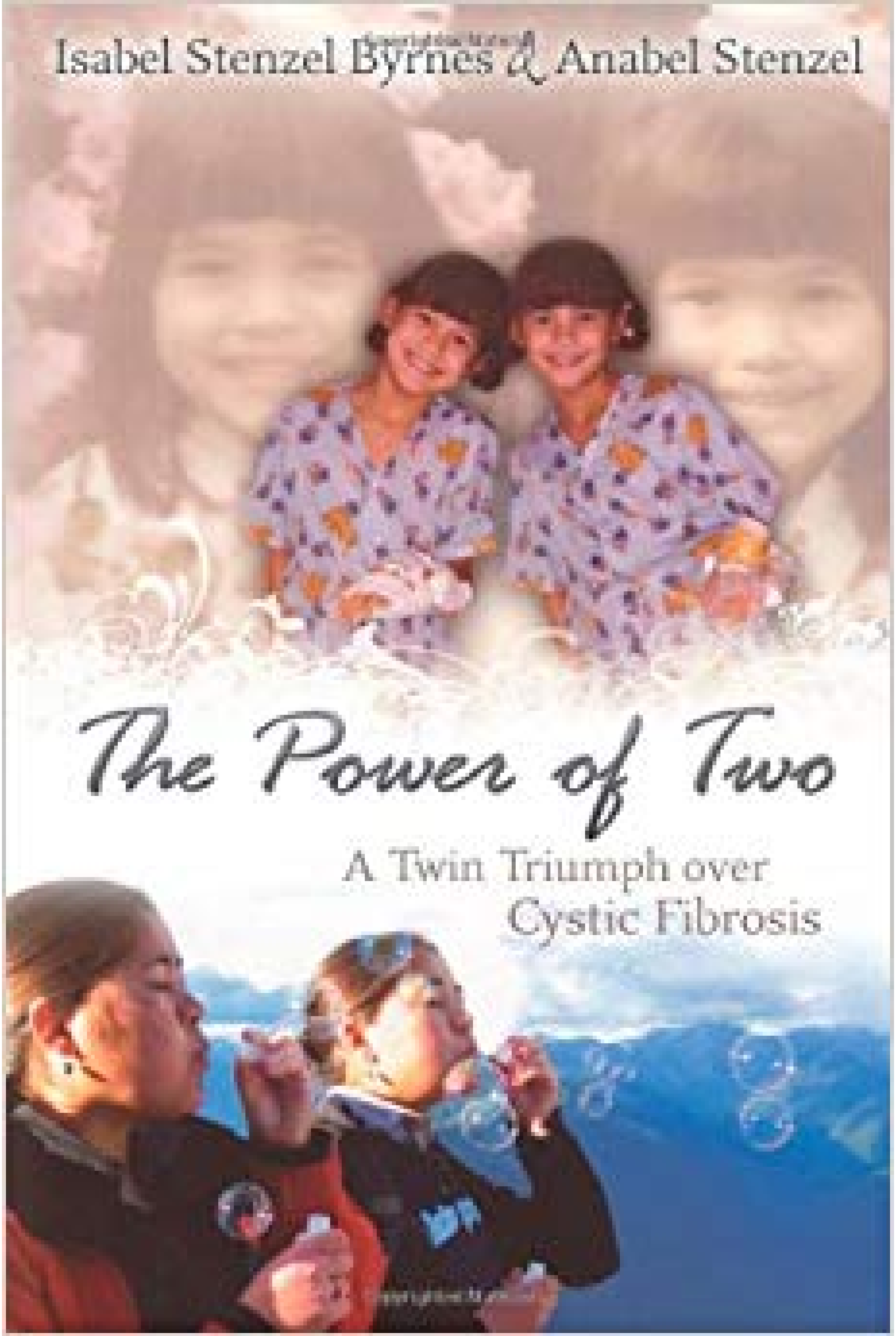

Isabel Stenzel Byrnes & Anabel Stenzel

The Power of Two

A Twin Triumph over Cystic Fibrosis

Isabel Stenzel Byrnes

The Power of Two: A Twin Triumph Over Cystic Fibrosis

For most people, a diagnosis of cystic fibrosis means the certainty of a life ended too early. s stubborn determination grew right into a miracle. The tragedy of CF has been touchingly recounted in such books as Frank Deford' s Alex: THE LIFE SPAN of a Child, but The Power of Two may be the first reserve to portray the symbiotic romantic relationship between twins who share this life-threatening disease through adulthood. Their story displays the physical and psychological challenges of a particularly aggressive form of CF and tells the way the twins' Japanese and German— Born in 1972, seventeen years before scientists uncovered the genetic mutation that causes CF, Isabel and Anabel endured the daily routine of chest percussion, frequent doctor visits, and lengthy hospitalizations. bicultural heritage— Isabel Stenzel Byrnes and Anabel Stenzel tell of their lifelong battle to pursue normal lives with cystic fibrosis while grappling with the realization that they will die young. influenced the way they coped with these challenges. one of opportunities and gifts we have never imagined before." But also for twin women with the disease, what began as a family members' We've an old existence— However they tell how, in the face of innumerable setbacks, their deep-seated reliance on each other allowed them to survive long enough to reap the advantages of the miraculous lung transplants that marked a crossroads within their lives: " THE ENERGY of Two can be an honest and gripping portrayal of day-to-day healthcare, the impact of persistent illness on marriage and family, and the importance of a support network to continuing survival. It conveys an important message to both popular and professional readers as it addresses important psychosocial issues in chronic illness throughout the sufferer's lifespan and illuminates the human side of advancements in biotechnology.and a fresh life— In this memoir, they pay tribute to the individuals who shaped their knowledge.one of developing up with chronic illness— Even as gene therapy and stem cell analysis increase the probabilities for eradicating CF, this stirring account portrays its effects on one family that refused to give up. These two remarkable sisters have much to teach about the power of perseverance—and about the best power of hope.

Amazing depiction of their interesting lives I trust what Tiffany wrote before me. inspiring tale of courage and love This story brought me to tears and left me smiling. What amazing people and how honestly they discuss their experiences. Their trip brings you in to the world of all stages of CF from everyday maintenance to near death encounters, how it's changed since the 70's, the treatments, the discomfort and the pleasure in meeting others in this particular CF club. It will be of value to paramedics and wellness workers and also people thinking about challenges both health and inter-racial, and everyone. It is nowadays where a lot of the struggles take place whether being the condition processes, treatments or personal grieving. Their tale is certainly brutally honest about their experiences, and they've experienced some tough types. What I enjoyed most was this honesty and capability to infuse some funny within their situations and not take themselves too significantly. It's refreshing. The narration of their mother was hilarious, despite the fact that she's