



BACK TO NORMAL

Why Ordinary Childhood Behavior
Is Mistaken for ADHD,
Bipolar Disorder, and
Autism Spectrum Disorder

ENRICO GNAULATI, PHD

"Back to Normal is outstanding. Careful, measured, wise, compassionate, and powerful."

—PEG TYRE, author of The Trouble with Boys

Enrico Gnaulati PhD

Back to Normal: Why Ordinary Childhood Behavior Is Mistaken for ADHD, Bipolar Disorder, and Autism Spectrum Disorder



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A veteran clinical psychologist exposes why doctors, teachers, and parents incorrectly diagnose healthy American children with serious psychiatric conditions. These tales also reveal how nonmedical interventions, whether in the therapist's office or at home, can help children. In the next half of the book, Enrico Gnaulati tells detailed stories of wrongly diagnosed kids, providing parents and others with information about the developmental, temperamental, and environmentally powered symptoms that to an informal or untrained attention can mimic a psychiatric disorder. And how parents and specialists can distinguish between true psychiatric disorders and normal childhood reactions to stressful life circumstances. We've also developed an increasingly casual attitude about labeling children and putting them on psychiatric drugs. Back to Regular reminds us of the normalcy of children's ability to distinguish normal from irregular behavior in children, monetary incentives favoring prescriptions, check-list diagnosing, and high-stakes testing in colleges. Dr. And it'll make everyone who deals with children question the adjustments in our society that have contributed to the astonishing increase in childhood psychiatric diagnoses.



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Very insightful perspective As a grandmother of a man, toddler - diagnosed as being on the Autism Spectrum - and watching his improvement through Early Intervention and even more acute interactions, I have to agree with the authors premise. He addresses the issue in a wide, all encompassing way that, for all those with a keen eye for awareness, can be quite informative. That is a recommended read for every parent. The author has pointed out NOT MERELY the problem our paranoid society provides, but he also offered us with some remedy, suggestion, in addition to many simple, however useful parenting equipment and strategies." Dr Gnaulati is a pioneer in his skepticism and some day in the future society will recognize what he and Dr. This should be required reading for clinicians.. I believe these centers hand out these diagnoses to most of the kids that come in - ie... As a new therapist I'm reassured by the information in this reserve, as I am hesitant and even defiant about labeling a young client. ! Agree that so many younger children (esp boys) receive a blanket diagnosis of ASD when specific characteristics look like "red Extremely helpful book to learn.. These characteristics can rather be very normal and it is important to not give these children labels. Overall, go together with your gut and instinct as a parent. "80% of the medical diagnosis is earned simply by showing up. We felt that the analysis was incorrect, or at least overstated.. Balanced usage of ADHD Diagnosis Good info on ADHD Every mom exceptional "spectrum push" must read this! If you are a mom like me that is constantly fighting the "spectrum" just because your child is active and spirited, YOU NEED TO READ THIS.by Enrico PhD Gnaulati This is a fabulous book,, written in a lovely style, clearly articulated and advocated for today's children/teenagers, who may be going through a phase of 'growing pains' but they often perceived or misunderstood by parents or educators as though they have some kind of mental illness. It gives great awareness to the most challenging job there is, parenting. They are priceless guidelines, and it could cost a bomb merely to have some experts out there to give us a few. Before parents or educators become too quick to leap into conclusion and attempting to label or medicate a child/teen, that is a 'Must Read' book for them. Enjoy!! I had examine it before but wished to mark passages and so ordered a book for that reason!! I function in a college and being forearmed with info is a very important tool, assisting to determine behaviours that may be normal. These are all problems addressed in this reserve. Allen Frances who wrote "Saving Normal" have understood - that being a brainy, eccentric, introverted boy is not a problem.such wise information! It has saved my family members. Even with a reference to Charlie Sheen. Inclusions of the technical age we are now in and its impact on children's behavior is certainly a thing that people like me under no circumstances imagined could and will exist. It simply wasn't around whenever we were growing up. Five Stars Excellent and prompt delivery, thanks....well.. Highly recommended, a shining light in a world of over diagnosis We found this book while parents of a three year old boy who had recently been diagnosed with ASD. This is an excellent look into how and why we misdiagnose children and adolescents.it was normal!Many thanks Enrico! Most ideal for parents of kids, particularly boys, !. Most ideal for parents of children, particularly males, who are being medicated or segregated predicated on what would possess experienced the past regarded as simple discipline problems. We all went to college with gifted but hard to take care of kids many of whom went on to lead successful lives. It can help you find a solid surface to stand on. Autism Overdiagnosis is Rampant The misdiagnosis and overdiagnosis of ASD "Autism Spectrum Disorder" is RAMPANT. Three boys that I know of in my sons kindergarten class last year were diagnosed by the same extremely respected middle.. Thankful I found this book! It is the portal to understanding why your son or daughter acts out, withdraws, becomes clingy and all those additional emotionally triggered

behaviors and can help identify what is more a male tendency vs a medical diagnosis. I would suggest this publication to parents, educators, you name it. The DSM-IV triggered an epidemic of ADHD and Autism analysis based on arbitrary and subjective checklists.. Back to Normal: As to why Ordinary Childhood Behavior Is Mistaken for ADHD , .this book can help you see from a deeper perspective in order to avoid misdiagnosis and more. More parents/carers should seriously consider this before resorting to medication as a quick 'easy fix'. Our son is a mild soul and can be easily stressed in a few circumstances. Accordingly when Dr Gnaulati mentioned that "Many toddlers can be autistic-like within their behaviour when they are stressed." and that "Sometimes the procedures used by experts to evaluate toddlers generate the sort of stress leading a struggling, but in any other case normally developing, toddler to behaviour that's autistic-like. Your publication also gave us a few of the vocabulary we would have to be able to clearly express our concerns to this new professional. In lots of ways this book gave us "permission" to question the diagnosis we'd received and the encouragement to get a second opinion from a specialist who we experience is more cognizant of the risks in the diagnostic practice." it resonated strongly around... However there really are autistic or "asperger's syndrome" who benefit significantly from early intervention. When the whole world is letting you know it's Autism on initial glance. Agree that so many younger children (esp boys) are given a blanket medical diagnosis of ASD when certain characteristics look like "red flags".. Mostly we'd this view because we'd concerns about points the Psychologist failed to take into accounts, the process they used and their motivation for making such a getting. I love the actual fact that references are in 'this' era! Gnaulati PhD great Job i loved this book Gnaulati PhD congrats i loved this book Tatiana Haven't finished reading but up to now I am impressed and looking forward to absorbing it ! A modern publication targeted at the modern child I found this book very enlightening and relevant to today's kid. The Storm and Tension of the teen years, and untreated trauma in youngsters (etc) present like critical disorders - we should never be hasty and burden teenagers with a possibly damaging label. It offers lots of references of studies/surveys etc.. I have also compared my children's behaviour and experienced somewhat relieved that.



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