

*Nassim Nicholas Taleb*

# ANTIFRAGILE

THINGS THAT GAIN FROM DISORDER

*New York Times* BESTSELLER

AUTHOR OF *The Black Swan*

"Startling ... richly crammed with insights, stories, fine phrases and intriguing asides ... I will have to read it again. And again."

—Matt Ridley, *THE WALL STREET JOURNAL*

Nassim Nicholas Taleb

## Antifragile: Things That Gain from Disorder (Incerto)



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Antifragile is normally a standalone reserve in Nassim Nicholas Taleb's landmark Incerto series, a study of opacity, good fortune, uncertainty, probability, human error, risk, and decision-making in a global we don't. Ambitious and thought-provoking. Fooled by Randomness, The Black Swan, Pores and skin in the Game, and The Bed of Procrustes. extremely entertaining. Just as individual bones get stronger when subjected to stress and stress, and rumors or riots intensify when someone tries to repress them, a lot of things in life reap the benefits of tension, disorder, volatility, and turmoil. Why do government responses and social guidelines protect the solid and hurt the weak? Compliment for Antifragile's message is groundbreaking: The antifragile, and only the antifragile, can make it. In The Black Swan, Taleb demonstrated us that extremely improbable and unpredictable events underlie almost everything about the world. . . How do the sinking of the Titanic save lives? the antifragile gets better and better. Furthermore, the antifragile can be immune to prediction mistakes and guarded from adverse events. Why is the city-state much better than the nation-state, how come debt bad for you, and why is definitely what we contact "efficient" not effective at all? What Taleb has identified and calls " Why should you compose your resignation letter before actually starting on the job? The resilient resists shocks and stays the same; The book spans invention by learning from your errors, existence decisions, politics, urban preparing, war, personal finance, financial systems, and medicine. And throughout, in addition to the street wisdom of Fat Tony of Brooklyn, the voices and dishes of historic wisdom, from Roman, Greek, Semitic, and medieval sources, are loud and apparent. Antifragile is normally a blueprint for living in a Black Swan world. A bold reserve explaining how and just why we ought to embrace uncertainty, randomness, and error . is that category of things that not only gain from chaos but require it in order to survive and flourish. antifragile" The additional books in the series are The antifragile is beyond the resilient or robust. In Antifragile, Taleb stands uncertainty on its head, rendering it desirable, even required, and proposes that stuff be built-in an antifragile manner. Nassim Nicholas Taleb, the bestselling author of The Dark Swan and one of the foremost thinkers of our period, reveals how to thrive in an uncertain globe." .The Economist " Erudite, witty, and iconoclastic, Taleb'— It may just modification our lives. t understand. .Newsweek



