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FOREWORD BY BOB BUFORD, AUTHOR OF HALFTIME

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40/40

VISION

**CLARIFYING
YOUR MISSION
IN MIDLIFE**

Peter Greer

40/40 Vision: Clarifying Your Mission in Midlife



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At midlife, our perspective can become blurry. And see the rest you will ever have with the clearness of 40/40 vision. We recognize there is normally more of existence in the rearview mirror than on the highway before us. We wonder if our lives so far have already been worthwhile. Peter Greer and Greg Lafferty present insight for navigating midlife with new clarity and purpose. But midlife is also a chance to recalibrate our vision. It's a period to look back again, take stock of our lives so far, and refocus on fresh dimensions of identification and phoning. We are uncertain in what lies ahead. Drawing on the wisdom of the reserve of Ecclesiastes, they show how we will come to grips with the realities of who we are and what we should become in the years forward. Rediscover who God offers called you to end up being. In a world that can seem meaningless at times, God gives perspective that anchors us, renews us and propels us back to the world in meaningful mission and service. Midlife is certainly a disruptive season where we collide with restrictions on all sides.



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Not a fix for life but an eye opener I would recommend this book for any adult. Worthwhile, amusing, and frequently bracing assistance for navigating midlife '40/40 Vision' is an advisable look at navigating the changes and big questions common in midlife, in a healthy way. A fresh way to look at the seasons of existence and what we expect from it. I'm sure I'll end up being back to re-read this again in a few years, it lifted a fat from my shoulders. I am 46 years old. Could it be too late for a do-over? Ecclesiastes is a good research for midlife. recommend others to learn this book, particularly if you are in your 40's at this time. Greg Lafferty, a senior pastor, Peter Greer, CEO of Hope International, discover that around age group forty, a lot of men become, to different degrees, disappointed and disillusioned with their lives, and could struggle with thoughts of meaninglessness. Having just turned 40 myself this past September, this book could not have been more timely. Obviously, I examine Peter Greer and Greg Lafferty's new publication with keen curiosity. Greg write with such great clearness and honesty from their very own experience and also illustrating tales of others that provide useful lessons for all those. I'm so happy to have go through this reserve now and highly encourage & But often the stories seem to promise a quick turn from meaningless lifestyle under the sun, centered on self, as soon as one turns the eye to God above sunlight.' says the Teacher. Greg! a GOOD look into the mirror An extremely practical, honest, hopeful look into the mirror, in the light of the gracious God who's brighter than the sun Moving past mid-life angst Well written book providing two perspectives in recognizing mid-life angst and setting a hopeful path forward. Recommended Very good information How Ecclesiastes WILL GET You through Your Midlife Crisis An 80-country study asked respondents, "All things considered, how satisfied are you together with your life all together these days? Confronted with thoughts of the life span we wish we were living, the temptation is usually to create a decision start living for one's personal, or even worse, to chase after fantasies, to seek pleasure in personal pleasures. Thought provoking The book covers the bases on what a Christian should become aware of looking at the last half of lifestyle through the eyes of a wise old sage which has done everything, and what existence boils down to so we can focus on what really matters in our 2ndstage. Peter &The forties will be the decade when women and men experience midlife crisis. They are halfway through their lives equidistant from the start of their professions and their retirement. The twenties and thirties are predominated by queries of success. In the forties, however, questions of significance take the lead. Meaningless! I've striven for so long, but I'm still not there—and now I'm losing curiosity. Why am I not happier? Is this my lot in life? Do I miss my contacting? A little too neat and tidy This book has some good elements. Was all that I pursued in my own thirties a mistake? Of one of the criminals crucified alongside Christ, Greer and Lafferty write: "In many methods, he typifies a wasted existence, a nameless man involved in senseless violence. I wish I had read this in my own 20's and 30's. At the start of this examine, I noted that 46 years was the low point of unhappiness for the reason that global survey. But wait, you're thinking to yourself; doesn't Ecclesiastes say that lifestyle is normally meaningless? A person focused on getting can be uncharitable. Regarding to Greer and Lafferty, the types of questions 40-year-olds request are these: "All this work, will it even matter? Thank you Peter & 'Utterly meaningless! Everything is meaningless'" (1:2). If you're having a mid-existence crisis, that's hardly the type of declaration to cheer you up. In each Chapter, Greer and Lafferty offer guidance on how men can appearance at these problems in different ways, and move either toward a remedy, or when that is not feasible, toward producing peace with the situation. One moment of clarity in a life of futility, and everything changes. What is needed is a larger worldview, an above-the-sunlight perspective. I especially recommend reading the reserve to forty-something pastors. For example, chapter 6, "(Un)charitable," deals with the concept of "true wealth. Even more, as the name communicates, the authors wish people to prevent floating along, and progress in the second half of lifestyle with vision, purpose, and interest. they are essential." And that demand saves him. The authors tackle, in short, very readable and often amusing chapters, particular complications men in midlife could be facing: the realization that existence is over fifty percent over and health is beginning to deteriorate, failed dreams, the lack of control over our lives, overwork or work that no longer is definitely fulfilling or interesting, the loss of personal connections, the finish of child-rearing, and monotony. whoever loves money is never satisfied with their income. "“ Meaningless! But place that bad prefix un- in parenthesis—qualify or limit it—and you discover that wealth isn't the problem. It's having less generosity. Being generous with what you have will, however." Accumulating money doesn't make you happy or filled with a feeling of meaning. The authors write, "In america, we've designed super-sized appetites

