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Steven P. Shelov, M.D., M.S., F.A.A.P., Editor-in-Chief

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Your Baby's First Year: Fourth Edition



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The one instruction pediatricians most recommend—today completely revised and updated! More than 4 million copies offered. s First Season, the definitive all-in-one resource that provides authoritative advice on every part of infant care and attention.s most trusted name in child caution, comes Your Baby' From the American Academy of Pediatrics, the nation' Featuring brand-new and expanded content, including the latest reports on cutting-edge study into early brain advancement, the fully illustrated fourth edition of Your Baby' In depth, reassuring, and up-to-time, Your Baby' • Updated safety requirements: the latest AAP suggestions, including immunizations, childproofing, and toy security • An updated chapter on developmental disabilities • A complete wellness encyclopedia covering injuries, illnesses, and congenital illnesses • Growth and developmental milestones through the initial a year of a kid's life, including physical, emotional, and cognitive advancement • Breastfeeding dialogue, including its benefits, methods, and challenges, as well as nutritional needs and vitamin/iron supplementation • Recommendations for choosing child treatment programs • Suggestions for prenatal treatment, with spotlights on maternal diet, exercise, and screening checks during pregnancy• Plus much more Car safety, including information on car safety chairs • Security checks for home, including bathing, avoiding drowning, poisoning, choking, burns, and falls •s First Yr includes s Initial Year can be an indispensable guideline for parents everywhere.



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This is an excellent little book to transport around. This is a great present for an expecting mother and father. It's well created and extremely easy to comprehend, even including small diagrams and some growth charts in the back. We've also bought two copies- one for some misinformed grandparents and one for another mom-to-be. I will probably hand mine over to my sisters or get them a fresh copy. It covers almost every topic imaginable for the first couple of years, from breastfeeding (and method) to different muscle mass reflexes and behavior and the like. It's kept us from calling him on many different events. AAP may be the best! Best Baby Book for the 1st, second and all kids to follow!. This book is filled with useful information. This publication had such great details, that everything your doctors don't tell you, forget to let you know or let you know wrong, you will find and have comfort out of this book. Everything from mother's treatment, to c-section and vaginal birth recovery, colic/gas, holding a baby, healing after a circumcision, the naval stump falling off and more. I cannot tell you how much this publication helped with milestone and actually feeling as if you are doing the proper things. A MUST buy! Wanted something with a bit more in-depth details on medical issues and developmental milestones. Google" for everything. Our Pediatrician gave us a copy of the book at our 1st appointment for our little lady and my husband and I have read over it several times. Enjoy your baby Enjoy your child. Don't focus too much on milestones - it makes you feel like you're checking a box instead of enjoying each brand-new accomplishment. Five Stars We present this to every new parent we realize! I utilized it for my second kid and still left it on the coffee table so I could return back and remember what to expect in the weeks after coming home. Nothing compares, believe me! It has taken me forever (exaggerated of program) to find this reserve. I received the first edition 9 years back and no other book actually half fits how great this reserve is. It really is detailed what things to expect during every month, ways to help baby develop abilities, messages for grandparents that are tactful and very kind, and even has advice for teenagers. This book is a MUST buy no matter just how many kids you already have. This book was recommended by our pediatrician therefore i bought it less than 24 hours after our baby was created. Just like 'what to expect', this book includes a first aid, disease and vaccine part and then goes on to explain babies' development for every month. The only thing where I've observed this book is lacking is about sleep. Being truly a Pediatric nurse pertaining to over 32 years I know The American Academy of Pediatrics may be the best. I like that this publication also offers a section in each chapter dedicated to grandparents, explaining that points change over the years and to respect the parents' desires and things like that! This publication gives me more reassurance than 'what to anticipate' because I know it's directly from the AAP. This book was recommended by our pediatrician therefore i bought it less than .. I've used this publication right now for both of my children and highly have recommended it to friends and family (when they have theirs). Good for the milestones, but not a lot of comprehensive info As FTM, I wanted a baby reserve that was even more credible than "What things to expect the first year", but found the two books largely the same. It has been such a great resource with the perfect info for baby. It eases my mind a lot and lets me know very well what baby ought to be doing. I definitely recommend this for folks preparing for baby and not simply the first one :) You would be better off googling most of the topica Very basic information only. Everything was place as and I hardly ever felt like I had a need to call on "Dr. Google is fine, but we find there are so many non-experts sharing what they think is helpful, but by the end of the day we simply wanted an expert's perspective. Of course, if you are experiencing an emergency, you should ALWAYS call 911, but also for minor things this publication is wonderful. Essential for new parents This book has been such an excellent resource for my husband and I as we navigate new parenthood. You would be better off googling the majority of the topica. This book is a great reference at 2 AM when we weren't sure if calling the Pediatrician was necessary or not. Came back item as I know how to modify a diaper and that I will place a baby on it's back again to sleep. Great book Absolute will need to have for all new moms! Given to us by our pediatrician. The index makes it very easy to look up a particular topic quickly.

I supplemented this publication with 'Healthy Rest Habits, Happy Child'. Five Stars Thanks! Eh If you want mainstream medical propaganda. The book is okay, but try not to fall into the comparison trap - it required us a while to comprehend this but we were so much happier when we did. Can't wait to read it. Delivered on time Arrived in great condition.



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