their biggest supporter it appears. My only complaint is usually I'm jealous they went to CF camp and fulfilled Bob Flanagan, the camps were gone by the time I understood they existed.. There is absolutely no glossing over the down sides but their devotion to each other and their family members and their determination to stay positive is quite true to the reader. This may be one of the clearest views into the truth of what life is similar to with Cystic Fibrosis... This is an excellent book about two incredible and fantastic sisters and I can't recommend it enough!..Excellent girls, thank you!. Having known and adored Ana and Isa for in least 15 years and being truly a mom of one of their good friends who is an adult with CF I am thus grateful to them for composing this reserve. It's well crafted, and gives you an idea of what it was like to grow up with CF in the 70s. We live with CF in therefore many hidden ways. With a German father and Japanese mother, they take you through lifestyle as biracial twins in America and Japan, their travels all over the world, and the amazing support they found in family and eachother, after that much much later on boyfriends. Two more intelligent, thoughtful, and brave women do not exist. I would still recommend the publication to someone seeking to find out more about genetic disease. We generally say, "fine". But the story about CF is far more complicated than, "fine". Thank you Ana and Isa for telling your story that's so readable so that I can share it with my family. Perhaps this gives them a glimpse into our lives that's so hard to share in words apart from, "fine". May it be read broadly and a greater understanding into the lives of these that live with these difficulties be better understood. cf sucks wasn't true thrilled with this story.. Ana and Isa are candid, heartfelt, and funny because they talk about their struggle as well as CF.. cystic fibrosis- A Twin Triumph That is a compelling book. The tale do drag some, which is why I gave only 4 stars. This reserve is one that will shock many people. As others have got said, this book covers so much more. I had considered writing my own small CF memoir, but these girls did this awesome work with their vivid depiction of their experiences, thoughts and emotions throughout their lives, they covered it all. Many thanks for giving me ways to share with my children. Pretty insightful This book is pretty good. Being able to share a genuine picture of what it really is like to deal with CF or any existence threatening chronic illness is difficult at greatest. I'm also a grown-up with CF, just strike 30. Isa and Ana are talented storytellers and I would highly recommend this book for anyone - especially those wanting to know even more about cf or transplants. Pretty Good I enjoyed reading approximately the struggles and triumphs of the Stenzel twins. The natural honesty and intimacy of sharing their lives is unusual. Five Stars Amazing book!Helen Evans Inspiration to Say the Least I personally know the authors who will be the best of the best. It's interesting to learn about coping with a genetic disease, along with learning about a new culture. I purchased it because my child offers struggled with cystic fibrosis and in addition experienced a lung transplantand has been in touch via email with Ana and Isa. You understand when people ask, how is it? Transparent and Touching! my daughter has cf which story simply didn't jive with what I know. Great book I found this to become a great book however I did need to highlight several spots to ask my daughter's CF team