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The Landmark Ten-Year Study

# When Partners Become Parents

The Big Life Change  
For Couples

Carolyn Pape Cowan

## When Partners Become Parents: The Big Life Change for Couples



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When it first appeared in 1992, this reserve became an instantaneous must-read in the lists of new parents and family research professionals alike. Visitors today will end up being rewarded, just as earlier readers have already been, by the tales reported in the webpages of this reserve and by the sensible counsel of the authors who place those stories in context. Gottman, and in the improvements and new afterword supplied by the authors, the changeover to parenthood remains probably the most challenging intervals in adulthood. As indicated in the new foreword, by John M. Its message is just as relevant, simply as timely, as well as perhaps a lot more important today.



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A Must-Read for Lovers Considering a Family Even though this publication is listed as a textbook and that it is a study from the 70s, it is a wonderful, insightful, and pertinent go through for anybody considering having a family group. When I began thinking about kids, I was curious to learn how it could affect me & my marriage. There are plenty of books out there that talk about the woes of motherhood and how to be a good parent (and, trust me, I've read almost all of them), but this is actually the only reserve I've read that handles the changes parenthood has on a relationship. The Cowans clearly identify the types of decisions, human relationships, and patterns that play into this modification and how, as a couple, you can climate them. This book will really help couples visualize their future with kids-- I recommend it. Rather than self-help reserve, it's a scientific study of families during the period of many years. I came across this book extremely interesting, but because it is a case study of many lovers the content is quite dry and boring. Very interesting case research with a few prescriptions for success This was a recommendation at a pre-marriage workshop. Five Stars good Five Stars Remarkable study, remarkable insights Interesting, but Boring! This is a little difficult because of the academic language, footnotes and citations but we skipped over the most wordy sections. Great book, read it cover to cover. Also, the standard of a couple's romantic relationship has a huge effect on their children's advancement academically and socially. We attempted to read aloud sections to one another and discuss. The Cowans implemented several couples expecting their initial child and a control band of couples who had been undecided whether to have kids. I think there is a lot in it for nonacademics who want to plan parenthood if you are willing to stick it out. What I discovered was that parenthood is merely a proxy for just about any big modification/ crisis confronting a couple. The Cowens were then able to uncover some factors that could place a couple's relationship at risk because they become parents, predicated on which study couples had divorced/ stayed wedded and also the way the couples rated the standard of their relationship. Recommend. Logical, interesting, lots of views. Great book for about the fencers like us. A few of the control group couples ultimately had children and others made a decision to remain child-free. We're still contemplating having kids which gave me a lot of different views on the subject. Even more reason never to put the marriage romantic relationship on keep and concentrate exclusively on the kids during the early years.



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