WHEN

CHANGING

NOTHING

CHANGES

THE POWER OF REFRAMING YOUR LIFE

Laurie Polich Short

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When Changing Nothing Changes Everything: The Power of Reframing Your Life



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Reframing your perspective can transform your daily life. Laurie Short gives a simple but revolutionary idea: switch nothing that is around you but still switch everything about your daily life. The strain of life is able to overwhelm us, and we may not see past the obstacles inside our path. In the face of unwanted challenges, we may despair over our insufficient control and miss an easier way out. We often face situations that we cannot change? a job we are forced to keep, a relationship that did not workout, a decision we cannot take back. If you put on the proper lenses, you can reframe whatever comes your way and embrace both the good and the bad, recognizing that each detail of your life is fully in God's sovereign hands. With the help of four different lenses, Laurie shows how the method you see can have an impact on how your home is. Jesus indicates the energy of focus when he says, "The eye is the lamp of the body, if the attention is good then the entire body will be filled with light. Your perspective offers more power than you think to determine the span of your life. Change nothing, but see differently." It is the simplest way to find lasting meaning and purpose.



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This is an excellent resource for men and women of all ages.Y.. Extremely encouraging and helpfull! There was so very much wisdom that I got to put it down to digest and procedure the profound insights Laurie was sharing. Understand that you are braver than you think, stronger than you appear, and smarter than you imagine. And no matter what goes on, there is a God who adores you and offers EXTRAORDINARY plans for your daily life. SO KEEP GOING. Great Reading This book changes how you see thing, how you perceive things that you have. From broken to clear eyeglasses! I discovered Laurie's book when We needed it the most. I had been in the process of writing my life tale as we decided to share our tales in a little covenant band of friends. I got eventually to a certain stage in my story and kept getting stuck. That is a must-read reserve to opening your eyes to a better lifestyle! I realized there was a disconnect somewhere. Quite unexpectedly (and God ordained of course), I came across Laurie's publication and it literally transformed everything. Her "lenses" and the Biblical support had been exactly what I needed to have perspective and to position my experiences in a way that were right to me.. And who doesn't need some help and encouragement with that! I can see points clearer.! starting tonight! Most people will say "I couldn't put this reserve down ... Laurie gives you tools to place things into a right perspective. A lot of people will say "I couldn't put this book down, it was such a full page turner. Laurie's writing style produces easy reading and her examples bring her divine inspiration to life. She told them, "Next time you're feeling unfortunate, angry, irritated or just plain overwhelmed, keep in mind theses sights (that Laurie teaches). Skimminng over such wisdom could have been such disservice to myself.l purchased this book mainly because required reading for my bible study group and little did l understand it was likely to become so much more - small did I know how Laurie Polich Short was going to change my lifestyle in that powerful, positively spirit filled way. Maybe they are going that way because that is how the creator desires it to be Despite the fact that we can't understand it at that time. Laurie Polich Short's reserve inspired me and I really believe it will motivate you, too. She encourages you to check out your lifestyle with a new vision--a perspective that may touch you spiritually, emotionally, and psychologically. Loved the book. Laurie shares a multi-visioned approach to life. Her publication is a powerful one about looking at our lives even more obviously and purposefully and seeing how God can do extraordinary things in our ordinary lives. I couldn't proceed because the method I kept writing it wasn't how I needed to see my life! Should be among N. We all have to be reminded that lifestyle is bigger then your issue we are facing today or the anxiety we are feeling or the worries that maintain us awake during the night. The four lens are laid out very simply--and there are multiple examples taken from real people circumstances that help you translate the message into your every day encounters. Laurie weaves these collectively beautifully where Truth and Grace satisfy. I liked this book so much that I read ahead and completed the reading well prior to the other ladies - and I gave it to my mother to learn! It's hard to articulate but it was as if I was stuck viewing lifestyle through a cloudy view and couldn't change it, no matter how hard l tried, even knowing that what I "saw" wasn't altogether true!. And she is right, changing your perspective toward your circumstances will change your life. Laurie grabs your interest right off initially with real life tales and sharing a few of her experiences - after that it's a full page turner. Therefore.! 'When Changing Nothing Adjustments Everything' offers you food for thought and trust me after scanning this book you will not ever go starving. May God continue steadily to Bless Laurie and her family members." Laurie's practical suggestions and stories are a great reminder to people about how much God adores us and how blessed we are. Gratitude can be essential even when stuff aren't going like you think they should. A FRESH Vision For Your

Life! This book changes your perceptions especially the last chapter. You will definitely think of things heading on in your life in a different way. Loved this book First review I've ever written!! Loved this reserve! Following is definitely a graphic she created (based on what she learned from Laurie's publication) as a reminder to girls in her high school. I loved Laurie's book "When Changing Nothing Adjustments Everything"! Think this will be considered a "must read" considering the proceedings in our world at this time. We need all the help we are able to get. Laurie weaves these together beautifully where Truth and Grace meet Every tale in this publication brings a fresh perspective on the reality she is bringing home to us: "where we choose to target makes all of the difference in what we see". Life is tale, and life is perspective. Thank you so much, Laurie, for posting your wonderful insights! It is an extremely easy read with a wonderful new way to look at life and its various journeys. Quite honestly I'm surprised this is not one of New York Times #1 bestsellers - it really ought to be! Bravo! In her book, Laurie shares her testimony, along with numerous others, showing us how we can triumph over tragedies and how our hopelessness can transform into pleasure. I will be reading elements of it to my boy and hubby at our dining room table. Laurie spoke at a Xmas Women's gathering at a local church and I was therefore impressed!. I really loved reading it and am specifically pleased with my new eyeglasses, as well! My daughter's Senior Practicum was on complaining and she used Laurie's book as the foundation for her solution to complaining. Thank you so much for writing the book, Laurie! When Changing Nothing Changes Everything is full of insights regarding a faith filled perspective that helps us to take charge of what we've control over and make use of the power of faith and perspective to navigate the trials and uncertainties of lifestyle. Her words help to very clear the fog and present me a more accurate view and one l am pleased to embrace, both the good and bad.? This is a Christian Book See headline. Laurie's honesty and transparency in sharing about her very own life and also from the journey's of others she's known individually are inspiring, offer direction and tools for seeing and understanding the situations of life with new eyes! Life Changing Inspiration! Beautifully created and easy to understand!. The movies and workbook stimulated wonderful discussions in our group, that have been truly life changing.! When a dear friend provided a summer book study of the book, I jumped at the opportunity.! I shared the reserve with my husband, who insisted that people gift the publication to our kids and grandchildren for Xmas. So we've ordered 12 more books." In this case, it was the opposite..! It was that good! A "How To" Guide which will definitely Change how you look at Life I would definitely recommend this book to everyone!. Times #1 Bestsellers! Everyone should Go through this! Excellent book. Can change your life.



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