

MATTHEW S. STANFORD

REVISED & EXPANDED



GRACE  
*for the*  
AFFLICTED

A CLINICAL AND BIBLICAL  
PERSPECTIVE ON MENTAL ILLNESS



Matthew S. Stanford

## Grace for the Afflicted: A Clinical and Biblical Perspective on Mental Illness



[continue reading](#)

Why gets the church struggled in ministering to those with mental illnesses? As both a church innovator and a professor of psychology and behavioral sciences, Michael S. In keeping with DSM-5 diagnoses, this revised and expanded edition is normally thoroughly updated with new materials throughout, including eight new chapters that cover bipolar disorder, trauma- and stressor-related disorders, dementia, cerebrovascular incidents (stroke), traumatic brain injury, suicide, a holistic method of recovery, mental health and the church. Every day men and women diagnosed with mental disorders are informed they have to pray more and change from their sin. Describing common mental disorders, Stanford probes what science says and what the Bible says about each disease. *Grace for the Afflicted* is normally written to educate Christians about mental illness from both biblical and scientific perspectives. Stanford presents insights into our physical and spiritual character and discusses the appropriate function of psychology and psychiatry in the life of the believer. Stanford provides seen too many mentally ill brothers and sisters damaged by well-meaning believers who react to them out of fear or misinformation rather than grace. Mental illness is certainly equated with demonic possession, fragile faith, and generational sin.



[continue reading](#)

Needs to go deeper... Grace for the Afflicted is written by Matthew Stanford, who holds a PhD in neuroscience from Baylor University. I also enjoyed his thorough explanations of the different major mental disorders which were wonderful for familiarizing somebody who is relatively uneducated about mental illnesses. In his work, Stanford begins by supplying a spiritual perspective on mental illness and its trigger rooted in the Fall and original sin. What is forgotten may be the brain is an extremely complex organ, subject to the fallout of the fall, as are the rest of our organs, and all of creation, for example.) Dr. Stanford takes a significant portion of his book to explore specifics about main mental wellness disorders, describing their symptoms, causes, and treatments. Finally, he address how we as Christians should address those fighting mental illness. This book is not a comprehensive text, but hopefully can help us to take care of our wounded a lot more compassionately and in a humble and informed matter. Stanford being ready to intensify and teach the Church more about mental illness, showing Christians that it's a big concern that needs to be taken seriously. Through his years of analysis among the mentally ill and those with brain injuries he efforts with this book to help bridge the gap between mental illness and misconceptions about it that are kept by much of the Church. Stanford gave several anecdotal examples to spell it out the characteristics of people experiencing each and the way the disorders may be impacting their lives. What I didn't like concerning this book I need to admit a major family pet peeve here: It drives me nuts when people scrape for texts from Scripture to try and apply to what they are talking about to make their book more "biblical" and therefore more credible. While Stanford certainly understands his stuff in the realm of science, he takes what I consider to end up being great liberties with the Bible in drawing parallels and identifying what he deems to become mental disorders stories found there. D. As a typical Evangelical, he focuses on primary sin and how folks are born spiritually dead. Stanford's writing is usually a breath of oxygen for them. Everyone offers some sort of primary wound, or lie that they believe about themselves. Some individuals are motivated by their fear of not being good enough, others by their fear by being alone. They are just two good examples, however they play pivotal roles in how exactly we navigate life. They also play an enormous part in mental disease, also to see significant improvement towards mental wholeness, I am convinced these wounds should be tackled. In his section on disorders, Stanford describes why substance abuse disorders are believed sin and not just illness. He says it is because they are initiated out of rebellion and sinful choices. they are science. Are they trying to escape discomfort? Do they feel an excellent need to be accepted? I would suggest it to any Christian who cares about people. They merely don't feel recognized or supported. He then relates biblical examples of these disorders and how God uses them for His glory (sounds complicated and it is, but the author does an excellent job of describing this). Then he applies specific biblical principles to help someone with that disorder., infections, brain tumor, epilepsy). excellent for mental medical researchers and pastors I was a little bit skeptical initially, when I ordered this reserve, but after reading it I found it to end up being pretty awesome. can be professor of psychology, neuroscience and biomedical research at Baylor University. Stanford goes into the various mental disorders and clarifies their symptoms and etiology. And by this I don't mean just his death and resurrection, but his very existence and message. I am an authorized Clinical Social Employee and a significant Christian. (Think about proving the presence of God, while you're at it, people? Overall this is an excellent book - definite must go through for any mental health professional or pastor. Ought to be mandatory reading in seminaries Grace for the Afflicted is a very important resource for anyone wanting to learn how biblical truth and contemporary science interact to help people afflicted with mental illness. This publication ought to be mandatory reading in seminaries. g. Second,