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Drinking his own koolaid In the beginning of the book Taleb states that he will, "eat his own cooking" in the sense that he lives by his own tips. It seems pretty obvious from the tone of the written text and his immature and vitriolic attitude that he has truly gone to drinking his very own koolaid..... You may BUY the books, rather than borrow them, because this, and other, reviews suggest strongly that you will reap the benefits of reading the books more than once. Almost everyone knows that money under a mattress loses its worth in inflation annually.. In case you are worried about the economy failing, then your cash is merely plain worthless anyhow! In short, this one is certainly a definite pass! I was so impressed with the suggestions of this book, i browse the entire bibliography section and chosen my next set of books to read. iPads;. (He's a man; his good examples are fountain pens and paper books vs Mac pc & Read the various other positive reviews--they'll persuade you, and easily were able to follow the book better, I may have written one of them myself. mine are outdated Singer treadle sewing devices and analog rug looms vs. Despite many references that are hard to follow I believe this book includes a powerful message. The reasons are counter-intuitive for most, but obvious once described. He rips on previous colleagues who he seems to believe to possess wronged him. As the various other reviewers have noted, that is an extremely disconnected and repetitive book."Taleb makes me function to let go of the smaller factors that make me personally excessively irritated (not the word I want but the closest that the review plan will let me make use of) in the light of my overall agreement along with his perspective. If somebody in 2007 said Fannie Mae can be stable force them to get Fannie Mae stock, so they possess tonnes to loose if Fannie Mae will go bust .=====A even more real example here . As it is, plenty of "everything with a soul WAS silenced," when anyone commits suicide that medicine could have avoided (p. 41, review duplicate).And now I've spent six lines ranting around three stick-in-my-mind lines that don't negate all of those other book. I won't need to know or predict how intense Nemo would be( so long as i acquired a torch, drinking water, gas stove, gas room heater, enough meals, gas and cash ).\* Why the wheels on your suitcase may be one of the important inventions of the 20th hundred years.) <end rant>I go through a Harvard professor blog page last year having said that, "How could we predict three disasters--an earthquake, a tsunami, and a nuclear meltdown?" The writer breaks the book into several sub-books: Reserve I: Stress is required for growth Book II: Protecting something from stress can backfire Book II: How to live in antifragile ways etc. I hate might work, and possess for a long time, this publication provides helped me clarify particular aspects of why I hate my work. Taleb says, "fifty thousand in extra cash in the bank or, better, under the mattress, is definitely redundancy". If there are insights in it, they are not likely to shine through. Its a thrilling go through and through with some extremely sharp , insulting in the face examples and name phoning and occasional caustic 'Fat Tony' humor .Here's the offer: you don't Browse Taleb on the strength of the evaluations; you examine his books (some of them) because you're tired of your close friends talking about his ideas (or not)(probably it's just one single friend, but it's that interesting one who is uncannily right about stuff some of the period) and you need to obtain it direct from the source. This coming from a person who is certainly supposed to be always a financial expert.We doubt I'll be reading this one "every few months," as has been suggested.\* Why you cannot trust predictors( charlatans! Fear is the only publication that occupies that space in my own life, and even that's more like "every 18 months," rather than every two or three 3. Perhaps, nevertheless, I'll stay a reminder in my tickle file to check out Taleb (any) the next time I wonder easily should renew my flood insurance coverage.\* Why the desk and chair have lasted for 5000 years and probably will for another 5000, however your smartphone and e-reader wont..." the elevation lines on the topo

