

# Natural Beauty from the Garden



*More Than 200 Do-It-Yourself Beauty  
Recipes and Garden Ideas*

**JANICE COX**

*AUTHOR OF NATURAL BEAUTY AT HOME AND NATURAL BEAUTY FOR ALL SEASONS*

Janice Cox

# Natural Beauty From The Garden: More Than 200 Do-It-Yourself Beauty Recipes & Garden Ideas



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The third book in the very successful NATURAL SPLENDOR series with sales over 70,000. If Natural Beauty at Home was inspired by the kitchen, and NATURAL SPLENDOR for All Seasons was motivated by gift-giving, this publication is inspired by the garden. Readers will have her trademark step-by-step dishes for such items as Sunflower Seed Scrub, Aloe and Calula Cream, Rose Geranium Splash, Apricot Baby Essential oil, Scented Bath Pillow, and several, many more. Here, author Janice Cox presents over 2 hundred brand-new quality recipes for home beauty remedies that make usage of common flowers, plant life, herbal remedies, grasses, and trees to create useful and lovely products for all aspects of skin, hair treatment, and bathing enjoyment. Furthermore, over one hundred backyard notes are sprinkled through the entire book, containing info on soil type, tools, containers, growing guidelines, and simple, whimsical backyard designs. This is a charming assortment of beauty and backyard freshness that anyone who loves to pamper herself or grow a garden full of flowers would want to have. Natural Beauty from the Garden merely captures the spirit of the outside while promoting a great, economical, natural splendor regime. But, although gardeners will be drawn to this aspect of the book, you don't need to have a backyard, or even a window box, to help make the recipes here, since all ingredients are available in natural food stores or farmers' markets.



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Nifty Garden Concoctions If you're like me, and prefer to give yourself an impromptu facial with the avocado left over when making guacamole, then this publication is for you personally. I have always been allergic to grass and cats. Readable, informative, great dishes. The issue is that they quite often consist of chamomile (a grass relative) and I cannot use them. Plus my sister simply started her business producing natural maintenance systems these books have given us so much inspiration and concepts. This book is excellent. I anticipate making lots of these for Christmas I really love the book. That is great fun year round when you end up with more produce than you will need. I am all about the natural body and hair treatment and love DIY tasks. and this book is a great inspiration. A must buy for just about any naturalista. I have found great things to do with strawberries, honey, carrots, cucumber, glucose, lemon juice, etc. I hate position in the natural meals stores reading every single bottle only to find that I cannot use it. naturalista must! Beautiful without icky ingredients I have two other books from Janice Cox and I love them, too - great quality recipes that are in fact do-able in your kitchen without a lot of hard-to-find ingredients, and they function! She contains some neat details/background with each recipe, and there are suggestions and hints customized to the subject of the book scattered through the entire books (in cases like this, gardening). Highly recommended! fantastic, I really like that I could get the majority of the ingredients from my farmer's market Really well done. Despite the fact that I don't use all of the products that might be in a recipe, I can find issues that I like and that work well. The quality recipes are awesome, easy to make and work great. Great Book I very own all Janice Cox's books and I really like all of them. My grandchildren and I will be making plenty of gifts and having a great time together they are really excited Three Stars Ok! Five Stars Great book! Definitely well worth the money. I was looking for recipes that I could make with all local ingredients, this suit you perfectly. I live in the Northeast, USA. Timeless beauty care I just found this at my local library and I love it so much We are buying it. I like natural products to make use of on my face since my skin is sensitive. I love that the recipes are timeless. I take advantage of her books for lip balms, lotions and bath concepts.. I love the recipes and tips in this book. If you already own among Janice Cox's books you might find this one redundant. Great buy! She is an excellent author I have not go through this yet, however, judging by her other books, I am certain to love it. It's fine that it uses vegetation/herbs though but I'm glad I . It's wonderful that it uses vegetation/natural herbs though but I'm pleased I purchased it second-hand for cheap, not enough of a notable difference from her additional books. This book has given me an excellent start for my very own product line.. I extremely suggest it.



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