

## Barbara Cawthorne Crafton

## The Courage to Grow Old



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• A best-selling Morehouse writer for many years • Addresses one of today's most pressing topics Here is Barbara Crafton at her best?funny, warm, direct, honest, and vulnerable?on aging. We ought to be proud! Today, I am ageing myself. I have already been an Episcopal priest for 33 years and also have had extensive experience in ministering with the elderly. I hate it when people are ashamed of being old. "I think getting older is definitely both funny and unfortunate, but mostly it simply makes me grateful to become alive and in a position to reflect." she proclaims. Join her in this special event of life!



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It Takes Courage to GET OLD This is the best book on aging (sometimes gracefully, sometimes not) that I have found. After reading my copy, and re-reading certain chapters, I have ordered extra copies for several close friends. Barbara Cawthorne Crafton's writing is superb — honest, humorous and profound simultaneously. Insightful, with a sense of humor, Barbara addresses growing older in American society Barbara is a thoughtful author and speaker, bring Christianity to light in the daily occasions of persons surviving in their senior years. Four Stars She has insight like few others. AN EXCELLENT Read for Seniors Well and beautifully written. A particular book for those in or approaching seniority. Excellent book. Excellent book. Courage Great browse for older Episcopalians. Loved it!.. This writer has been to old age and knows how exactly to enter and live it courageously and gracefully. This would serve well as a meditation facilitator for anyone who is human. Her publication is so "right on" and when you listen to her speak she just "says it enjoy it is! Very optimistic! The last chapter was the best... Shipped quick with no hassle. Do examine it and pass it on Five Stars Thank you. I needed even more of her after scanning this small book. This would serve well as a meditation. Her book is indeed "directly on" so when you hear her speak she just "says it like it is Had the pleasure of conference Barbara. Loved it! Great discussion material Found in a book research. Great dialogue material morning I really like this author and We had the pleasure of hearing." but she appeared to enjoy it.. I really like this author and I had the pleasure of hearing her speak. This publication was a gift my mother asked for therefore i can't talk with its content material, but she appeared to enjoy it.



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