map say "one of these days." Forces you to re-examine every possible environment in life This book can be an eye opener in its entirety.\* So why disinfecting with Lysol in fact hurts your child a lot more than letting him play with some dirt instead." But I visited Duke. Affiliate person in the Taleb fan club here The author has a well-earned fan club, and I'm almost a member, and I'm nearly smart enough to check out all of the arguments and simply smart enough to believe it may not completely be my fault. Out of Conventional Thinking Antifragile reminds us that what we have learned through evolution and human history matters and should be trusted.\*You don't need understand how  $x$  behaves, so long as you can control  $f(x)$  where  $f(x)$  is your exposure to  $x$ .\*my contrived example here...==== $X$  = depth of riverAverage( $x$ )= 4 ftPast observed Max( $x$ ) = 6 ft [ predictors continue to state safe for human beings taller than 6ft based on past experience ]-- this is the suckers trap, turkey issue, fragilista. Furthermore, fifty thousand in money is covered by the FDIC.. whatever you would like to call it. Would be a 5 star if it didn't get monotonous.e. lack of evidence is not really evidence of absence, the unintelligible is not unintelligent, also called the black swan, excess fat tail, ...unidentified unknowns whatever you need to call it..Now because we don't know Max( $x$ ),  $f(x)$  could be one of [get wet, near drowning, drowning, death,...]with life jacket though even with unknown Max( $x$ ) ,  $f(x)$  is bound to get wet. "Moods," IMO, aren't equivalent to suicidal depression... Outstanding Essential read for all thinking about understanding complex systems within today's amount of modernization. (He offers another unsupported position about HRT that could easily fit into this rant, aswell. A fascinating reserve that may help you see the light A remarkable book that explains a few of the reasons why many of our current organizations and institutions are harmful to society.( and such wisdom provides been with us humans permanently, until modern day attempts to predict everything ). This example is merely one of being Robust and not anti-fragile, an anti-fragile example will be if bought insurance before hurricane Sandy for 10 times the worth of my house say on the NJ seaside, i would infact start hoping that the hurricane ruin my home (i.e. i've upside (convex)  $f(x)$  with the volalility of  $x$ , and i'd like  $x$  to be volatile in that scenario )The same principal used can answer some though provoking questions (you will see answers in the reserve )\* Why our ancestors are way smarter than we ( moderns ) think they are . 10% of book pays to, 90% of book is a rant about fragistas Antifragile systems, as the writer explains, are the opposite of fragile systems, where stress breaks the system. Almost every page will enlighten you about areas of everything around you. The engineers say "never.. However the author missed to indicate that fragile and antifragile are in fact complementary, not really opposing. YMMV.\* So why and how mother nature makes the best decisions without actually understanding the variables( instead of doctors/ professors/ forecasters who try to predict  $x$  .. , not control  $f(x)$ ), and by the very nature of fats tails always obtain the predictions of  $x$  incorrect !will help you going ahead in every aspect of existence. I came across the book lacking in two areas: 1) 10% of the publication presented useful understanding, while 90% of the book criticized other people, politicians, etc. To give you an idea of a few of the absurdity, one need look no further than this gem in the beginning of the book. ). Art & ) who've no "epidermis in the game". They predict you loose , they keep the upside , you cover the drawback. Specifically, the three lines about our world getting better because we've Silvia Plath's poetry because she didn't have Prozac appear, if you ask me, to fly when confronted with his overall position that no-one should advantage because another person absorbed all the suffering.and several such other examples.We am not getting into every detail here, but to end this highly recommended, Just like a 21st century bible.. With your time 100% Read it, it's value your time.\* So why ancestral heuristics though sometimes opaque remain the correct method of a complex ( nonlinear) world (instead of logicians failing woefully

to analyze it and hence discard the heuristic ). In antifragile systems, stressing a system can cause the system to become better still than it was before. Psychiatrists call it "post traumatic growth. The writer deems them "fragilistas" - people who didn't learn how to reside in a antifragile method, the clearly superior way in the author's eye." I believed, "Two of these items are parts of the same thing..." Athletes contact it "no pain no gain. Sometimes, the book felt like a assortment of tirades about fragilistas, written by a flippant teenager. Tough read, but well worth the effort I'm not a philosophy student or other academic, and I'm unfamiliar with a lot of the literature referenced in the book. 2) The reserve describes fragile versus antifragile as two opposing styles.. See its that simple, we control the publicity , not the storm.) Simultaneously, I observe myself ignoring the bit about staying out of debt, or perhaps pretending "it will be different with me.. Helped me rationale issues I always experienced but couldn't formulate. I was engaged in 10% of the publication, and bored in the 90% of it. the latest digital embroidering machine, which will be obsolete next time MicroSoft releases a fresh OS. Like many people I'm on the incorrect side of this analysis, employed in a sucker job for a corporation.. It has also supplied me with some superb ideas on how best to change. I'm grateful for this book. Deep Coul not understand.I have to laugh at the way the author's viewpoint makes me feel wise in the places where my actions "agree with" his recommendations -- escape the stock market, keep options open, rely upon and that old college technology will be about longer than anything new with an on/off change.. Antifragile locations Nassim Taleb among the best philosophers of our time.I most recently applied this to Winter storm Nemo (as i was reading the book).. Must read, very important subject for the new automated lifestyle Great read, very important topic.Nevertheless Max(x) is really not knowable , we.The central theme may be the thesis of what NNT has spend his life researching and believe me he manages to keep it simple, so very much therefore i can summarize the book in a single line. However, new tools and improvements, which haven't proven to be robust more than enough might be fragile



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