

WINTER
Grace

*Spirituality
and Aging*

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Winter Grace: Spirituality and Aging



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As our society faces an increasingly older population, this exceptional reserve reveals that aging is a process rich with joy and blessing, not at all something to dread. Moving readers into the heart of the Christian paradox of death and resurrection, this hopeful publication shows the way the losses that accompany aging can lead to freedom and new lease of life.



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A Summary Portrait of Development While Aging This book surveys the wisdom of Scripture and spiritual writers (whether viewing their work as spiritual or not), the contributions of science and social science and the non-public connection with a long-time social worker, spiritual director and spiritual writer. Likewise if the reader offers even one issue of how to live more fully as years move by, you will have numerous engaging responses compared to that query. Fischer treats major themes occurring in the literature—wisdom, recollections, dependence and independence, like and sexuality, distinctions in the sexes, older women, humor and hope, reduction and dying, and finally resurrection." Have a "Appear Inside" to see the "Table of Contents" and then sample a few of the wisdom that I've received in my multiple readings." Not that its gathered wisdom is bound in worth to seniors. Rather, as Kathleen Fischer emphasizes, the truths and insights would benefit one at any age who is available to reflection and appropriation of its lessons.) and therefore of limited worth, I discover refreshing.. As a bonus, Fischer references some excellent contemporary remedies of spirituality and maturing to aid in a reader's continuing enrichment on this subject. Wintertime Grace can become an invaluable instruction for your spiritual existence, whatever it might be. The impact of their lived and today expressed experience could be profound on the companions and visitors. At least this has been my very own experience and present in going to with many today friends in an area nursing home, influenced and in awe of their simplicity and quiet unassuming tolerance and perseverance. If a reader is willing to ask while reading Fischer's book, "How do I apply this to my own life?" they won't go unrewarded. What to some can happen as a rehash of others' function (and who doesn't often depend on ideas initially broached by others?) I would recommend the book highly. **Spirituality for Older Adults - Guidance and Inspiration** If you are an older adult, work with older adults or hope to live to be a mature adult read this publication. During a season that invites and frequently reminds the reader that ongoing diminishment and narrowing of life is the inevitable result of aging, wish and clearness are valid alternative designs. In my own transition from "pension" to a "redirected life" I searched for books and writings to provide inspiration and path.. For nearly four decades my life was nearly consumed by my vocation as a technology educator emphasizing human ecology and environmental science together with the teaching of basic research concepts. Some of my worries continued into my life of volunteerism. After that my entire life gradually focused increasingly more on visiting older people, the homeless and needy and those confined to nursing and care facilities. Aging is not about degeneration. I really believe that you will see why I have gifted copies to numerous close friends and acquaintances. "I am today in my fifteenth year of "retirement" and in my own fifth reading of this book, reading it a little bit at the same time and savoring the thoughts and trying to apply its wisdom. For everyone there is a season for faith deepening and growth Superb description and naming of spiritual growth as Christians age." There are various "Qos" created in the margins, indicating quotes worth recording of careful thought and meditation - guidance and inspiration for each day. Five Stars A must read. Here somebody has gathered this altogether and focused on how it does and can impact my life and others in our "senior years. What appealed to me especially was her frequent referencing to and honoring of the perspectives and attitudes of older folk, really wisdom figures, though often unheralded in their personal environments. It continues to be a significant guide and inspiration in these "golden years. I felt right at home with the ideas expressed and would definitely recommend it to others. Winter Grace may be the most accessible, readable, encouraging and positive reserve that I have read together with Ageing and Spirituality - even more helpful than textbooks and theory in ministering to older people and in understanding one's own ageing procedure. I have added many underlinings and notes and because I use varying colors it really is

among my "rainbow books. I just ordered five more copies to gift to others. Easy to read Good, comforting. Wonderful read for anybody working or living with older people - gentle way of discussing the ageing process... Her many references from different sources and her own experience with aging friends offers insights to readers with a wide selection of backgrounds and tastes, hence a power of the reserve, in my view.. A key one which proceeds to serve, inspire and guidebook me is Winter season Grace.short stories A Spiritual Perspective on Aging This is a great starting place for a faith-based conversation about aging. It issues us to start to see the richness and beauty of aging and really helps to defy myths and stereotypes about aging. Winter Grace has offered me well in my own ever-evolving faith and in my own life of assistance.The author, Kathleen Fischer, introduces us to an excellent variety of valuable writers and books and an invaluable "Notes" section at the end and "Ideas for Further Reading. Wonderful read for anybody working or living with old people Also a great leveller for anyone who recognises they are ageing themselves! I felt right at home with the tips expressed and would recommend it to others Relating ageing and faith is certainly a definite reward in this book. An advisable and accessible book.



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