

JIM KNIPE



EMDR TOOLBOX

Theory and Treatment of
Complex PTSD and Dissociation

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James Knipe

EMDR Toolbox: Theory and Treatment of Complex PTSD and Dissociation



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[R]eading this book offers given me a complete host of brand-new ideas about dealing with complicated and dissociative clients... Key Features: Offers a theoretical framework to steer evaluation and treatment of customers with Complex PTSD Acts as a "hands-on" resource for using specific EMDR procedures Describes each intervention in detail, illustrating the nuances and variants in various applications Includes specific "AIP" tools, real therapy scripts, and client drawings Covers DSM-U PTSD criteria" The book discusses how the principles and vocabulary of additional types of dissociation (particularly the Theory of Structural Dissociation of the Personality, and the Internal Family members Systems model) translate straight into EMDR's Adaptive Details Processing vocabulary. Robin Logie, EMDR UK & Ireland This book may be the first to gather in one volume a synopsis of the principal problems in treatment of dissociative disorders in complex PTSD, and a explanation of the integration of particular EMDR-related interventions or "equipment" with other psychotherapeutic remedies. These tools can considerably expand the therapeutic power of EMDR-related methods. Each intervention is certainly examined in detail with accompanying transcripts illustrating the nuances and variations in how the intervention is applied. It really is written by an extremely esteemed EMDR scholar, trainer, international speaker, and author who's an EMDRIA-designated "Expert Clinician." -- Dr. It presents detailed descriptions of specific EMDR-related equipment that are useful in facilitating and properly accelerating therapeutic improvement with clients experiencing Complex PTSD. The reserve will become of great value to therapists who wish to extend their use of simple EMDR with "easier" customers to using it efficiently with an increase of complex clients. Included in these are such standard EMDR procedures as Trauma Digesting and Resource Installation, several conceptual/cognitive/phenomenological types of dissociative personality structures and symptoms, and particular EMDR interventions for resolving dysfunctionally stored post-traumatic elements. Clear and engaging, peppered with relevant case histories, this reserve would make an important addition to anyone's EMDR-related book collection.



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Must Read In case you are practicing EMDR this publication is crucial read (even if you are not it is well worth reading) I think it is unfortunate that we are not more fluent in the underpinnings of pain and trauma since it pertains to helping people heal. FANTASTIC reserve! Our field is becoming more fluent in the complexity of trauma. I've read "YOUR BODY Keeps the Score" by Van Der Kolk. This can help in displaying that some things could be tied to others and offers some ways to go about it if you seem trapped. There are therefore many books and it is challenging to discern which one is definitely a must, which one would be nice to have, and which one's to move. It is pretty technical and definitely was a difficult read due to my lack of training, but there are plenty of nuggets found in this publication, even for a normal person like me. I had a very abusive childhood and wished to know very well what happens to your brain. Would be great for actual therapists because it talks about other theories and how those could be tied to sessions of EMDR training. Jim Knipe beautifully identifies the presence of dissociation and the importance of having fluency in not merely identifying this as an result of trauma but as a constant outcome. "EMDR Toolbox" is an exceptional book. I can't recommend it highly enough! A strong review of the more complex issues of navigating with clients who are likely to look for EMDR as a healing option Outstanding explanations of advanced protocols Outstanding book with superb explanations of advanced protocols. Knipe's very thorough and well-written publication is strictly what I had a need to expand my EMDR repertoire. I focus on treating PTSD and Complex PTSD in people who have chronic pain, and the standard EMDR protocol wasn't going far more than enough! Very helpful! excellent resource for dissociation. Just purchase it!! Dr. Jim Knipe Using the techniques in program and has been healing to my clients! BUY THIS BOOK BUY THIS BOOK! This book is a wonderful resource for learning new approaches for applying EMDR with clients. !. amazing book love it Five Stars This is an extremely helpful book for complex PTSD Also, Knipe's use of ovals in depicting the personality, defenses and trauma memories helps to explain these concepts to clients. This is a book I will go back to multiple times. A strong overview of the more technical issues of navigating ... Dr. Just how Knipe organizes his materials and presents it in extremely readable and understandable ways has impacted just how that I practice in general.. The information is very useful especially the Word for Word session good examples given. The book is well-written with so many helpful descriptions and case examples. Great Book As a clinician that has read many books in the field that is one of the books that needs to be browse cover to cover. Knipe will a great job describing the theoretical underpinnings for why he does what he does. This book is a wonderful resource for learning new approaches for applying EMDR with clients.



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