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Psychology of Aging

A Biopsychosocial Perspective

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Psychology of Aging: A Biopsychosocial Perspective



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The only graduate text to encompass the entire range of issues regarding the psychology of aging. This may be the first graduate-level text that offers a comprehensive, in-depth chronicle of issues encircling the psychology of aging emphasizing psychology, with a foundation in the biology, and an expansion in to the sociological aspects of aging.

Key Features:

- Addresses the biological underpinnings of aging, psychological components, and social aspects
- Written by a variety of experts about each area
- Emphasizes critical thinking throughout the text
- Presents discussion queries in each chapter
- Includes PowerPoints and an Instructor's Manual with sample syllabi

Tailored to graduate college students from multiple disciplines embarking on clinical or research professions involving older adults. Among the large number of topics tackled are biological theories of ageing, neuroimaging methods in aging study, neuroplasticity, cognitive reserve and cognitive interventions, a detailed summary of neurocognitive disorders in aging such as Alzheimer's disease and Lewy body disease, human relationships in aging, function vs. retirement, cultural problems in aging, and maturing and the legal system, to name a few crucial topics. Written for graduate learners in multiple gerontology-related disciplines, the text can be of value to people studying nursing, medicine, sociable work, biology, and occupational, physical, and speech therapies. In addition it offers chapter PowerPoints and an Instructor's Manual with sample syllabi for a 10-week training course and a 15-week course. With an focus on advertising critical thinking, the text is enriched with discussion questions in each chapter along with ideas for more in-depth readings. The written text is split into three sections: biological underpinnings of maturing, psychological components of aging, and interpersonal aspects of aging.



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Five Stars This is an extremely nice and easy book .. happy to read it.



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