

Changing Lives Through **REDECISION** Therapy

Revised and Updated Edition

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With a Foreword by Virginia M. Satir

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Redecision Therapy is dependant on the premise that, through goal-environment and the reenactment of important childhood moments, we might change our potential and gain control of our lives. This revised and up to date edition contains the innovative treatment techniques developed by the Gouldings, plus brand-new material on short-term treatment for victims of childhood sexual, physical, and psychological abuse, and guidance on how to make use of the strengths of each client to enhance and support therapy.



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I REALLY LIKE this book I REALLY LIKE this book, I was trained by a therapist who was trained by the Gouldings, it has really helped me understand the concepts she's taught me! Five Stars Having been written by my dad, I am somewhat biased! Fabulous reserve I continue to buy to provide away! Great learning examples and well written Amazing book!! To solve this unfortunate problem, I recommend you analysis TA and GT first. Get this book! Great learning good examples and well written. Five Stars In my job as a corporate psychologist, this book is my 'Bible' A Wonderful Book! This is an excellent book and I simply had to provide it five stars, after all of the Gouldings are the ones who created Redecision Therapy in the first place. RT is a combination of Transactional Evaluation, Gestalt Therapy, and the Gouldings' very own interesting discoveries. Great examples of Transactional Evaluation Redecision Therapy in Action. However, I do believe the Gouldings usually do not do the best work in the world giving a essential explication of TA and GT in the book. Excellent! Five Stars so nice~ Five Stars Fantastic approach> Without this vital knowledge, the reader finds himself lost. THIS WORKS! This is actually the foundational text message. This will be among your often flipped through books and handy atlanta divorce attorneys situation therapy takes you.



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