

Sixth Edition



Physical Change & Aging

A Guide for the Helping Professions

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 **SPRINGER PUBLISHING COMPANY**

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Physical Change and Aging, Sixth Edition: A Guide for the Helping Professions



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[This book] has been honed into a stylish compendium. Rosalynn Carter This sixth edition of a traditional multidisciplinary text for learners of gerontology proceeds to provide practical, reader-friendly information about the physical adjustments and common pathologies linked to the aging process. This 6th edition has been completely updated to present new research results that differentiate "normal" aging from actual pathology and includes substantially updated information on medical diagnosis and treatment. This updated version carries on the tradition of providing valuable information on growing older and age-related health issues. It incorporates new data from healthy older adults demonstrating that growing older is not necessarily as devastating as earlier analysis had indicated. This outstanding work ought to be widely read ?± it is perhaps the best example of an integrative method of gerontology. Also included can be an updated conversation of grief, ethical problems, and funeral options. The book is usually distinguished by its comprehensive concentrate on anatomy and physiology and common health problems pertaining to each body system. It emphasizes the strengths of maturing and demonstrates how the elderly inhabitants can gain better personal control, through lifestyle changes and preventive health strategies, toward the goal of optimal aging. Rating: 94, 4 superstars ?± Doody's "Physical Switch & Aging is a well-respected source for caregivers ever since it was published in 1978. ?± Previous First Lady Mrs. The publication provides brand-new data and suggestions on risk factors, diet, preventive measures, interventions, and typically prescribed medicines, and includes expanded treatment of complementary and alternate therapies. It places particular emphasis on the psychological and public implications of these changes in the lives of old adults. The publication reinforces information with useful applications of aging data. Additionally, the publication is a useful practitioner's instruction and an quickly understandable book for family caregivers. Written for students of gerontology, social function, human services, nursing, medication, occupational and physical therapy, counseling, and elder law, it presents information that's clearly understandable for all those without an extensive background in biology or medicine. THIS 6th EDITION INCLUDES NEW INFORMATION ON: Medical diagnosis and treatment Behaviors and interventions that promote even more control over an individual's aging procedure Genetic/DNA theories Dementia and Parkinson's disease Immunotherapy Lifelong health disparities Animal-assisted therapy Prayer and meditation Pharmacogenetics Geragogy (self-directed learning) Caregiver wellness as a public health issue Natural funerals (biodegradable caskets, burial urns, dying in the home)



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this textbook can do just fine. This textbook is not designed for Allied Healthcare . For the very basics of biological aging processes, this textbook will do just fine... Very interesting if you are in the field, but this course has helped me decide never to enter a geriatrics field. Quite simply, this book is not comprehensive science textbook. We cant really say that I love or love this product because it is a requirement for class. It is simplified and easy to read, however, it generally does not move in-depth about a large amount of the age-related diseases and circumstances. This textbook is not intended for Allied Health care professions, unless it really is used for a synopsis of the essential biological constructs of maturing.. Five Stars Item as described, has helped me a lot in my dimensions of aging class. It works it is what I want for my class. I'd say it had been useful for me to read as a good review before class started since I had not been familiar with health areas of aging. Five Stars Good information Five Stars Great! On time delivery! On time delivery and great text message book! I actually cant really say that I love or love the product since it is a necessity . While it is a well written book, my view is certainly tainted by the class.. Such a great book and so well organized and written Everyone must have a copy of this. It does not even point out the current research that is being conducted. Good simplified review, but not in-depth as I would have liked. We used this for AGE 556 at PSU. Such an excellent book and so well-organized and written Bought for class Bought for class. It would also not be reasonable for me to knock this textbook either. Publication looks to be in new condition Five Stars Apps like this shouldn't wxist. One Star I don't like it



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