



Joann Fletcher

Oils and Perfumes of Ancient Egypt



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Ancient Egyptians at most degrees of society were extremely worried about scent and cleanliness and utilized a range of aromatics and essential oils to suit every occasions, both in this lifestyle and another. Joann Fletcher investigates the considerable evidence in artistic, literary and archaeological sources and provides helpful information to various natural oils and perfumes favoured by the historic Egyptians. Finally she suggests numerous ways to indulge yourself in accurate ancient Egyptian style. She talks about where they came from, how they were produced and stored and at the different ways in which these were used - practical, therapeutic, sociable, religious and funerary.



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Enlightening reference book I bought the reserve used; the oils weren't included in the buy. I highly recommend it. There are reproducible quality recipes inside. Five Stars Thank you. Joanne Fletcher has a good writing design and a great deal of understanding of her subject. Evidently Cleopatra perfumed different regions of her body and locks with different scents at the same time, which I have started to emulate; It is a wonderful, sensual learning encounter! Great recipes, great small publication. As I am researching historic Egyptian therapies this was just a lovely surprise. I love them, and also have tried most of the ideas. Great Info for size of book I've browse many books on Old Egyptian use aromatic vegetation and oils, which one, though small, is chock full of extremely detailed, historically accurate material. cinnamon essential oil massaged into my foot, lotus oil gently brushed through my locks - surrounding one's self with scent is so great! The citations and timeline are of help also. Blissful experience The perfume of these products is unlike anything I have ever used. Becoming allergic to numerous perfumes, this was only a blissful encounter. After an aromatherapy massage the perfume lingers for a long time and people have asked me what perfume I am wearing. Lovely scented oils and book with history and ideas for use This set from the Uk Museum provides three basic oils used widely in ancient Egypt and a high quality booklet with the history of that usage, with recipes and ideas to work with. It's an interesting read and reference for anybody thinking about the perfumery of the ancient world, Egypt. Brilliant Book Filled with great factual info and interesting tales. Paperback. It includes info on artifacts and circumstances for use.



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