

LOOK AND FEEL TERRIFIC • SAVE MONEY • HAVE FUN!

Natural Beauty at Home



More than 250
Easy-to-Use Recipes
for Body, Bath, and Hair



JANICE COX

author of Natural Beauty from the Garden

SECOND EDITION

Janice Cox

Natural Beauty at Home: More Than 250 Easy-to-Use Recipes for Body, Bath, and Hair



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A revised edition of the bestselling information to easy and effective house beauty treatments from America's natural splendor expertBeauty in modern America is a multibillion-dollar industry, and customers spend a huge selection of dollars on cosmetics only to discover that they aren't satisfactory or effective. In this fresh edition, Cox provides refined over twenty years' worth of simple and self-indulgent dishes for body and soul, including:- cleaners and scrubs- creams and lotions- therapeutic massage natural oils and aromatherapy- hair-care items Natural Beauty at Home includes over two hundred of Janice Cox's dishes (many have been passed down through three generations of her family) for from shampoo and mouthwash to handle masks and lip gloss, so readers can customize their beauty routine, save money, and possess fun, all at one time.



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I like the book quite definitely I love the book very much. this book is a superb place to start If you are prepared to test out some new ideas, this book is a good place to start! Super, easy recipes This book is great for a beginner like me. My face feels cleaner and even more supple. I recommend this to those who are looking for a natural approach to beauty care. The best is washing my encounter with castile soap and adding sugars to it. I always wanted to learn to make my very own beauty items without all of the harmful chemicals that I always come across while buying at a retail store. It asks for things like essential olive oil, baking soda, liquid soap, rose water, glycerine, pine needles, lavender flowers, etc. I would recommend this publication to anyone who is thinking about trying to create their own beauty products at home but doesn't understand the place to start. This publication even got me interested in a rare hobby that I never could have guessed I'd get into: Soap-making! My current preferred is the Australian Hands Cream - it is great on my very dry skin this winter. Some of the quality recipes are said to be very old. Lye soap quality recipes are included, if you would like to go that path.They are not nice to use at all. Plenty of information in here. Recipes not great I love the thought of this book however the recipes just aren't what We hoped they would be. I am anxious to create gift baskets of personalized beauty and bath potions for my friends and family. A few of them it could be preferable merely to put essential oil on your skin and not waste all of your time making a thing that feels like you're just putting oil on your skin..I think there are most likely better books out there that use better ingredients (if you're likely to use mineral oil you may as well just choose the mass produced crap) What a great idea! Lots of quality recipes for personal products aswell . I loved it so much that when I couldn't find it in any bookstores, I ordered it from here, and was thrilled to find that it turned out updated with new quality recipes. I'll admit a several ingredients aren't easy to find, (I had to special-order Irish moss and stearic acid powder on the Internet) but it's so worthwhile once you actually bypass to making the merchandise. (The Basic Cold Cream is my favorite recipe; Four Stars fun to make your own cosmetics! You can figure out how to make cold lotions, night creams, facial masks, bath salts, lip balms, massage natural oils, plus other things. (I got to special-order lye, too) Thank you, Janice Cox, for this gem of a book. But isn't that the point of this to begin with? Method to go! I bought this book because I've never made my very own skin/hair treatment or bath and body items, so I wanted to start with recipes a novice could make successfully. I had not been disappointed! The first recipe I attempted, grape seed lotion, turned out great! I will be making many more body care products using the quality recipes in this publication. The recipes for beauty remedies are usually small in quantity. The author provides a explanation of the ingredients and apparatus she uses which I found very helpful. Overall a very good resource. I am about the organic body and hair treatment and love diy tasks. I now experience confident that I could make my very own products at house, thanks to this book. Awesomell! The ingredients that are required are either already in the home or no problem finding. I've bought other books in that past and then find that it was incredibly expensive and almost impossible to find all of the ingredients, but not this one! I am in a position to make most of the quality recipes with the items I already have in the home! I also love the fact that most of the recipes just require a few ingredients. The recipes are also extremely effective and the publication also explains the purpose of each ingredient. Most of the ingredients of the recipes aren't commonly offered by regular stores, but right now there are enough quality recipes to meet up whatever need one might have.. Great easy-to-make quality recipes! I could find the elements I needed within my local co-op, but any wellness food store should stock them or you can find them online. You can truly add essential oils or fragrances or make fragrance-free potions for

sensitive skins. naturalista must! You ought to be able to buy beeswax from your own local beekeeper.! A must buy for any naturalista. Four Stars même personnellement que overview of Natural Beauty Five Stars Great Five Stars Great recipes Wonderfully Natural Book Great book. The ingredients and materials listed have become helpful, I also appreciate all of the revised ingredient substitutions on her behalf recipes. The fun specifics and background were insightful and certainly get this to whole book worthy of reading. The images have a classic experience in green and dark and the natural dishes are easy and inspiring.. Comprehensive. I bought the initial edition of this publication in 1994 when I was a teenager, but lost it when I actually moved a couple of years later. I have been enjoying trying the recipes but be ready to make adjustments to tailor them to your needs.. Comprehensive. Lots of recipes for personal products and also the real basics of earning them from scratch. I will treasure this book forever. It really is so simple. it'll thicken correctly in the event that you mix briskly with the pointed end of a skewer for 5 minutes during the cooling procedure) Who knew that making your own beauty products could be not merely money-saving, but fun? Five Stars Amazing book The best part is just how many ways we can treat our . Home-made beauty products don't have to be like this, I've carried out a course on it since and the quality recipes we've been provided definitely aren't such as this. Would definitely recommend! This second edition to a pioneer, who knows how to tell you, steps to make " Natural beauty in the home". Janice cox has really done her homework. Enabling us to create any beauty product. She even provides perfume and mouth area rinses in her publication. My favorite part is how many ways we can treat our hair complications. The recipes in this book do not require that you get expensive, hard-to-find ingredients. Plus my sister just started her business producing natural care products these books have provided us so much inspiration and suggestions. Shows how to make a number of different soaps from scratch and then how to combine them with natural oils and other things to make a lot of lotions, conditioners, shampoos, you name it. Thank you Miss Burke



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