

Copyrighted Material

PEPPER

S P R A Y S

Practical Self-Defense for
Anyone, Anywhere



Doug Lamb

Copyrighted Material

Doug Lamb

Pepper Sprays: Practical Self-Defense For Anyone, Anywhere



[continue reading](#)

Short-term self-defense training is likely to be ineffective against the brutal and merciless attacks of the criminals and crazies that rule the streets today. This book lets you know all this and even more. C. Enter the O. pepper spray. How do you use them correctly? Are they really effective? But which is best? What many of us need is an equalizer - a simple, effective device that will stop an assailant in his tracks and allow us to escape unharmed.



[continue reading](#)

This book will help you to get the most effectiveness from your own pepper spray by using it. While this is a short book with regards to total pages, it still does an excellent job of within the subject matter of OC/Pepper Sprays. Persons looking for info on other styles of incapacitating gasses, sprays will not find that coverage right here. Subjects that most readers would like to know. Of training course some newer items are currently on the market but that will not really detract out of this book. The fundamentals of what, and how are protected, along with scattered photos - also a bit dated. I enjoyed it and experienced it actually added some to my POLICE Pepper Spray training that I have had. This is an excellent solid book that tells the reader what pepper spray is and how to use it. The publication can be a bit dated however the fundamental blocks of what is and makes Pepper sprays, is still relevant. A good summary of the entire subject matter is shown. There is no history of the merchandise or it's development. Rate it at perhaps a two evening read. PEPPER SPRAYS: Practical Self-Defense for anybody, Anywhere This is a good book that explains how to use pepper spray and what it does to a person who makes contact with the pepper spray. He Doug Lamb is usually limp in his understanding of pepper sprays and utterly flaccid when it comes to the stiff hard realities of self defense! However, the material is a little dated since there are now at least 2 more various kinds of pepper spray formulas in the marketplace. The book is targeted more on how best to choose one for efficiency and how exactly to use them. Solid! However, it's an excellent starting point for anybody new to pepper spray. An impotent article writer, an incompetent work I'm an expert on pepper sprays and I have to say that book is not practical self protection, it is impractical personal mess! It is a reserve on self-defense, using pepper spray, and is well written. I give this book an F!



[continue reading](#)

download free Pepper Sprays: Practical Self-Defense For Anyone, Anywhere mobi

download free Pepper Sprays: Practical Self-Defense For Anyone, Anywhere pdf

[download Wilderness Wayfinding: How To Survive In The Wilderness As You Travel fb2](#)

[download Survival At Sea mobi](#)

[download Safe In The City: A Streetwise Guide To Avoid Being Robbed, Raped, Ripped Off, Or Run Over epub](#)