Personally I think Stanford deals way too tritely with the issue of sin. As it states in the title, it is a scientific and biblical perspective of mental disease. Balanced and Biblical - recommending to leaders persons who suffer from mental illness dare not reveal it in most conservative Christian churches. In his publication, *Grace for the Afflicted*, he combines his expertise in studying the mind and mental disorders with a sound Christian theology to supply a very detailed explanation of mental illness. He begins with an in-depth look in theology, including Primary Sin, God's grace, and specific issues pertaining to mental illness in the Bible. There's a lot that can go wrong. He presents biblical and medical arguments for why most of the Christian myths and misbeliefs about mental illness are simply not true. Stanford's basic premise can be that mental illness can cause sinful behavior, but getting sick isn't a sin. Probably the most harmful myths held by Christians is definitely that mental illness doesn't exist because there is not scientific medical test to prove its presence. I totally suggest this reserve if you are curious about mental illness and the bible - maybe yourself or a family member basic disorders. Next, he moves into an introduction to psychology, psychiatry, and psychotherapy, and notes the concerns many Christians possess with these areas and their confusion approximately whether or not mental illness is real or not. Stanford writes: "Mental disorders and traditional medical illnesses are diagnosed in a very similar manner, utilizing a group of scientifically derived symptoms or requirements. The stigma attached to mental disease is sky saturated in the church. Matthew Stanford, Ph.D. But it needs to go so much deeper, and grapple much harder with the complexities of mental disease, the human being condition, and the type of God in Jesus. Psychiatry and psychology aren't voodoo; However, he fails to speculate as to the reasons people would involve themselves in these behaviors in the first place - are they personal medicating for reasons unknown? And science insists on verifiable data." He spends the biggest portion of the publication detailing each category of mental illness from a medical perspective. In general, this is a decent introductory publication for Christians who may have little understanding of mental illness, and I applaud Stanford for recognizing the need of such books. He also speaks to family, friends, and caregivers about how to help somebody with that disorder. Professionally he spent some time working with a variety of mentally ill and mind injured people. Finally, this book encourages Christians to be gracious and caring towards the mentally ill, but I'd argue that it's based more out of cliché texts pulled from the Bible when compared to a deep focus about the life and personhood of Jesus, and how he's the life changer. Dr. Whether or not you sign up to this, I feel there is a major problem when he didn't notice that most of us possess wounds that motivate us to "sin". I am passing my duplicate on to my pastor. Overly simplistic conclusions about sin and behavior aren't helpful. It is written from a Biblical/bio/psychological/sociable model. The problem will arise because if somebody is say, depressed, it is often blamed on not being near Christ, unconfessed sin, etc. Then discusses the attack on Christians by Satan and address the presence demonic possession plays in the Gospels and its relation to mental disease. Dr. It's amazing that any of us are 'normal'. What I liked about this reserve: I greatly appreciate people like Dr. That is the reverse response that Christ phone calls us to. Blood checks and brain scans can be used to rule out potential factors behind the mental disease (e.g. I would think that most who suffer want to be accepted rather than immediately judged).



[continue reading](#)

download Grace for the Afflicted: A Clinical and Biblical Perspective on Mental Illness pdf

download free Grace for the Afflicted: A Clinical and Biblical Perspective on Mental Illness epub

[download free The Soul of Shame: Retelling the Stories We Believe About Ourselves ebook](#)

[download 40/40 Vision: Clarifying Your Mission in Midlife fb2](#)

[download When Changing Nothing Changes Everything: The Power of Reframing Your Life djvu](#)