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Living THOUGHTFULLY Dying WELL

A DOCTOR EXPLAINS HOW TO MAKE
DEATH A NATURAL PART OF LIFE



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Living Thoughtfully, Dying Well: A Doctor Tells How to Make Death a Natural Part of Life



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Every Baby Boomer Must Read this Book WHEN I wrote a blog post about having "the conversation" about end of life with my mother, among the visitors of that blog post recommended that I buy this book. I'm so pleased she do! When I informed my Book Golf club the story, I appreciate the actual fact that the writer is both a medical doctor and a Mennonite Christian, composing from both scientific and spiritual perspectives. He interviewed users of other spiritual traditions (and one agnostic) to include their perspectives, which broadens the scope. Inside our situation, it proved well, as she emerged off the ventilator in under 48 hours and home two days later. The fact that the author is living on borrowed time after his own near-death experiences provides book urgency. So does the impending later years and deaths of the 78 million seniors, many of whom are struggling with problems of early aging because they try to help parents plan death. They (we) need this book, therefore do our parents and siblings. The book offers all of the elements readers want when the main topic of death is involved: personal stories, professional medical expertise and research, helpful checklists, and spiritual depth. The short book is well crafted and insightful with helpful ideas for seniors who face end of life concerns. The citations at the end of chapters will need you to more depth on individual subjects, but nowhere else will you find the same mix of practical wisdom and overarching "big picture" perspective. What could be more important than preparing for a good loss of life? Dr. Glen Miller supplies the kind of wise assistance we associate with family doctors and house phone calls. He pulls his stethoscope out of his natural leather bag and places it on the center of our culture. As a registered nurse for many years, there were so often that I have already been discouraged by patients who did not die in peace. This book was written by a personal friend, nonetheless it is done uncommonly well. The book tells of pitfalls of end-of existence care and what to be discussed and considered ahead of time, but not just with the typical "Make a Will, and perform an Progress Directive" admonition. A publication golf club at our church is definitely reading it together, and finding it very apropos. My 92 yr old mother was simply in the hospital and positioned on a ventilator in spite of an advance directive which was delivered with her to a tertiary medical center. He also included other physicians and an overview of how dying provides changed in America in the last fifty years. At 88 there are a few things I need to do within the next few months and the checklists are very useful I've heard the author speak but haven't got time to read the book. All exercised well, and I'm pleased that she was intubated before family members arrived, or they could have got refused, and she may be dead now. I acquired it in two days and read everything in one seated. For example, I have jotted down his questions to raise when considering medical testing methods and intend to take them when I go for my next physical. Vocabulary is clear, problems are illustrated with tales of actual persons and circumstances, and the author is remarkably candid about his personal programs which he has distributed to his family. It isn't just theoretical, but practical with lots of information that should be used and considered. Four Stars very good Five Stars Great for discussion with family and friends about end of lifestyle issues.. older patients What a delight to learn a book about dying without distress. That is a book that's long overdue. This book offers insight about a wider scope of medical problems than end-of-life care. Get this Book--You require it! I got the pleasure of dealing with Dr. Miller, many years back, at Mary Rutan Hospital A CLEAR AND EXCELLENT GUIDE Seeing that DEATH APPROACHES I am a Board Certified Hospital Chaplain of more than twenty years. Heavy on anecdotal material and simple spiritual guidance, but still an extremely worthwhile browse with content that you'll remember. D. It offers, and clearly presents, directions for individuals who care for those who wish to move in peace by participation in their closing days. brings insightful and clear guide lines for individuals who are nearing life's last

stages.. It is not a morbid reserve, nor a boring text message. Essential read for all with extra emphasis on the friends and family of the individual. As the author is experiencing that of which he writes the validity of the book ranks 100%. He and his wife have become fine people. You shouldn't be fooled by the slim size of this quantity. Dr. Miller was my physician in the early 80's. I have been recommending it and posting my book but I'd like it back again to reread next calendar year, and next calendar year! Miller addresses how one decision may impact other decisions.. Whether it's for yourself or a loved one. I affirm this excellent presentation by a medical doctor. Well said Although there was little new information the stories and reminders were very helpful. Living Thoughtfully! Well worth reading. This book is crucial read for anyone. Essential read for doctors, nurses, & He and his wife are very fine people. Valuable material Miller offers a very important perspective that delivers a much-needed questioning of a few of the assumptions approximately our health-treatment decisions. It should be required reading for any medical professional. This book of direction and experiences by an M. the comment was produced that my children was "living the publication". Overall an extremely helpful guidebook to making existence thoughtful and meaningful until the very end. The book is thought provoking, and intensely helpful in ... The book is thought provoking, and intensely helpful in planning health care, care of family, and ending existence with one's relationships all to be able. Personal stories, both with good and bad outcomes, illustrate WHY! Tales of real people bring thoughtful illustrations to decisions that must definitely be made. We have become fortunate, as we'd a case meeting with the RN looking after her, and the Chief Resident in Medicine, and the doctor became alert to the directive, and of our desires that she get off the ventilator ASAP. I must say i can't comment at the moment as I've not had an opportunity to read the book.



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