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HELEN WILKES

# THE AGING OF AQUARIUS

IGNITING *Passion & Purpose* AS AN ELDER



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## The Aging of Aquarius: Igniting Passion and Purpose as an Elder



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Live your enthusiasm and purpose and alter the world as an empowered elder. Right now, with the rest you will ever have ahead, you could be the modification and make this next stage you will ever have the most powerful however... Helen Wilkes, a retired professor and activist, requires visitors on an inspiring trip to find renewed purpose in pension. In your youth, you cared about people and planet earth, and you had grand visions of changing the world. At some time, those passions and that feeling of purpose got buried under diapers and the 9-5. Along the way she assists readers navigate the transition to a post-work identity by fanning the embers of lost passions and developing new interests. Your career has wound down, the youngsters have moved, as well as your schedule is apparent. Whether you are drawn to gardening clubs, to sociable justice issues, political campaigning, ethical trading, or imagination through the arts, *The Maturing of Aquarius* presents inspiration, practical measures, and extra resources to help reignite your interest, your sense of purpose, and to effect real modification in the world as an empowered elder. for the next 30 years. Still, that previous you continues to be alive. But where to start?



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