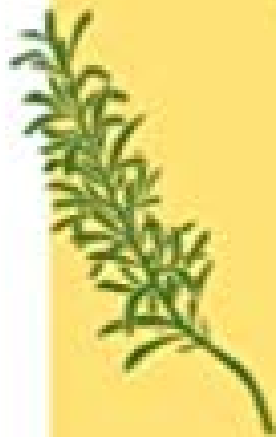


THE ESSENTIAL OILS BOOK

CREATING PERSONAL BLENDS
FOR MIND & BODY



COLLEEN K. DODT

Colleen K. Dodt

The Essential Oils Book: Creating Personal Blends for Mind & Body



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Discover the fragrant globe of essential oils. Fill up your days with stimulating scents as you figure out how to use essential oils to wash your dishes, soothe sunburns, combat stress, and improve the quality you will ever have. This comprehensive instruction includes recipes for organic cleaning items, lotions, and ointments that may keep you feeling content and smelling great. Dotd profiles the healing and washing powers of a large number of oils extracted from natural herbs, blooms, roots, barks, and resins. Herbalist Colleen K.



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oils and also gives you many different recipes. You can examine and understand but it's even more of an editorial of the authors experiences with natural oils than instructional/informational source.



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