

First Aid, Survival, and CPR

Waterproof and Reusable

HOME AND FIELD POCKET GUIDE







Shirley A. Jones, EMT-P, RN

- Basic Safety
- CPR and Choking Guidelines
- Medical Emergencies
- Natural Disasters
- Outdoor Survival Skills
- Poisons, Bites, and Stings
- First Aid, Survival, and Disaster Kit
- Pet CPR & First Aid

Comyrighted Material

Shirley A. Jones
First Aid, Survival, and CPR: Home and Field Pocket Guide



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Be prepared for first aid treatment and survival in any setting-at home, on the road, outdoors, while boating, walking, or camping. A particular feature includes pet protection describing how exactly to assemble a family pet first aid kit, carrying out CPR on a dog and cat, and keeping pets secure during natural disasters. Keep a duplicate in your house, car, boat, camper, or backpack and become "ready" when emergencies happen. From performing CPR on a grown-up, child, or baby to coping with bleeding and shock, cuts and broken bones, heart attacks, emergency childbirth, poisoning, drowning, scuba mishaps, wilderness survival, and organic disasters such as for example tornadoes, wildfires, floods, and earthquakes. This portable, waterproof guide can help you quickly find the info you need to develop a plan of action for assessing and dealing with all kinds of medical and survival emergencies.



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Invaluable information! the webpages are color-coded and indented for easy reference; Of program, that would make the book even thicker. This will make a fantastic gift for someone you care about, and I plan to purchase many of them as Christmas gifts.! It actions about 3" long x 6" tall x 1-1/2" deep. It really is water proof as well as reusable pages, you may use a ball stage pen for notes. The webpages flip over very easily and lay smooth. There are 222 webpages in addition to the index. Jones, an EMT and RN did a good job of putting together this compact book. I already have a few first aid books. All in all, the author, Ms. There are several illustrations and color photos, much less many as there must be, in my opinion: in this type of book there should be even more. The size makes it simple to set up a glove compartment, backpack or purse. I especially like the truth that the author included tips for pets as I have 3 pets that are always with us.. I give it 3 stars as the legend on leading will not correspond with the colored sections. I would recommend this little book. I recommend this book for nonmedical individuals who wish to be Ready for potential emergencies. Covering everything from medical for a paper-cut to offering CPR to one's pet, this handy little direct gives step-by-step assistance to help all of us layfolk through some potentially overwhelming or life-threatening situations. (More very skilled medical personnel may also find it helpful, if simplistic in its display.) Actually, it would be a good idea to have many copies so you might have a pocket instruction handy where emergencies happen: just like the kitchen, the automobile, and the campsite! The book itself has a sturdy cover and pages, necessary for regular use; Ideal, easy size for storage space. The illustrations are excellent and the charts are an added plus. Compact but amazingly clear This book fits in the palm of your hand. Although it is a little bit thick it will easily fit into a pocket, purse, bag, backpack, glove compartment, etc.! And it is spiral bound and waterproof making it easy to use anywhere. It really is amazing how much info is in this little reserve. While I haven't examine everything yet, I know the CPR and lots of the information goes along using what is taught today. The book suggests taking MEDICAL and CPR training but this is a great tool to have with you at all times to assist you along in an emergency. Great for every relative! I just got my reserve and I REALLY LIKE it! I enjoy how organized the topics are - details can be very quickly discovered via the handy tabs in the bottom. It can even fit in the shirt pocket, in fact it is spiral bound at the very top in order that it will lay flat while it's being used. Great tabs and indexing. The track of underneath make it easy to flip to the section you need. It has been very well-written and is easy for the average adult or even older child to understand, specifically with the inclusion of several illustrations and photos. A Pocketful of Understanding! No family ought to be without it. A Book That Should Be in Every Home No home ought to be without this phenomenal resource! This is a great First Aid/Survival reserve and would make a wonderful gift. The book contains excellent info for a number of situations, and it is very apparent that the author put a lot of thought and work into creating it. The reserve is a lot smaller than I imagined, which is in fact perfect (and favored)as it can be tucked into a drawer, glove package or medical kit. Bigger book, faster access to information Too small. It really is packed full of information on just about every kind of emergency you could encounter. There is no such thing as way too many first aid books.. Simple, quick, clear instructions. Ample information within an easy to apply format. Perfect size! A must when camping or backpacking. Think small writing pad. Lots of great details and guidelines. The size is ideal for stowing away in small places in fact it is waterproof so you can take it included or in wet weather. If this had been a true emergency it could be challenging navigating the right path to the correct page quickly, comprehensive info in little package if you're moving out on the trail, this is a good book to take with you, plenty of medical info packed right into a small relatively lightweight package.! The pages are excellent; The pages are excellent The info in this book seems good, they are made of a waterproof type page that's still thin while getting quite durable. Combined with a first aid kit, Personally i think you'd have an excellent combination to have a tendency to most problems. Plan to use in my own emergency kits. I still recommend the book, but understand it right away, and that means you know where you can look if you eventually need the info quickly later. Five Stars Worth it's pounds in gold. It has fantastic info for my well being and my fur babies I actually am a veterinary technician and a hiker. This guide is blowing my mind! It has fantastic info for my well being and my fur babies! It is spiral bound at the top and waterproof. Buy it, browse it, apply it. wipe it off and begin over with an alcoholic beverages wipe.. I have no issue recommending this reserve to others, each page i can't wait to read the next tip or myth buster. LOVE THIS GUIDE! The information in this book seems good. Five Stars Very informative and compact size. The colorful pages and typeset

make it easy to read and get the point.! That is great book. Keep it basic! It really is waterproof, which is an added bonus, so feel free to consider it camping or boating. Tried to add everything including snake bites. Just wanted fundamental CPR and choking for adults and kids and infants A BOOK for each and every HOME As an EMR I come across this book could possibly be of great help, and covers a lot more. I really feel this is a book for each home.! I didn't realize just what a great size this is!



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