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JIM KNIPE



# EMDR TOOLBOX

Theory and Treatment of  
Complex PTSD and Dissociation

SECOND EDITION



Jim Knipe PhD

EMDR Toolbox: Theory and Treatment of Complex PTSD and Dissociation, Second  
Edition: Theory and Treatment of Complex PTSD and Dissociation



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Praise for the First Edition: "[R]eading this book has given me a complete host of new concepts about dealing with complex and dissociative customers. New to the next Edition: Describes new strategies and refinements of regular methods for treatment of customers with complex psychological problems Includes two completely new chapters, "Internal Healing Dialogue" and "Case Example: treating the issue of 'attachment to the perpetrator'" Provides new case illustrations in childhood sexual abuse Offers new sections about treating chronic defensive shame, the importance of "fast" vs "slow" thinking processes, and new applications of "Loving Eyes" procedures Includes ebook with the purchase of print version Key Features: Compiled by an EMDRIA-designated "Expert Clinician" Delivers successful treatments options for difficult-to-deal with clients Provides a theoretical framework to steer assessment and treatment of clients with complex PTSD Includes specific AIP tools, verbatim therapy scripts, customer drawings, and case studies Discusses each intervention in detail, illustrating the nuances and variation in various applications" Carol Forgash, LCSW, BCD "This book is a jewel for EMDR clinicians. Bolstered by supporting theory and current research, the reserve also discusses how the principles and vocabulary of other types of dissociation translate straight into EMDR's Adaptive Information Processing (AIP) language. Robin Logie, EMDR UK & Ireland "A excellent and accessible reserve [T]he details in this reserve will revolutionize EMDR treatment with complex trauma/dissociated clients. Crystal clear and engaging, peppered with relevant case histories, this publication would make a significant addition to anyone's EMDR-related book collection. It is also recommended for any professional interested in the treatment of complicated disorders Jim Knipe is certainly a highly gifted professional which is the result of many years of encounter and practice. The book provides an overview of the principal issues in treating these complex emotional problems and describes impressive methodologies with a wide variety of clinical presentations that originate in or include disturbing traumatic memories. The second edition reflects the writer's ongoing attempts to design treatments that can significantly extend the therapeutic power of methods based on an Adaptive Details Processing model. It describes fresh discoveries that promote effective means of structuring therapy periods and refines original treatment procedures that can facilitate and properly accelerate therapeutic progress." Dolores Mosquera, MS, Amazon Review This innovative reference for therapists trained in Standard EMDR delivers a robust set of EMDR-based "Equipment" - useful approaches for helping difficult-to-treat clients with complex emotional problems. It also describes how exactly to integrate particular EMDR-related interventions with additional psychotherapeutic remedies. Each intervention is certainly examined at length with accompanying transcripts, client drawings, and case studies illustrating the nuances and variations in intervention program." Dr..



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