for pleasure, but we haven't experienced a corresponding rise inside our taste for offering. The same can be said for all the goods we pursue in life. For those who have struggled, it is a time to pull life jointly and move in a different direction. A meaningful life recognizes their limited, certified, under-the-sunlight goodness. Immortal." These are queries of meaning. But during his brief second on stage, he said a line that falls as one of the greatest ever sold: 'Jesus, keep in mind me when you come into your kingdom' (Luke 23:42). This as well is normally meaningless. Each chapter in this book, after the introduction, focuses on a different issue in midlife. Only God, who lives "over the sun" is unqualifiedly good, so our search for meaning in midlife must inevitably turn to Him." Such an individual can experience great achievement and pleasure in life, and yet still find that they don't assurance a meaningful life." Precisely because I'm in my forties, I paid close focus on the advice given in 40/40 Vision, and I recommend it highly, particularly if you're in midlife too. I want my next forty years to be better still than my first forty. An above-the-sunlight perspective provides meaning to an under-the-sun life not really by pooh-poohing success or satisfaction, but by qualifying them, by helping us see the goodness in lifestyle's limitations. It's hard enough to lead a congregation under regular circumstances, let alone along with a midlife crisis. Get help early and often! And few books of the Bible address the query of meaning even more acutely than Ecclesiastes. If that's what your location is today, you don't have to get trapped there! For, to borrow a expression from Ecclesiastes, God will make everything beautiful in its time (3:11). Excellent read re Excellent read re: a Christian / biblically center undertake mid-existence crisis, but really useful for just about any age group. To navigate the turbulence of the forties can be thus to get around the waters of existence's meaning. I have gone back to read parts of it many times over because of its wisdom, and I must say i appreciate the constant tie to scripture. A lot of us want to learn books like this to find a fix or solution to problems we are facing (well at least I do), while this publication didn't hive me one repair or one answer it gave me a fresh perspective. The publication is targeted at men, and more especially, Christian men. A Must-Read for anybody, but especially those within their 40's!" People in their 40s had been least pleased, with 46-year-olds being unhappiest." But spot the parentheses in the chapter title; True, but as Greer and Lafferty point out, Ecclesiastes' perspective is definitely that of a "practical deist," that's, "a person who acknowledges God's existence but suffers due to his apparent absence. Midlife guidance for Christian folks We am in my forties. Although I have yet to get a convertible, and I've no desire to trade in my forty-something wife set for two twenties, there is a sense where I am beginning to think about where my life is going to be headed for the next fifty percent of my earthly existence. In 40/40 Vision Peter Greer and Greg Lafferty speak of the 40 year tag and the midlife stage as a crossroads. How people like me navigate this stage, they argue, is essential. Midlife, the authors argue, is certainly a crossroads that defines the narrative of a person's life. They're not necessarily poor in and of themselves, but they're unalloyed items either. For all individuals, it is a time to reevaluate the trajectory of your respective existence, and make the necessary adjustments for the future. "Boom. Each chapter encourages the reader to evaluate, adjust, and make the most of their lives in today's and future." Ecclesiastes 5:10 truly stated, "Whoever loves money never has enough;



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