

The Encyclopedia of EDIBLE PLANTS *of* NORTH AMERICA

Nature's Green Feast

François Couplan, Ph.D.

Foreword by
JAMES A. DUKE,
author of The Green Pharmacy



Francois Couplan and

The Encyclopedia of Edible Plants of North America: Nature's Green Feast



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Discusses edible plant species, including etymology, location, uses of every part, background of the uses, medicinal uses, and possible toxicity



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A well crafted, well researched book that should be on anyone's bookshelf who uses wild edibles. Among my top three beloved books on edible vegetation. NOT a field guide! I collect and use edible plants constantly, and this book, together with the Peterson Information to Edible Plants and Stalking The Crazy Asparagus, for me are the three finest books out presently there. You need to be able to trust the information you are reading, because eating wild edibles could make you very ill, or in some cases kill you. Good Reference Book After having read the reviews on this, I went ahead and got it. When I run across a plant that I have heard is usually edible, I can look at the index in the trunk with common brands and head to it. I have relied this book today, tried their suggestions and will continue to do therefore for a long time. This is a compendium of edible vegetation in America. find it excellent I'm in New Zealand, not North America, but for me this is the single most dependable and comprehensive guidebook to edible plants which have been obtainable from the nursery and seed trade that are not generally marketed as edible, a wide array of species. I enjoy the scientific name being listed because then you can end up being sure you are receiving the right one. I like it because it is normally level headed, it isn't unusual to find beautifully written books on this subject matter that are rather seductive and intimate about crazy or obscure edibles, exaggerating their benefits, presumably because they experience connecting with nature is a good cause (which it really is) so a little propaganda doesn't hurt. Very detailed but simply no pictures, just handful of drawings. Even though I would have done a few things differently (like having a more detailed "Desk of Contents", therefore the reader can understand how the families, genus', species, subspecies, etc. which value is exclusive and unmatched. For many people this won't be a concern I expect. Some meals need to be prepared correctly. I'm not in North America & This book has so much great information and I have not seen anything in it however that appears questionable or suspicious relating to the ways to prepare or consume plant life that are mentioned. It is also good for edible weeds growing here, America is an extremely diverse continent, chances are it will have stuff suitable for you wherever you are in the world. I did so feel like it had been provided rather stiffly and arrogantly but not plenty of off putting never to use. are more easily divided - throughout the almost 600 pages of .. There's even more, but to me, this is actually the value; sober, "the last word" often because the author has sampled the plants himself. are easier broken down - through the entire almost 600 webpages of the reserve)...nonetheless: THIS BOOK STANDS ALONE! This is simply not a book that will help (the casual) "weekender" of edible vegetation, be able to go out in to the woods and bring in a treasure of edible vegetation; no, that isn't the value of the book (one requires a field guidebook for that, complete with color photos... Jim from WI. The worthiness here and why it stands by itself, is because of the absolutely incredible level of research and understanding that's inside your hands, allowing you to take (any) other reserve on plants (whether edible or not).. I knew that when I bought it tho. Five Stars excellent resource, included a surprising amount of information.. The just annoying point is he doesn't give specific references for each bit of info ,which means you can't check out his sources, he does list all the sources at the end nevertheless, you can't tell that which was the foundation of what.and the subject guide would do a better job). I usually know this publication will be realistic & Very detailed, explains what the plant looks like and how to utilize it, however, very few pictures. Five Stars A really great resource- recommend this reserve to anyone thinking about this issue or any doomsday preppers.. Wish they would put photos in it, will be absolutely perfect. I was a park ranger for approximately 27 years, and a hardcore backpacker and hiker. Accurate enough, this is NOT a field guide. You better know very well what your going to eat before you use this book to

get ready it.and determine if the plant(s) in the other book(s) are in fact edible, and what parts. enjoyed reading the quality recipes or ideas for use. Will need to buy another publication with pictures. Best for a encyclopaedia Informational



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