

FOURTH EDITION

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COUNSELING ADULTS IN TRANSITION

LINKING SCHLOSSBERG'S THEORY WITH
PRACTICE IN A DIVERSE WORLD

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Counseling Adults in Transition, Fourth Edition: Linking Schlossberg,Äôs Theory
With Practice in a Diverse World



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The just textbook explicitly made to address counseling with adults who are coping with individual, relationship, and work transitions, this volume integrates the basic tenets of adult advancement with therapeutic practice. The volume also expands its factor of spiritual and sociable justice issues and provides a more integrated and holistic approach to adult transitional counseling. Important Top features of the New Edition: Predicated on Schlossberg's technique, a new model for counseling adults in transition Offers practical new strategies and exercises for make use of in transitional counseling Addresses unemployment and coping in an uncertain social/financial context Focuses on reduction and resilience, diversity, tradition, social justice, and spirituality Contains new sections on transitioning to adulthood, living plans including diverse family members structures, flexibility, siblings, in-laws, and pension Introduces new concepts such as for example collectivist coping, hardiness, mindfulness, and transcendence It really is predicated on Schlossberg's theory of transitions, a new process and articles model that offers effective techniques for helping adults to understand and successfully navigate normal lifestyle transitions. This revised edition addresses modern societal ills that exacerbate adult lifestyle transitions, such as a tumultuous overall economy, increased unemployment, bankruptcies, and foreclosures, and targets our increasing racial and cultural diversity.



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Great resource for just about any counselor or counseling college student working with/interested in adult populations Great resource for any counselor or counseling student functioning with/interested in adult populations. Great book with an increase of than you would like to know. Will sit proudly in my collection of transition classics. Many useful approaches for individual and group guidance practice. Super reference and resource!



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