently of vitamin supplements, from our customary diet plan is the primary cause of nearly every sickness and disease.



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